



BEMIDJI STATE MEN'S BASKETBALL

Week 14: at Upper Iowa and Winona State

Feb. 25-26

This Week

Conference Action

February 25

Upper Iowa

8-16 Overall (7-13 NSIC)

Dorman Gymnasium

8 p.m.

February 26

Winona State

16-8 Overall (12-8 NSIC)

McCown Gymnasium

7 p.m.

Beavers close 2010-11 at Upper Iowa and Winona State

This Week: The Bemidji State University men's basketball team closes the book on the 2010-11 season at Upper Iowa University (8 p.m.) and Winona State University (7 p.m.) Feb. 25-26 for a pair of Northern Sun Intercollegiate Conference games.

About Bemidji State: The Beavers own a 9-15 overall and 6-14 NSIC record to sit 13th in the conference standings. The Beavers are coming off a 1-1 weekend that ended the home schedule for BSU, defeating Southwest Minnesota State University 84-66 before falling to then-No. 14 Minnesota State University, Mankato 77-73. BSU used a season-high 14 3-pointers and a fast start to down the Mustangs. The Beavers hadn't surpassed 10 3-pointers in a game all season and had just two their previous game. The loss to MSU was another heartbreaker as BSU lost both games this season to the Mavericks by a total score of nine points and had been tied in the final minutes of regulation in both contests. The Beavers had multiple opportunities down the stretch to take a lead on the highly ranked Mavericks, but just couldn't complete to upset. Junior **James Ellisor** averaged 22.5 points, seven rebounds, four assists and shot 58.6 percent from the field.

- With a 58.1 FG%, Ellisor leads the NSIC and is 32nd in the nation.
- Lone senior **Patrick Cassidy** will close his career at BSU this weekend.
- The Beavers are 1-7 in games decided by five points or less.
- BSU is No. 2 nationally (games thru Feb. 20) in free throw shooting, hitting at a 79.8 percent clip from the line. Sophomore **Lance Rongstad** is No. 11 nationally with a 90.0 percentage from the line.
- Junior **Bryce Tesdahl** leads the NSIC and is 9th in the nation in assists, dishing out 5.9 per game. He has four 10+ assist games this season.

Multimedia

Live stats at UIU:

<http://www.sidearmstats.com/uiu/mbball/index.htm>

Live stats at WSU:

<http://www.sidearmstats.com/winona/mbball/index.htm>

Watch all home and NSIC games on the web live and for free on New Media TV:

www.pennatlantic.com

Athletic Media Relations

Dax Larson

Asst. Director/MBB Contact

dlarson@bemidjistate.edu

Cell: (612) 718-0729

PROBABLE STARTERS

No.	Name	Yr.	Pos.	Ht.	Key Stats
2	Lance Rongstad	So.	G	6-3	12.6 ppg, 4.9 rpg, 90.0 FT%
<i>Leads the conference in FT%; In NSIC gms only - 20th in rebounds, 22nd scoring.</i>					
13	Patrick Cassidy	Sr.	F	6-6	10.7 ppg, 4.1 rpg, 54.6 FG%
<i>His FG% ranks 7th in the NSIC; averaging career-highs in pts, min (27.4) and FG%.</i>					
14	Mason Walters	So.	F	6-7	10.0 ppg, 3.9 rpg, 42.2 FG%
<i>Has 13 games scoring in double-figures after posting seven games last season.</i>					
32	Bryce Tesdahl	Jr.	G	6-3	10.0 ppg, 3.6 reb, 5.9 apg
<i>25-for-60 (41.7%) from 3-point land ranks 13th in the league. Owns 81.2 FT%.</i>					
34	James Ellisor	Jr.	F	6-5	17.3 ppg, 6.8 rpg, 58.1 FG%
<i>In NSIC: FG% - 1st, steals - 4th, scoring - 7th, rebounding - 9th, and blocks - 11th.</i>					

