

ETSU

MEN'S TRACK&FIELD

SCHOOL RECORDS – INDOOR TRACK & FIELD

60 METER DASH

<u>NAME</u>	<u>PERF.</u>	<u>DATE</u>
Ifrish Alberg	6.68	2013

200 METER DASH

<u>NAME</u>	<u>PERF.</u>	<u>DATE</u>
Delevantie Brown	21.13	1995

400 METER DASH

<u>NAME</u>	<u>PERF.</u>	<u>DATE</u>
Evan Hawkins	47.56	2000

800 METER RUN

<u>NAME</u>	<u>PERF.</u>	<u>DATE</u>
Zach Whitmarsh	1:49.88	1997

MILE RUN

<u>NAME</u>	<u>PERF.</u>	<u>DATE</u>
Kevin Johnson	4:00.59	1983

3000 METER RUN

<u>NAME</u>	<u>PERF.</u>	<u>DATE</u>
Seamus Hynes	7:59.92	1990

5000 METER RUN

<u>NAME</u>	<u>PERF.</u>	<u>DATE</u>
Neil Cusack	13:46.2m	1974

60 METER HURDLES

<u>NAME</u>	<u>PERF.</u>	<u>DATE</u>
Delevantie Brown	7.85	1996

4X400 METER RELAY/MILE RELAY

<u>NAME</u>	<u>PERF.</u>	<u>DATE</u>
Hutchins Jon, Hawkins, Evan, Scanlon Anthony, Whitmarsh Zach	3:14.68	1998

METRIC DISTANCE MEDLEY RELAY

<u>NAME</u>	<u>PERF.</u>	<u>DATE</u>
McBride Ray, Ritchie David, Brown Mark, Davis Greg	9:45.6h(yd)	1976

LONG JUMP

<u>NAME</u>	<u>PERF.</u>	<u>DATE</u>
Mike Halim	7.74/25'5"	1976

TRIPLE JUMP

<u>NAME</u>	<u>PERF.</u>	<u>DATE</u>
Mike Halim	15.275/50'1½"	1976

HIGH JUMP

<u>NAME</u>	<u>PERF.</u>	<u>DATE</u>
Jason Farr	2.10/6'10¾"	1999

POLE VAULT

<u>NAME</u>	<u>PERF.</u>	<u>DATE</u>
Brett Squibbs	5.15/16'10 ¾"	2017

SHOT PUT

<u>NAME</u>	<u>PERF.</u>	<u>DATE</u>
Jarrod Burton	17.47/57'3 ¾"	2011

WEIGHT THROW

<u>NAME</u>	<u>PERF.</u>	<u>DATE</u>
Ben Johnson	21.99/72'1 ¾"	2018

HEPTATHLON

<u>Name</u>	<u>PERF.</u>	<u>DATE</u>
K'Vonte Scott	5160	2013

Men's Indoor Conference Champions

55-Meter Dash

1998..... Chris Brooks 6.24
 1995..... Jeff Horton 6.21
 1983..... James Barha 6.10

55-Meter Hurdles

1996..... Delevantie Brown 7.58
 1995..... Delevantie Brown 7.40
 1993..... Malachi Jamison 7.64

60-Yard*/Meter Dash

2017..... Matthew Moore 6.77
 2016..... Matthew Moore 6.79
 2010..... Duralon Monal 6.73
 2009..... Duralon Monal 6.87
 2006..... James Rainer 6.75
 2005..... James Rainer 6.83
 1980..... Ernie Halstead* 6.40
 1979..... Ernie Halstead* 6.43

60-Yard*/Meter Hurdles

2016..... Michael Williams 8.14
 2011..... Michael James 8.02
 1982..... Bob McKay* 7.45

200-Meter Dash

2018..... Karon Delince 21.62
 2017..... Patrick Taylor 21.88
 2010..... Duralon Monal 21.22
 2009..... Quentin Greenlee 21.61
 2008..... Zack Titman 22.06
 2006..... James Rainer 21.61
 2001..... Evan Hawkins 21.55
 1996..... Delevantie Brown 22.32
 1995..... Delevantie Brown 21.13
 1994..... Danion Sidney 21.55

