

ETSU

MEN'S TRACK&FIELD

SCHOOL RECORDS – OUTDOOR TRACK & FIELD

100 METER DASH

<u>NAME</u>	<u>PERF.</u>	<u>DATE</u>
Ifrish Alberg	10.29	2013

200 METER DASH

<u>NAME</u>	<u>PERF.</u>	<u>DATE</u>
Robert Rovere	20.5h(yd)	1967

400 METER DASH

<u>NAME</u>	<u>PERF.</u>	<u>DATE</u>
Bobby Knox	46.6h(yd)	1971

800 METER RUN/880 YARD RUN

<u>NAME</u>	<u>PERF.</u>	<u>DATE</u>
Zach Whitmarsh	1:46.71	1999

1500 METER RUN

<u>NAME</u>	<u>PERF.</u>	<u>DATE</u>
Ray Flynn	3:37.66	1978

5000 METER RUN

<u>NAME</u>	<u>PERF.</u>	<u>DATE</u>
Adrian Leek	13:34.45	1979

10,000 METER RUN

<u>NAME</u>	<u>PERF.</u>	<u>DATE</u>
Adrian Leek	28:24.0h	1981

110 METER HURDLE

<u>NAME</u>	<u>PERF.</u>	<u>DATE</u>
Delavantie Brown	13.84	1996

400 METER HURDLE/440 YARD HURDLE

<u>NAME</u>	<u>PERF.</u>	<u>DATE</u>
Bob McKay	50.01	1982

3000 METER STEEPLECHASE

<u>NAME</u>	<u>PERF.</u>	<u>DATE</u>
Ed Leddy	8:35.2h	1974

4X100 METER RELAY/440 YARD RELAY

<u>NAMES</u>	<u>PERF.</u>	<u>DATE</u>
Harrison Chris, Carey Derek, Tucker Johnny, Rainer James	39.68	2007

4 X 400 METER RELAY/MILE RELAY

<u>NAMES</u>	<u>PERF.</u>	<u>DATE</u>
Brown Delevantie, Horton Jeff, White Chris, Whitmarsh Zach	3:10.07	1996

LONG JUMP

<u>NAME</u>	<u>PERF.</u>	<u>DATE</u>
Mike Halim	7.93/26' ½	1977

TRIPLE JUMP

<u>NAME</u>	<u>PERF.</u>	<u>DATE</u>
Jason Johnson	15.48/50'9 ½	2013

HIGH JUMP

<u>NAME</u>	<u>PERF.</u>	<u>DATE</u>
Jason Farr	2.14/7' ¼	1999

POLE VAULT

<u>NAME</u>	<u>PERF.</u>	<u>DATE</u>
Brett Squibbs	5.20/17' ¾	2014, 2017

SHOT PUT

<u>NAME</u>	<u>PERF.</u>	<u>DATE</u>
Ben Johnson	16.78/55' ¾	2019

DISCUS THROW

<u>NAME</u>	<u>PERF.</u>	<u>DATE</u>
Ben Johnson	54.53/178'11	2019

HAMMER THROW

<u>NAME</u>	<u>PERF.</u>	<u>DATE</u>
Ben Johnson	59.91/196'6	2018

JAVELIN THROW

<u>NAME</u>	<u>PERF.</u>	<u>DATE</u>
Ben Johnson	67.84/222'7	2018

DECATHLON

<u>NAME</u>	<u>PERF.</u>	<u>DATE</u>
K'Vonte Scott	6662	2012

Men's Outdoor Conference Champions

100-Meter Dash

2013	Ifrish Alberg	10.29
2012	Ifrish Alberg	10.46
2011	Ifrish Alberg	10.42
2010	Duronal Monal	10.43
2009	Duronal Monal	10.50
2008	Duronal Monal	10.61
2007	James Rainer	10.75
2006	James Rainer	10.47
1998	Chris Brooks	10.52
1995	Jeff Horton	10.62
1983	James Barham	10.55
1979	Ernie Halstead	10.4