OFF THE BENCH

No.	Name	Yr.	Pos.	Ht.	Key Stats
3	Zach Noreen	Fr.	F	6-6	9 gms, 3.3 pts, 1.4 reb, 43.5 FT%
4	Maxie Rosenbloom	Fr.	F	6-5	15 gms, 5.5 minpg, 13 points
10	Jeff Whicker	Fr.	G	6-0	6 gms, 2.7 minpg, 7 points
11	Jake Lindstrom	Jr.	G	6-0	6.5 ppg, 1.3 rpg, 22.2 minpg
15	Burke Lendl	So.	G/F	6-7	6.2 ppg, 3.4 rpg, 45.6 FG%
24	Jake Schalow	Fr.	G	6-4	3.6 pts, 40.5 3FG%, 89.5 FT%
25	Noah Shepherd	So.	G	6-2	1.6 ppg, 0.9 rpg, 58.8 FG%
44	Ryan Kinnell	Jr.	C	6-10	1.1 pts, 2.0 reb, 8.4 minpg



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About Upper Iowa: The Peacocks are 8-16 overall and 7-13 in NSIC play to sit in a three-way tie for 10th in the league standings. UIU was on a four-game losing streak before defeating Winona State 80-64 in Fayette Feb. 12. Last weekend it went 1-1 at University of Minnesota, Crookston (W, 71-63) and Minnesota State University Moorhead (L, 87-76). Senior Matt Lesan leads the team in scoring at 13.8 points per game. The only other UIU player in double-figures in scoring is sophomore Tucker Wentzien with 12.0 points per game, he leads the team in rebounds with 6.3 per contest.

Series History: The Beavers and coach Bowen have had troubles with the Peacocks as of late, going 1-4 in the last four contests and trail the all-time series 4-5. Earlier this season UIU stole a 83-80 victory at the BSU Gymnasium. Last season in Fayette the Peacocks won 91-80 after the Beavers defeated then-No. 17 Winona State in overtime. BSU last defeated UIU at home Dec. 13, 2008 by the score of 75-70.

About Winona State: The Warriors are 16-8 overall and hold a 11-8 NSIC record that is good for fourth. WSU was slated to finish first in the NSIC Pre-season Coaches' Poll. The Warriors are 1-3 in their last four games, the last being a 70-66 shocking loss at Minnesota, Crookston Feb. 19. WSU is second in league games in scoring with averaging 78.8 points per contest while allowing 73.8. The Warriors are led by junior Anthony Tucker's 16.8 points per game. Sophomore Clayton Vette owns the team lead in rebounds with 6.4 per game, while adding 14.1 points per contest. WSU hosts Minnesota Duluth Friday before welcoming BSU.

Series History: BSU is 68-81 all-time against the Warriors. The Beavers are 2-3 in the last five games against WSU, losing at the BSU Gymnasium earlier this season 71-62. BSU swept the season series last year, doing so for the first time since 2003-04. Last season, the Beavers won 88-87 in overtime in Winona, defeating the then-No. 17 Warriors in their own building for the first time since 2005-06.

NSIC Preseason Poll: The Bemidji State University men's basketball team finished last season winners in five of its last six games, en route to a 12-15 overall and 8-12 Northern Sun Intercollegiate Conference mark, good for 11th place in the final conference standings. The 12 wins was the most under fifth-year head coach Matt Bowen, as BSU has increased its win total in each of his seasons at the helm. On Oct. 20, the 2010-11 edition of the NSIC Pre-season Coaches' Poll was released, slotting the Beavers 10th with 64 points.

BSU's NSIC Preseason Player to Watch: Patrick Cassidy is the lone senior on a team that sports four juniors (two transfers), eight sophomores and four freshmen. He will be asked to provide leadership on and off the court, while concentrating on being consistent offensively and defensively. Last season Cassidy played and started in 26 games, averaging 26.3 minutes per contest. He posted 8.4 points and 3.8 rebounds per game, while shooting 51.2 percent from the field. Cassidy has endured the growing pains of a Bemidji State basketball program that has improved its record in each of the last four seasons, going 12-15 last season. He has played in 80 games in the green in white, averaging 7.1 points and 4.1 rebounds per game, while shooting 48.1 percent from the field.