400-Meter Run

2016..... Michael Williams 49.69
 2012..... Tim O'Dell 48.30
 2000..... Evan Hawkins 48.26
 1998..... Evan Hawkins 49.01

800-Meter Run

2014..... Filip Jalovy 1:54.02
 2011..... Desmond Pierce ... 1:54.89
 2006..... Josh Hicks 1:57.11
 1999..... Zach Whitmarsh ... 1:58.49
 1998..... Zach Whitmarsh ... 1:51.79
 1997..... Zach Whitmarsh ... 1:50.92
 1996..... Zach Whitmarsh ... 1:56.98

880-Meter Run

1981..... Mark Scruton 1:54.60
 1980..... Kevin Johnson 1:53.30
 1979..... Mark Scruton 1:51.66

1,000-Meter Run

1981..... Kevin Johnson 2:27.7

1,500-Meter Run

1983..... Dennis Stark 3:49.2
 1980..... Dennis Stark 3:50.1

Mile Run

2014..... Simeon Roberts 4:21.00
 2004..... Brad Yewer 4:12.86
 2003..... Brad Yewer 4:14.36
 1999..... Zach Whitmarsh ... 4:19.14
 1998..... Zach Whitmarsh ... 4:11.44
 1997..... Declan Fahy 4:10.19
 1994..... Seamus Power 4:12.13
 1993..... Seamus Power 4:18.67
 1992..... Seamus Power 4:07.66
 1991..... Seamus Power 4:14.61
 1990..... James Hynes 4:15.76
 1989..... Scott Faulds 4:11.00
 1988..... Thomas O'Gara 4:09.56
 1987..... Thomas O'Gara 4:09.56
 1983..... Conrad Conneely ... 4:05.38
 1982..... Mark Scruton 4:03.97

3,000-Meter Run

2019..... Ben Varghese 8:24.65
 2014..... Simeon Roberts 8:18.53
 2009..... Ben Ronoh 8:24.55
 2006..... Jeff Crane 8:43.69
 2004..... Brad Yewer 8:24.24
 2003..... Brad Yewer 8:26.06
 1998..... Declan Fahy 8:24.94
 1997..... Declan Fahy 8:28.31
 1994..... Seamus Power 8:34.17
 1993..... Dennis Barry 8:30.20
 1992..... Seamus Power 8:05.37
 1991..... Seamus Power 8:32.60
 1990..... James Hynes 8:34.26
 1989..... James Hynes 8:17.74
 1988..... Thomas O'Gara 8:26.13
 1986..... Conrad Conneely ... 8:33.53
 1985..... Brian Dunne 8:22.7
 1981..... Adrian Leek 8:15.2

Two-Mile Run

1987..... Thomas O'Gara 8:52.00
 1984..... Brian Dunne 8:49.43
 1980..... Ronnie Carroll 8:58.98
 1979..... Louis Kenny 9:11.07

5,000-Meter Run

2009..... Ben Ronoh 14:48.84
 2008..... Kenneth Rotich .. 14:44.15
 2003..... Brad Yewer 15:04.83
 2002..... James Grufferty.. 14:50.98
 1994..... Seamus Power... 14:56.39
 1993..... Seamus Power... 14:20.89
 1992..... Seamus Power... 14:45.62
 1991..... Seamus Power... 14:50.76
 1990..... James Hynes 14:30.06
 1989..... John Erickson ... 14:09.26
 1985..... Brian Dunne 14:36.6
 1983..... Carey Nelson 14:21.8
 1981..... Adrian Leek 14:06.6

4x400-Meter Relay

2017..... 3:50.04
 2008..... 3:18.42
 1998..... 3:16.79
 1997..... 3:17.19

Mile Relay

1996..... 3:21.60

Two-Mile Relay

1992..... 7:47.75
 1982..... 7:35.45
 1980..... 7:46.84
 1979..... 7:41.33

3,200-Meter Relay

1981..... 7:48.2

Distance Medley Relay

2019..... 10:00.71
 2018..... 10:07.32
 2014..... 10:07.91
 2006..... 10:25.21
 1997..... 10:17.76
 1995..... 10:17.78
 1994..... 10:18.64
 1986..... 10:08.17
 1982..... 9:59.35
 1981..... 10:04.50
 1980..... 10:07.21
 1979..... 9:47.80