200-Meter Dash

2018	Karon Delince	21.25
2010	Duronal Monal	21.12
2009	Duronal Monal	21.34
2007	James Rainer	21.63
2006	James Rainer	21.40
1995	Danion Sidney	21.44
1994	Fred Cook	21.34
1984	James Barham	21.00
1983	James Barham	20.99

400-Meter Run

2012	Tim O'Dell	47.27
2011	Tim O'Dell	47.71
2007	Chris Harrison	48.36
1999	Evan Hawkins	47.85
1995	Fred Cook	48.07

400-Meter Hurdles

1999	Jon Hutchins	52.90
1982	Robert McKay	51.45
1981	Robert McKay	51.49
1980	Robert McKay	52.60

800-Meter Run

1999	Zach Whitmarsh	1:51.77
1998	Zach Whitmarsh	1:52.37
1997	Zach Whitmarsh	1:52.49
1996	Zach Whitmarsh	1:52.20
1982	Kevin Johnson	1:49.76

1,500-Meter Run

2014	Simeon Roberts	3:49.60
2003	Bradley Yewer	3:51.16
1998	Zach Whitmarsh	3:51.10
1997	Anthony Scanlon	4:00.26
1996	Zach Whitmarsh	3:58.30
1993	Rick Patterson	3:52.13
1991	Seamus Power	3:54.13
1990	Scott Faulds	3:57.1
1989	James Hynes	3:49.11
1986	Randy Hale	3:49.58
1985	Brian Dunne	3:50.2
1983	Kevin Johnson	3:48.55
1982	Kevin Johnson	3:47.27
1981	Ben Turpin	3:50.38
1980	Mark Scruton	3:45.93
1979	Mark Scruton	3:49.8

5,000-Meter Run

2010	Kenneth Rotich	14:43.47
2009	Kenneth Rotich	14:36.13
2008	Kenneth Rotich	14:38.53
1996	Declan Fahy	14:54.12
1994	Seamus Power	14:45.20
1993	Seamus Power	14:37.61
1992	Seamus Power	14:19.64
1991	Seamus Power	14:55.59
1990	James Hynes	14:51.0
1989	John Erickson	14:39.74
1988	Thomas O'Gara	14:22.22
1987	Thomas O'Gara	14:32.04
1986	Conrad Conneely	14:39.19
1985	Conrad Conneely	14:32.76
1984	Conrad Conneely	14:41.23
1982	Carey Nelson	14:24.2
1981	Adrian Leek	14:26.4
1980	Ronnie Carroll	14:32.36
1979	Adrian Leek	14:26.4

4x100 Meter Relay

2012		40.41
2007		40.73
2006		41.40
1995		40.36
1994		40.30

10,000-Meter Run

2018	Malick Gemechu	33:01.25
2010	Kenneth Rotich	30:30.68
2009	Kenneth Rotich	30:53.20
2008	Kenneth Rotich	31:03.19
1998	Declan Fahy	31:25.23
1996	Fred Reinhardt	31:27.7
1994	Seamus Power	31:01.1
1993	Dennis Barry	31:41.53
1992	Seamus Power	33:03.3
1991	Seamus Power	32:36.0
1990	James Hynes	31:46.47
1989	Thomas O'Gara	30:38.9
1988	Thomas O'Gara	29:37.0
1987	Thomas O'Gara	30:12.72
1986	Thomas O'Gara	30:31.4
1985	Gerry Duffy	31:00.39
1984	Brian Dunne	30:24.8
1983	Dennis Stark	30:06.0
1982	Carey Nelson	30:44.78
1981	Adrian Leek	30:27.2
1980	Adrian Leek	30:03.80
1979	Adrian Leek	29:21.30

3,000-Meter Steeplechase

2019	Noah Charles	9:12.91
2017	Simeon Roberts	9:15.50
2014	Sean Duffy	9:11.16
2013	Adam Chase	9:09.85
2011	Ben Ronoh	9:33.15
2010	Ben Ronoh	9:32.05
2009	Ben Ronoh	9:20.17
1997	Declan Fahy	9:23.9
1989	Ray Jones	9:04.1
1984	Brian Dunne	9:06.8
1982	Kevin Johnson	9:07.9
1981	Kevin Johnson	9:12.59
1980	Ronnie Carroll	9:17.04