2010-11 Schedule

Date	Opponent	Time/Result
Nov. 6	UW-Superior (Exh.)	W, 87-72
Nov. 16	at Michigan Tech	L, 101-88
Nov. 17	at Finlandia	W, 84-63
Nov. 23	Wisconsin-Stout	W, 89-87
Nov. 29	at Jamestown	W, 75-60
Dec. 3	MSU Moorhead *	L, 60-58
Dec. 4	Minn., Crookston *	W, 88-63
Dec. 10	No. 3 Winona State *	L, 71-62
Dec. 11	Upper Iowa *	L, 83-80
Dec. 17	at Northern State *	W, 92-86
Dec. 18	at U-Mary *	L, 78-56
Jan. 2	at Minnesota Duluth *	W, 101-76
Jan. 7	Augustana *	L, 69-67
Jan. 8	Wayne State (Neb.) *	W, 63-53
Jan. 14	at St. Cloud State *L, 92-88 (OT)	
Jan. 15	at Concordia-St. Paul *	L, 79-73
Jan. 21	at No. 15 Minnesota State *	L, 87-82
Jan. 22	at SW Minnesota State *	L, 78-62
Jan. 28	U-Mary *	L, 71-60
Jan. 29	Northern State *	L, 84-82
Feb. 5	Minnesota Duluth *	L, 89-75
Feb. 11	at Minnesota, Crookston *	W, 85-78
Feb. 12	at MSU Moorhead *	L, 70-62
Feb. 18	SW Minnesota State *	W, 84-66
Feb. 19	Minnesota State *	L, 77-73
Feb. 25	at Upper Iowa *	8 p.m.
Feb. 26	at Winona State *	7 p.m.
NSIC Tournament		
March 1	First Round	TBA (Top seed)
March 5	Semi-Finals	TBA St. Paul, Minn.
March 6	Finals	TBA St. Paul, Minn.

Home games in Bold

* - Northern Sun Intercollegiate game
(Exh.) - Exhibition game

Team Statistics

	BSU	OPP
SCORING	1829	1821
Points per game	76.2	75.9
Scoring margin	+0.3	-
FIELD GOALS-ATT	612-1282	639-1399
Field goal pct	.477	.457
3 POINT FG-ATT	146-413	170-469
3-point FG pct	.354	.362
3-pt FG made/gm	6.1	7.1
FREE THROWS-ATT	459-575	373-509
Free throw pct	.798	.733
REBOUNDS	790	759
Rebounds/game	32.9	31.6
Reb. margin	+1.3	-
ASSISTS	326	292
Assists per game	13.6	12.2
TURNOVERS	309	259
Turnovers/game	12.9	10.8
Turnover margin	-2.1	-
Assist/TO ratio	1.1	1.1
STEALS	129	147
Steals per game	5.4	6.1
BLOCKS	52	56
Blocks per game	2.2	2.3

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Making Strides: Head coach **Matt Bowen** has increased BSU's win total every season over his past four years. The Beavers won five games in his first campaign, six in his second, eight in 2008-09 and 12 last season. In 2009-10, the eight NSIC victories was the most under Bowen. BSU won't be able to surpass its wins total this season, but still has the opportunity to get to double-figures in wins in back-to-back seasons and get to eight conference victories to tie the Bowen-era record.

Welcome to BSU: The Beavers welcome six newcomers to the squad this season, including two junior college transfers. Coming to Bemidji via Glendale Community College are **James Ellisor** and **Ryan Kinnell**. Four true freshmen join the squad from Minnesota, Wisconsin and Alaska in **Zach Noreen** (Albany HS, Minn.), **Maxie Rosenbloom** (Johnson HS, Minn.), **Jake Schalow** (Kaukauna HS, Wis.) and **Jeff Whicker** (King HS, Alaska).

Ellisor is leading the team in scoring with 17.3 points and 6.8 rebounds in 32.0 minutes per game, while shooting 58.1 percent from the field. He scored 25 points in the opener, adding a team-high six rebounds.

Roaring 20's: Ellisor has nine games scoring the 20's, including a team season-high 28 point performance Feb. 5 versus Minnesota Duluth. Last season BSU had 15 games with an individual in the 20's, led by Seth Haake's eight. This season, five players have combined for 17 games with 20 points or more.

900 Program Wins: In a 88-63 victory against Minnesota, Crookston at the BSU Gymnasium Dec. 4 the Beavers recorded their 900th program win.