Long Jump

2017..... Patrick Taylor 7.41m
 2013..... Tyler Stepp 7.51m
 2002..... Charvin Clark 7.63m
 2009..... Josh Cloyd 7.41m

Pole Vault

2014..... Brett Squibbs 4.91m
 2010..... Matt Baum 4.60m

Triple Jump

2012..... Jason Johnson 14.91m
 2009..... Josh Cloyd 14.38m

High Jump

2012..... Marek Navratil 2.05m
 2006..... Shane Estes 1.97m
 2005..... Shane Estes 1.97m
 2001..... Jason Farr 2.05m

Shot Put

2019..... Ben Johnson 16.39m
 2014..... Jacob Dunlap 14.32m
 2011..... Jarrod Burton 17.47m
 2009..... Jarrod Burton 16.89m
 2003..... Chad Hyder 14.72m

Weight Throw

2019..... Ben Johnson 21.60m
 2018..... Ben Johnson 21.99m
 2009..... Jarrod Burton 18.61m
 2007..... Jarrod Burton 17.63m

Heptathlon

2017..... Nathan Rivera 5041
 2016..... Nathan Rivera 4335
 2013..... K'Vonte Scott 5160
 2011..... Jesse Aliaga-Jacob 4750
 2010..... Nic Chernikow 4794
 2009..... Nic Chernikow 4820
 2007..... Mike Wright 4578
 2006..... Michael Williams 4455

Buccaneer Honors

Men's Indoor Awards

Concurrence Championships

2011, 2009, 2007, 2006, 1998, 1980

Coach of the Year

Dave Walker:

2011, 2009, 2007, 2006, 1990, 1989,
1981, 1980

Most Valuable Performer/Most Outstanding Athlete

2012..... Jadon Short
2010..... Duralon Monal
2009..... Ben Ronoh
2007..... Mike Wright
2006..... James Rainer
1976..... Ray Flynn

Most Outstanding Track Performer

2014..... Simeon Roberts
2010..... Duralon Monal
2009..... Ben Ronoh
2007..... Michael Wright
2006..... James Rainer
2004..... Bradley Yewer
2003..... Bradley Yewer
1996..... Delevantie Brown
1995..... Delevantie Brown
1994..... Seamus Power
1992..... Seamus Power
1990..... James Hynes
1984..... Jon Conneely
1983..... Dennis Start
1981..... Adrian Leek
1979..... Adrian Leek

Most Outstanding Field Performer

2019..... Ben Johnson
2017..... Nathan Rivera
2011..... Jarrod Burton

Most Outstanding Freshman

2018..... Karon Delince
2014..... Simeon Roberts
2012..... Jadon Short
2005..... Shane Estes
1998..... Evan Hawkins
1996..... Zach Whitmarsh
1994..... Dainon Sidney

Athlete of the Week

Ben Johnson..... 02/13/19 (Field)
Ben Varghese02/06/19 (Track)
Ben Johnson..... 01/23/19 (Field)
Ben Varghese01/17/19 (Track)
Ben Johnson 02/07/18 (Field)
Ben Johnson..... 01/31/18 (Field)
Ben Johnson..... 02/15/17 (Field)
Matt Moore02/08/17 (Track)
Matt Moore02/10/16 (Track)
Simeon Roberts.....01/22/14 (Track)
Brett Squibbs 01/22/14 (Field)
Filip Jalovy03/06/13 (Track)
Filip Jalovy01/23/13 (Track)
Filip Jalovy01/16/13 (Track)
Tyler Stepp 03/06/13 (Field)
Jason Johnson..... 02/13/13 (Field)
K'Vonte Scott..... 01/25/12 (Field)
K'Vonte Scott..... 01/25/12 (Field)
Jadon Short..... 01/18/12 (Field)
Jarrod Burton 02/09/11 (Field)
Ryan Beaver 02/02/11 (Field)
Ifrish Alberg01/26/11 (Track)
Jarrod Burton 01/26/11 (Field)
Mike James12/08/10 (Track)
Duralon Monal02/24/10 (Track)
Kenneth Rotich02/03/10 (Track)
Ryan Beaver 01/13/10 (Field)
Duralon Monal01/13/10 (Track)
Mike James12/05/09 (Track)
Josh Cloyd 02/11/09
Quentin Greenlee 01/21/09
Kenneth Rotich 02/20/08
Jarrod Burton 02/06/08
Jarrod Burton 02/07/07
Jarrod Burton 01/31/07
James Rainer..... 01/25/06
James Rainer..... 02/22/04
Evan Hawkins 01/17/01