4x400 Meter Relay

2011		3:15.07
2007		3:20.07
1999		3:13.90
1997		3:15.38
1996		3:13.54

Long Jump

2019	Karon Delince	7.54m
2014	Tyler Stepp	7.64m
2002	Charvin Clark	7.30m
1994	Jeff Horton	7.38m
1993	Jeff Horton	7.28m

High Jump

2006	Shane Estes	2.00m
2005	Shane Estes	1.98m
1999	Jason Farr	2.12m
1997	Ben Wittkowski	2.03m

Triple Jump

2012	Jason Johnson	15.09m
2010	Ryan Beaver	14.80m

Pole Vault

2014	Brett Squibbs	5.05m
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Shot Put

2007	Jarrod Burton	15.42m
1998	Curtis Eason	15.39m

Hammer

2019	Ben Johnson	59.89m
2009	Jarrod Burton	47.95m

Javelin

2019	Ben Johnson	60.80m
2018	Ben Johnson	62.77m
2017	Ben Johnson	58.80m
2011	Matt Baum	56.49m
2010	Les Gilbert	55.57m

Discus

2019	Ben Johnson	54.53m
2017	Ben Johnson	50.19m

Decathlon

2012	K'Vonte Scott	6662
2010	Jordan Briggs	6237
2009	Nic Chernikow	6197
2007	Nic Chernikow	5765

Buccaneer Honors

Men's Indoor Awards

Men's Outdoor Awards

Concurrence Championships

2011, 2009, 2007, 2006, 1998, 1980

Coach of the Year

Dave Walker:

2011, 2009, 2007, 2006, 1990, 1989,
1981, 1980

Most Valuable Performer/Most Outstanding Athlete

2012..... Jadon Short
2010..... Duralon Monal
2009..... Ben Ronoh
2007..... Mike Wright
2006..... James Rainer
1976..... Ray Flynn

Most Outstanding Track Performer

2014..... Simeon Roberts
2010..... Duralon Monal
2009..... Ben Ronoh
2007..... Michael Wright
2006..... James Rainer
2004..... Bradley Yewer
2003..... Bradley Yewer
1996..... Delevantie Brown
1995..... Delevantie Brown
1994..... Seamus Power
1992..... Seamus Power
1990..... James Hynes
1984..... Jon Conneely
1983..... Dennis Start
1981..... Adrian Leek
1979..... Adrian Leek

Most Outstanding Field Performer

2019..... Ben Johnson
2017..... Nathan Rivera
2011..... Jarrod Burton

Most Outstanding Freshman

2018..... Karon Delince
2014..... Simeon Roberts
2012..... Jadon Short
2005..... Shane Estes
1998..... Evan Hawkins
1996..... Zach Whitmarsh
1994..... Dainon Sidney

Athlete of the Week

Ben Johnson..... 02/13/19 (Field)
Ben Varghese02/06/19 (Track)
Ben Johnson..... 01/23/19 (Field)
Ben Varghese01/17/19 (Track)
Ben Johnson 02/07/18 (Field)
Ben Johnson..... 01/31/18 (Field)
Ben Johnson..... 02/15/17 (Field)
Matt Moore02/08/17 (Track)
Matt Moore02/10/16 (Track)
Simeon Roberts.....01/22/14 (Track)
Brett Squibbs 01/22/14 (Field)
Filip Jalovy03/06/13 (Track)
Filip Jalovy01/23/13 (Track)
Filip Jalovy01/16/13 (Track)
Tyler Stepp 03/06/13 (Field)
Jason Johnson..... 02/13/13 (Field)
K'Vonte Scott..... 01/25/12 (Field)
K'Vonte Scott..... 01/25/12 (Field)
Jadon Short..... 01/18/12 (Field)
Jarrod Burton 02/09/11 (Field)
Ryan Beaver 02/02/11 (Field)
Ifrish Alberg01/26/11 (Track)
Jarrod Burton 01/26/11 (Field)
Mike James12/08/10 (Track)
Duralon Monal02/24/10 (Track)
Kenneth Rotich02/03/10 (Track)
Ryan Beaver 01/13/10 (Field)
Duralon Monal01/13/10 (Track)
Mike James12/05/09 (Track)
Josh Cloyd 02/11/09
Quentin Greenlee 01/21/09
Kenneth Rotich 02/20/08
Jarrod Burton 02/06/08
Jarrod Burton 02/07/07
Jarrod Burton 01/31/07
James Rainer..... 01/25/06
James Rainer..... 02/22/04
Evan Hawkins 01/17/01