Century Mark: The Beavers eclipsed the 100 point mark Jan. 3 in a 101-76 road rout of Minnesota Duluth. The accomplishment marked the 57th time in program history and third time under head coach **Matt Bowen** BSU has reached the century mark. It was just the 11th time the team has scored 100 points or more on the road.

Doubling-Up: Four different Beavers have combined for seven double-doubles this season. Last season the team produced just two.

- Junior **Bryce Tesdahl** recorded his second-career double-double with a team-high 23 points and 10 assists at Finlandia Nov. 17.

His second double-double of the season came in an overtime loss to St. Cloud State Jan. 14. He scored 12 points and added 10 assists.

- Junior **James Ellisor** recorded his first double-double as a Beaver versus UW-Stout Nov. 23, scoring 13 points and adding 11 rebounds.

His second double-double came in an 83-80 loss to Upper Iowa Dec. 11, scoring 21 points and adding 11 rebounds.

In a 63-53 win against WSC Jan. 9, he recorded 14 points and a season-high 13 rebounds.

- Sophomore **Mason Walters** earned his first-career double-double Jan. 3 at Minnesota Duluth, posting career-highs in points (19) and rebounds (11).

- Sophomore **Lance Rongstad** recorded a career-high 13 rebounds at Minnesota Duluth Jan. 3, while adding 11 points for his second-career double-double.

Helping Hand: With a dish to senior **Patrick Cassidy** in the opening minutes of the 87-82 loss to No. 15 Minnesota State Jan. 21, junior **Bryce Tes-**

BEMIDJI STATE QUICK FACTS

School/Enrollment: Bemidji State University (5,171)
Location/Founded: Bemidji, Minnesota 56601 (1919)
Population:30,000 (reflects city and surrounding area)
Conference: Northern Sun Intercollegiate
Affiliation: NCAA Division II (NCAA I-Hockey)
Nickname: Beavers
School Colors: Green (PMS 3305) and White
Home Court: BSU Gymnasium (2,500)
Press Row Phone: (218) 755-3620
President: Dr. Richard Hanson (North Dakota St. '71)
Athletic Director: Dr. Rick Goeb (North Dakota St. '89)
Senior Woman's Administrator: Sarah Levesque (North Dakota '00)
SWA Phone: (218) 755-2142
Head Athletic Trainer: Bill Crews
Athletic Trainer Phone: (218) 755-2769
Compliance Coordinator: Sarah Levesque
Compliance Phone: (218) 755-2142
Ticket Manager: Pam Papp
Tickets Phone: (218) 755-3993
Athletics Administrative Assistant: Debbie Slough
Athletic Phone: (218) 755-2941
Athletic Fax: (218) 755-3898

ATHLETIC MEDIA RELATIONS

Director: Brad Folkestad (Bemidji State '01)
AMR Phone: (218) 755-4603
AMR Fax: (218) 755-3898
AMR Cell: (218) 308-1115
AMR Email: bfolkestad@bemidjistate.edu
Assistant AMR/MBB Contact: Dax Larson (Minnesota State '07)
Assistant Phone: (218) 755-2763
Assistant Cell: (612) 718-0729
Assistant Email: dl Larson@bemidjistate.edu
Graduate Assistant: Ross LaDue (Iowa State '09)
Graduate Assistant Email: gladue@bemidjistate.edu
Graduate Assistant: Shawn Smith (Iowa State '08)
Graduate Assistant Email: ssmith@bemidjistate.edu
Volleyball/Basketball Press Row: (218) 755-3620
Website: www.bsubeavers.com

COACHING STAFF

Head Coach: Matt Bowen (Indiana '95)
Head Coach E-mail: mbowen@bemidjistate.edu
Men's Basketball Office Phone: 218-755-2774
Record at School: 40-93 - Fifth season
Career Record: 40-93 - Fifth season
Assistant Coach: Ryan Montgomery (Hamline '06)
Graduate Assistant Coach: Kevin Williamson (University of Great Falls '07)