Student Athlete of the Week

Ben Varghese 01/16/19
Hadyn Borghetti-Metz 02/07/18

Men's Outdoor Awards

Concurrence Championships

2012, 2009, 2007

Coach of the Year

Dave Walker:

2012, 2009, 2007, 1989

Most Valuable Performer/Most Outstanding Athlete

2019..... Ben Johnson
2004..... Bradley Yewer
2003..... Bradley Yewer
1998..... Declan Fehy
1990..... James Hynes
1983..... James Barham
1982..... Kevin Johnson
1981..... Adrian Leek
1979..... Adrian Leek
1972..... Bill Holloway

Most Outstanding Track Performer

2011..... Ben Ronoh
2010..... Duralon Monal
2009..... Ron Ronoh

Most Outstanding Field Performer

2019..... Ben Johnson
2017..... Ben Johnson

Most Outstanding Freshman

2018..... Karon Delince
2007..... Jarrod Burton
1996..... Zach Whitmarsh
1994..... Danion Sidney

Athlete of the Week

Ben Johnson**04/17/19 (Field)
Ben Johnson.....03/27/19 (Field)
Matt Scarr 03/27/19 (Track)
Ben Johnson.....03/20/19 (Field)
Noah Charles..... 03/20/19 (Track)
Matt Scarr 05/02/18 (Track)
Ben Johnson.....05/02/18 (Field)
Ben Johnson.....04/25/18 (Field)
Simeon Roberts..... 04/04/18 (Track)
Ben Johnson.....03/28/18 (Field)
Brett Squibbs03/22/17 (Field)
Matt Moore 03/22/17 (Track)
Michael Williams..... 04/27/16 (Track)
Michael Williams..... 04/06/16 (Track)
Brett Squibbs03/26/14 (Field)
Tyler Stepp05/01/13 (Field)
Jason Johnson04/17/13 (Field)
Ifrish Alberg 03/20/13 (Track)
Jason Johnson05/16/12 (Field)
Marek Navratil.....05/09/12 (Field)
K'Vonte Scott.....03/21/12 (Field)
Tim O'Dell 03/07/12 (Track)
Mike James 05/18/11 (Track)
Jason Johnson 05/04/11 (Track)
Robert Purcell 04/27/11 (Track)
Jordan Briggs05/12/10 (Field)
Duralon Monal 05/12/10 (Track)
Matt Baum04/21/10 (Field)
Duralon Monal 04/21/10 (Track)
Nic Chernikow04/14/10 (Field)
Duralon Monal 04/07/10 (Track)
Mike James 03/31/10 (Track)
Duralon Monal05/13/09
Kenneth Rotich04/22/09
Josh Cloyd04/15/09
Jarrod Burton04/01/09
James Rainer.....03/21/07
Daniel Williams05/03/06
James Rainer.....04/26/06
James Rainer.....04/05/06
James Rainer.....03/29/06
James Rainer..... 04/20/04

ETSU competed in the Ohio Valley Conference until 1978, the Southern Conference from 1979-2005 and the ASUN from 2006-2013 before rejoining the SoCon in 2014

** Ben Johnson is the Southern Conference's all-time record for Male Outdoor Athlete of the Week awards with six for his career**