Student Athlete of the Week

Ben Varghese 01/16/19
Hadyn Borghetti-Metz 02/07/18

Concurrence Championships

2012, 2009, 2007

Coach of the Year

Dave Walker:

2012, 2009, 2007, 1989

Most Valuable Performer/Most Outstanding Athlete

2019..... Ben Johnson
2004..... Bradley Yewer
2003..... Bradley Yewer
1998..... Declan Fehy
1990..... James Hynes
1983..... James Barham
1982..... Kevin Johnson
1981..... Adrian Leek
1979..... Adrian Leek
1972..... Bill Holloway

Most Outstanding Track Performer

2011..... Ben Ronoh
2010..... Duralon Monal
2009..... Ron Ronoh

Most Outstanding Field Performer

2019..... Ben Johnson
2017..... Ben Johnson

Most Outstanding Freshman

2018..... Karon Delince
2007..... Jarrod Burton
1996..... Zach Whitmarsh
1994..... Danion Sidney

Athlete of the Week

Ben Johnson**04/17/19 (Field)
Ben Johnson.....03/27/19 (Field)
Matt Scarr 03/27/19 (Track)
Ben Johnson.....03/20/19 (Field)
Noah Charles..... 03/20/19 (Track)
Matt Scarr 05/02/18 (Track)
Ben Johnson.....05/02/18 (Field)
Ben Johnson.....04/25/18 (Field)
Simeon Roberts..... 04/04/18 (Track)
Ben Johnson.....03/28/18 (Field)
Brett Squibbs03/22/17 (Field)
Matt Moore 03/22/17 (Track)
Michael Williams..... 04/27/16 (Track)
Michael Williams..... 04/06/16 (Track)
Brett Squibbs03/26/14 (Field)
Tyler Stepp05/01/13 (Field)
Jason Johnson04/17/13 (Field)
Ifrish Alberg 03/20/13 (Track)
Jason Johnson05/16/12 (Field)
Marek Navratil.....05/09/12 (Field)
K'Vonte Scott.....03/21/12 (Field)
Tim O'Dell 03/07/12 (Track)
Mike James 05/18/11 (Track)
Jason Johnson 05/04/11 (Track)
Robert Purcell 04/27/11 (Track)
Jordan Briggs05/12/10 (Field)
Duralon Monal 05/12/10 (Track)
Matt Baum04/21/10 (Field)
Duralon Monal 04/21/10 (Track)
Nic Chernikow04/14/10 (Field)
Duralon Monal 04/07/10 (Track)
Mike James 03/31/10 (Track)
Duralon Monal05/13/09
Kenneth Rotich04/22/09
Josh Cloyd04/15/09
Jarrod Burton04/01/09
James Rainer.....03/21/07
Daniel Williams05/03/06
James Rainer.....04/26/06
James Rainer.....04/05/06
James Rainer.....03/29/06
James Rainer..... 04/20/04

ETSU competed in the Ohio Valley Conference until 1978, the Southern Conference from 1979-2005 and the ASUN from 2006-2013 before rejoining the SoCon in 2014

** Ben Johnson is the Southern Conference's all-time record for Male Outdoor Athlete of the Week awards with six for his career**