PROGRAM HISTORY

First year of men's basketball: 1921
Overall record (87 seasons): 905-1,042 (.465)
Years in post-season play: 5 (NAIA)
(National - 1940, 1941, 1942; District - 1984, '85)
..... 1 (NCAA)
(North Central Regional - 2004)
Northern Intercollegiate (NIC Championships): 8
(1940, 1941, 1942, 1951, 1952, 1954, 1957, 1967)
Northern Sun Intercollegiate (NSIC Championships): .. 1
(2004)

TEAM INFORMATION

2009-10 Record: 12-15 (8-12 NSIC, 11th)
Starters Returning/Lost: 4/1
Letterwinners Returning/Lost: 9/1
Newcomers 6



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dahl became the school's career assist leader (1976-present). The assist was the 315th of his career, surpassing David Lee (1984-88). This season he is first in the league and 9th in the nation in assists (5.9 apg). He has four 10+ assist games this season and six in his career. His 142 assists this season sits tied for fourth on BSU's top season assists chart.

Last season Tesdahl finished second in the NSIC in assists, averaging 5.1 assists per game. He totaled 137 assists in the season, finishing fourth on BSU's all-time single-season chart.

BSU's Top Career Assist Totals (1976-Present)

#	Assists	Player	Seasons
1.	364	Bryce Tesdahl	2008-SA

BSU's Top Season Assists

#	Assists	Player	Season	Avg.
1.	167	James Roberson	2003-04	5.6
2.	145	Royce Bryan	2001-02	5.1
3.	142	Tyrone Terrill	1975-76	5.9
	142	Bryce Tesdahl	2010-11	5.8
4.	137	Bryce Tesdahl	2009-10	5.1

Thanks for the Charity: The Beavers are the No. 2 team in the Division II nation in free throw percentage (as of the Feb. 20 NCAA Statistics Summary), shooting 79.8 percent from the charity stripe. Sophomore **Lance Rongstad's** 90.0 percent guides the team and is 11th in the nation.

Thanks for the Charity x40: The Beavers made 40 of its 49 attempts from the free throw line in a 85-78 victory at Minnesota, Crookston Feb. 11 to establish a program and NSIC record for free throws made in a game. BSU surpassed the previous record of 39 set by Southwest Minnesota State in 1971 and tied by Northern State earlier this season against Bemidji State. Rongstad made 18-of-20 to break the program record for free throws made and tie the free throws attempted mark.

Battle for the Boards: In all nine of BSU's wins this season it has outrebounded its opponent and owns a 9-4 record when doing so. But one category the Beavers have struggled in this season is the offensive glass. BSU is getting outrebounded 253-214 in offensive rebounds, resulting in a difference of 264-243 in second chance points.

Gotta Win the Close Ones: In a league as competitive as the NSIC, winning the close games is crucial to separate the non-playoff teams from the postseason contenders. This season, the Beavers are 1-7 in games decided by five points or less, pushing them to the 13th spot in the league standings.

BEAVERS' 2010-11 RECORD WHEN...

MONTH	
Plays in November	3-1
Plays in December	2-4
Plays in January	2-7
Plays in February	2-3
Plays in March	0-0

DAY OF THE WEEK	
Plays on Sunday	1-0
Plays on Monday	2-0
Plays on Tuesday	1-1
Plays on Wednesday	1-0
Plays on Thursday	0-0
Plays on Friday	3-5
Plays on Saturday	1-9

TIME OF DAY	
Plays during the day (Before 6 p.m.)	1-2
Plays at night	8-13

LOCATION	
Plays at home	4-8
Plays on the road	5-7
Plays at a neutral site	0-0

CONFERENCE	
Record vs. the NSIC	6-14
Nonconference opponents	3-1
In Region	6-14
vs. NAIA or Division III	3-0

HALFTIME SCORE	
Leads at half	8-7
Trails at half	1-8
Tied at half	0-0

MARGIN	
Margin is 5 points or less	1-7
Margin is 10 points or less	3-3
Margin is between 11-20	2-4
Margin is more than 20	3-1

POINTS SCORED	
Scores 59 points or less	0-2
Scores 60+ points	1-5
Scores 70+ points	1-3
Scores 80+ points	5-5
Scores 90+ points	1-0
Scores 100+ points	1-0

SHOOTING	
Shoots 50% or better	7-6
Shoots less than 50%	2-9
Opponent shoots 50% or less	8-7
Shoots better than opponent	8-7
Shoots worse than opponent	1-8