Buccaneer Honors

Women's Awards

Men's and Women's All-Americans

Indoor

Outdoor

Concurrence Championships

Concurrence Championships

1995

1996

Coach of the Year

Dave Walker: 1995

Coach of the Year

Michelle Byrne: 1996

Tom Roberts: 1989

Most Valuable Performer/Most

Outstanding Athlete

1999.....Taniesha Robinson
1998.....Taniesha Robinson
1995.....Shelli Clendenon
1989.....Sabrina Keeton

Most Valuable Performer/Most

Outstanding Athlete

1998.....Taniesha Robinson

Most Outstanding Track

Performer

2017.....Katrina Seymour
2009.....Heidi Dahl

Most Outstanding Freshman

2019.....Mekayla Brown

Most Outstanding Field Performer

2014.....Katerina Vodova

Most Outstanding Field

Performer

2014.....Katerina Vodova

Athlete of the Week

Mekayla Brown 02/13/19 (Field)
Kyra Atkins02/14/18 (Track)
Kyra Atkins01/31/18 (Track)
Kyra Atkins01/19/17 (Track)
Chelsea Clark.....01/16/13 (Track)
Kristen Champman ... 12/05/13 (Field)
Katerina Vodova 01/25/12 (Field)
Lexie Burley..... 01/18/12 (Field)
Kelly Monteleone 12/07/11 (Field)
Jasmine Ingram02/09/11 (Track)
Lexie Burley..... 01/26/11 (Field)
Jasmine Ingram 12/08/10 (Track)
Zachlynn Blackburn... 01/27/10 (Field)
Jasmine Ingram01/27/10 (Track)
Jasmine Ingram01/13/10 (Track)
Bethany Lender..... 01/13/10 (Field)
Jasmine Ingram 12/05/09 (Track)
Heidi Dahl 02/18/09
Heidi Dahl 02/04/09
Heidi Dahl 01/21/09
Heidi Dahl 01/14/09
Judy Johnson 02/27/08
Zachlynn Blackburn..... 02/13/08
Anna Marie Riccardi 02/07/07
Jenny Knox..... 02/08/06
Anna Marie Riccardi 01/25/06
Chantelle Vernon..... 01/23/02
Roselin Addo 01/31/01
Roselin Addo 01/17/01

Most Outstanding Freshman

2019.....Mekayla Brown
2007.....Zachlynn Blackburn
1995.....Michelle Gregg

Athlete of the Week

Khiara White04/24/19 (Field)
Lindsey Stallworth 03/21/19 (Track)
Alyssa Whipkey04/11/18 (Field)
Kyra Atkins 03/22/17 (Track)
Kyra Atkins03/22/17 (Field)
Ashley Kessler04/27/16 (Field)
Kyra Atkins 03/30/16 (Track)
Ashley Kessler03/23/16 (Field)
Keturah Williams..... 03/25/15 (Track)
Verena Tobis03/25/15 (Field)
Verena Tobis03/26/14 (Field)
Katerina Vodova05/16/12 (Field)
Katerina Vodova05/09/12 (Field)
Lexie Burley.....04/11/12 (Field)
Emani Harrison.....05/18/11 (Track)
Leah Oakhill05/04/11 (Field)
Jasmine Ingram 04/27/11 (Track)
Jasmine Ingram 03/31/10 (Track)
Heidi Dahl05/13/09
Heidi Dahl04/01/09
Kristin Truman.....04/20/04
Emily Chaney04/02/03

2018	Ben Johnson	1985	Brian Dunn
2017	Katrina Seymour	1984	Kim Bird
2016	Michael Williams	1983	Kevin Johnson
2014	Tyler Stepp	1982	Kevin Johnson
2013	Tyler Stepp	1981	Adrian Leek
2009	Heidi Dahl	1979	Adrian Leek
2000	Catherine Berry	1978	Ray Flynn
1998	Michelle Gregg	1976	Mark Halim Mark Brown
1995	Shelli Clendenon Jeff Horton	1975	Neil Cusack
1994	Seamus Power	1974	Neil Cusack Eddie Leddy
1993	Seamus Power	1967	Robert Rovere
1992	Seamus Power	1966	Robert Rovere
1988	Angie Barker		