Buccaneer Honors

Women's Awards

Men's and Women's All-Americans

Indoor

Outdoor

Concurrence Championships

Concurrence Championships

1995

1996

Coach of the Year

Dave Walker: 1995

Coach of the Year

Michelle Byrne: 1996

Tom Roberts: 1989

Most Valuable Performer/Most

Outstanding Athlete

1999.....Taniesha Robinson
1998.....Taniesha Robinson
1995.....Shelli Clendenon
1989.....Sabrina Keeton

Most Valuable Performer/Most

Outstanding Athlete

1998.....Taniesha Robinson

Most Outstanding Track

Performer

2017.....Katrina Seymour
2009.....Heidi Dahl

Most Outstanding Freshman

2019.....Mekayla Brown

Most Outstanding Field Performer

2014.....Katerina Vodova

Most Outstanding Field

Performer

2014.....Katerina Vodova

Athlete of the Week

Mekayla Brown 02/13/19 (Field)
Kyra Atkins02/14/18 (Track)
Kyra Atkins01/31/18 (Track)
Kyra Atkins01/19/17 (Track)
Chelsea Clark.....01/16/13 (Track)
Kristen Champman ... 12/05/13 (Field)
Katerina Vodova 01/25/12 (Field)
Lexie Burley..... 01/18/12 (Field)
Kelly Monteleone 12/07/11 (Field)
Jasmine Ingram02/09/11 (Track)
Lexie Burley..... 01/26/11 (Field)
Jasmine Ingram 12/08/10 (Track)
Zachlynn Blackburn... 01/27/10 (Field)
Jasmine Ingram01/27/10 (Track)
Jasmine Ingram01/13/10 (Track)
Bethany Lender..... 01/13/10 (Field)
Jasmine Ingram 12/05/09 (Track)
Heidi Dahl 02/18/09
Heidi Dahl 02/04/09
Heidi Dahl 01/21/09
Heidi Dahl 01/14/09
Judy Johnson 02/27/08
Zachlynn Blackburn..... 02/13/08
Anna Marie Riccardi 02/07/07
Jenny Knox..... 02/08/06
Anna Marie Riccardi 01/25/06
Chantelle Vernon..... 01/23/02
Roselin Addo 01/31/01
Roselin Addo 01/17/01

Most Outstanding Freshman

2019.....Mekayla Brown
2007.....Zachlynn Blackburn
1995.....Michelle Gregg

Athlete of the Week

Khiara White04/24/19 (Field)
Lindsey Stallworth 03/21/19 (Track)
Alyssa Whipkey04/11/18 (Field)
Kyra Atkins 03/22/17 (Track)
Kyra Atkins03/22/17 (Field)
Ashley Kessler04/27/16 (Field)
Kyra Atkins 03/30/16 (Track)
Ashley Kessler03/23/16 (Field)
Keturah Williams..... 03/25/15 (Track)
Verena Tobis03/25/15 (Field)
Verena Tobis03/26/14 (Field)
Katerina Vodova05/16/12 (Field)
Katerina Vodova05/09/12 (Field)
Lexie Burley.....04/11/12 (Field)
Emani Harrison.....05/18/11 (Track)
Leah Oakhill05/04/11 (Field)
Jasmine Ingram 04/27/11 (Track)
Jasmine Ingram 03/31/10 (Track)
Heidi Dahl05/13/09
Heidi Dahl04/01/09
Kristin Truman.....04/20/04
Emily Chaney04/02/03

2018 Ben Johnson

1985 Brian Dunn

2017 Katrina Seymour

1984 Kim Bird

2016 Michael Williams

1983 Kevin Johnson

2014 Tyler Stepp

1982 Kevin Johnson

2013 Tyler Stepp

1981 Adrian Leek

2009 Heidi Dahl

1979 Adrian Leek

2000 Catherine Berry

1978 Ray Flynn

1998 Michelle Gregg

1976 Mark Halim
Mark Brown

1995 Shelli Clendenon
Jeff Horton

1975 Neil Cusack

1994 Seamus Power

1974 Neil Cusack
Eddie Leddy

1993 Seamus Power

1967 Robert Rovere

1992 Seamus Power

1966 Robert Rovere

1988 Angie Barker