FREE THROWS	
Has more FTs made than opponent	8-8
Has equal FTs made than opponent	1-1
Has less FTs made than opponent	0-6

REBOUNDING	
More rebounds than opponent	9-4
Less rebounds than opponent	0-10
Has equal rebounds	0-1

TURNOVERS	
Has more TOs than opponent	9-8
Has equal or less TOs than opponent	0-7

MISCELLANEOUS	
vs. Nationally-ranked opponent	0-3
In tournament play	0-0
Plays an overtime game	0-1
Win the game before	2-7
Loses the game before	6-8
Makes 5+ 3-point shots	5-11
Has 20+ assists	1-0
Has a 20-plus-point scorer	6-9
Has equal/more bench points	6-8
Has less bench points	3-7

BEMIDJI STATE MEN'S BASKETBALL



Beavers in the NSIC (Overall)

Scoring	
1 Anthony Moody (MARY)	21.7
7 James Ellisor	17.3
27 Lance Rongstad	12.6

Rebounding	
1 Alex Novak (MSUM)	10.6
9 James Ellisor	6.8
20 Lance Rongstad	4.9

Field Goal Percentages	
1 James Ellisor	58.1
7 Pat Cassidy	54.6

Free Throw Percentages	
1 Lance Rongstad	90.0

3-point Field Goal Percentages	
1 Brad Meyer (WSU)	51.3
13 Bryce Tesdahl	41.7

Assists	
1 Bryce Tesdahl	5.92

Steals	
1 Almir Krdzalic (UMC)	1.79
4 James Ellisor	1.58

Blocks	
1 Andrew Bernstetter (SCSU)	2.05
T11 James Ellisor	0.79

Assist/Turnover Ratio	
1 Ben Fischer (WSU)	2.44
4 Bryce Tesdahl	1.80

Minutes Played	
1 Anthony Moody (MARY)	38.36
6 Bryce Tesdahl	33.33
16 James Ellisor	32.04

* To be ranked, a player must appear in at least 75.0% of their team's games.

COMPARISON IN NSIC STATISTICS (CONFERENCE ONLY)

UPPER IOWA		BEMIDJI STATE
78.2, 12TH	SCORING OFFENSE ►	6TH, 74.7
72.8, 6TH	◄ SCORING DEFENSE	11TH, 75.5
77.5, 5TH	FREE THROW % ►	1ST, 79.8
44.5, 11TH	FIELD GOAL % ►	5TH, 46.7
32.8, 14TH	3-POINT FG % ►	10TH, 34.7
-2.4, 11TH	REBOUNDING MARGIN ►	7TH, 0.9
2.40, 7TH	◄ BLOCKED SHOTS	T8TH, 2.00
13.30, T5TH	◄ ASSISTS	T5TH, 13.30
-1.05, 11TH	◄ TURNOVER MARGIN	12TH, -1.55

WINONA STATE		BEMIDJI STATE
78.8, 2ND	◄ SCORING OFFENSE	6TH, 74.7
73.8, 7TH	◄ SCORING DEFENSE	11TH, 75.5
69.0, 11TH	FREE THROW % ►	1ST, 79.8
45.2, 8TH	FIELD GOAL % ►	5TH, 46.7
35.6, 8TH	◄ 3-POINT FG %	10TH, 34.7
3.0, 2ND	◄ REBOUNDING MARGIN	7TH, 0.9
3.70, 2ND	◄ BLOCKED SHOTS	T8TH, 2.00
14.10, 3RD	◄ ASSISTS	T5TH, 13.30
1.10, 4TH	◄ TURNOVER MARGIN	12TH, -1.55

Beavers in the NSIC (Conference Only)

Scoring	
1 Anthony Moody (MARY)	22.3
9 James Ellisor	16.7
22 Lance Rongstad	12.9

Rebounding	
1 Alex Novak (MSUM)	10.8
T10 James Ellisor	6.7
20 Lance Rongstad	5.1

Field Goal Percentages	
1 Brett Ervin (UMD)	59.7
2 James Ellisor	58.3
15 Pat Cassidy	50.8

Free Throw Percentages	
1 Lance Rongstad	90.6

Assists	
1 Bryce Tesdahl	5.80

Steals	
T1 Almir Krdzalic (UMC)	1.70
T1 James Ellisor	1.70
T1 Phil Homere (UMD)	1.70

Blocks	
1 Andrew Bernstetter (SCSU)	2.10
T7 James Ellisor	0.85

Assist/Turnover Ratio	
1 Ben Fischer (WSU)	2.78
3 Bryce Tesdahl	1.87

Minutes Played	
1 Anthony Moody (MARY)	38.90
6 Bryce Tesdahl	33.90
15 James Ellisor	32.00

* To be ranked, a player must appear in at least 75.0% of their team's games.



BEMIDJI STATE MEN'S BASKETBALL

DOUBLE-DOUBLES

Player	Opponent (Date)	Points	Rebs.	Assts
Bryce Tesdahl	Finlandia (11/17)	23*	---	10
James Ellisor	UW-Stout (11/23)	13	11	---
James Ellisor	Upper Iowa (12/11)	21	11	---
Mason Walters	Minnesota Duluth (1/3)	19*	11*	---
Lance Rongstad	Minnesota Duluth (1/3)	11	13*	---
James Ellisor	Wayne State (1/9)	14	13*	---
Bryce Tesdahl	St. Cloud State (1/14)	12	---	10

Breakdown: Ellisor (3), Rongstad (1), Tesdahl (2), Walters (1) - Total: 7

30-POINT GAMES

Player	Opponent (Date)	Points
None		

Breakdown: None - Total: 0

20-POINT GAMES

Player	Opponent (Date)	Points
James Ellisor	Michigan Tech (11/16)	25
James Ellisor	Finlandia University (11/17)	21
Bryce Tesdahl	Finlandia University (11/17)	23*
James Ellisor	Jamestown College (11/30)	23
James Ellisor	Winona State (12/10)	22
Lance Rongstad	Upper Iowa (12/11)	22
James Ellisor	Upper Iowa (12/11)	21
James Ellisor	Northern State (12/17)	27
Patrick Cassidy	Minnesota Duluth (1/3)	22
Lance Rongstad	St. Cloud State (1/14)	27
Jake Lindstrom	Minnesota State (1/21)	21
Lance Rongstad	Northern State (1/29)	22
James Ellisor	Minnesota Duluth (2/5)	28*
Lance Rongstad	Minnesota, Crookston (2/11)	22
James Ellisor	MSU Moorhead (2/12)	22
Lance Rongstad	Southwest Minnesota State (2/18)	25
James Ellisor	Minnesota State (2/19)	27

Breakdown: Cassidy (1), Ellisor (9), Lindstrom (1), Rongstad (5), Tesdahl (1) - Total: 17

10-REBOUND GAMES

Player	Opponent (Date)	Rebounds
James Ellisor	UW-Stout (11/23)	11
James Ellisor	Upper Iowa (12/11)	11
Mason Walters	Minnesota Duluth (1/3)	11*
Lance Rongstad	Minnesota Duluth (1/3)	13*
James Ellisor	Wayne State (1/9)	13*

Breakdown: Ellisor (3), Rongstad (1), Walters (1) - Total: 5

10-ASSIST GAMES

Player	Opponent (Date)	Assists
Bryce Tesdahl	Finlandia Universtiy (11/17)	10
Bryce Tesdahl	Northern State (12/17)	11 [†]
Bryce Tesdahl	St. Cloud State (1/14)	10
Bryce Tesdahl	Minnesota State (2/19)	10

Breakdown: Tesdahl (4) - Total: 4

* - career-high

[†] - ties career-high

ALL-TIME 100-POINT GAMES

Date	Opponent	Score
1/3/11	@ Minnesota Duluth	101-76
%2/25/09	vs. Minnesota, Duluth	124-126
^1/16/09	@ Northern State	100-93
12/28/05	vs. #18 South Dakota	101-80
12/2/05	Colorado Christian	100-87
2/20/04	@SW Minnesota State	107-82
#11/22/03	@ Pittsburg State	103-100
3/5/03	Winona State	106-79
3/1/03	Winona State	102-96
2/22/03	Minnesota-Morris	118-70
1/24/03	Winona State	108-98
1/17/03	@ Minnesota-Morris	116-71
12/11/02	St. Scholastica	102-67
12/2/02	Wisconsin-Superior	102-56
12/12/94	Mayville St.	102-67
1/22/94	Winona St.	100-80
1/8/94	@ Wayne St.	105-94
12/13/93	Mayville St.	102-47
12/2/93	St. Cloud St.	107-91
11/20/93	@ Mayville St.	104-61
1/22/93	Moorhead St.	105-94
1/9/93	Mayville St.	103-85
1/11/92	@ Moorhead St.	113-109
1/4/92	Northwestern	106-84
*12/13/91	Northland	126-96
12/7/91	Jamestown	103-80
1/10/91	Northland	101-87
12/13/90	Jamestown	107-72
11/28/89	Jamestown	103-91
12/20/88	Southwest St.	117-75
2/13/87	Minnesota-Morris	101-87
12/6/86	@ Northland	101-90
12/13/85	Northland	108-79
2/9/84	Moorhead St.	102-81
^12/29/83	Winona St.	108-106
2/28/80	@ Winona St.	105-88
12/4/73	Mayville St.	107-60
2/3/73	Valley City St.	107-65
1/19/73	Southwest St.	102-59
12/1/72	@Wisconsin-Superior	102-69
11/29/72	Mayville St.	100-79
12/5/69	Northland	100-65
2/10/68	Augustana (SD)	108-94
12/11/65	Northland	105-96
2/22/65	Minnesota-Morris	104-95
2/6/65	Winona St.	110-65
1/18/65	Northland	101-85
12/7/64	Valley City State	102-84
2/21/64	Manitoba	104-46
1/8/64	Bethel	105-81
1/16/60	Winona State	104-84
1/5/60	Mayville State	110-86
12/6/58	St. John's	111-87
3/3/56	Manitoba	101-83
1/16/56	Wahpeton (N.D.)	100-62
2/11/55	Bethel	100-75
2/27/54	St. Cloud State	101-92

*School Record

#Overtime

^Two Overtimes

%Four Overtimes

BEMIDJI STATE MEN'S BASKETBALL



NABC Division II Coaches Poll (As of 2/22/2011)

2010-11 NSIC Men's Basketball Standings (as of 2/21)

Rk	School	W-L	Pts	Prev
1	West Liberty (W. Va.) (8)	25-0	200	1
2	Bellarmino (Ky.)	24-2	186	2
3	Humboldt State (Calif.)	22-2	177	10
4	Alabama-Huntsville	23-3	172	4
5	Augusta State (Ga.)	24-3	168	11
6	Minnesota State	22-3	146	14
7	Central Oklahoma	22-3	143	7
8	Missouri Southern	21-3	140	11
9	Arkansas Tech	21-3	135	12
10	Findlay (Ohio)	21-3	132	3
11	Central Washington	21-3	126	9
12	Southern Indiana	22-4	115	6
13	Lincoln Memorial (Tenn.)	22-2	106	5
14	Harding (Ark.)	21-3	102	16
15	Cal State-Dominguez Hills	20-4	88	13
16	Hillsdale (Mich.)	20-3	80	19
17	Fort Hays State (Kan.)	21-5	72	15
18	Rollins (Fla.)	21-5	50	18
19	Mary (N.D.)	21-4	48	24
20	Tarleton State (Tex.)	19-4	46	25
21	Ferris State (Mich.)	20-5	29	NR
22	Bowie State (Md.)	21-4	28	NR
23	Colorado School of Mines	20-4	26	20
24	Bentley (Mass.)	19-6	17	NR
25	Mercyhurst (Pa.)	19-5	13	17

	NSIC			Overall			
	W	L	Pct.	W	L	Pct.	
1	Minnesota State	18	3	.857	22	3	.880
2	U-Mary	17	4	.810	21	4	.840
3	Augustana	14	6	.700	17	7	.708
4	Winona State	12	8	.600	16	8	.667
5	Concordia-St. Paul	12	9	.571	15	10	.600
	St. Cloud State	12	9	.571	13	12	.520
7	MSU Moorhead	11	9	.550	14	10	.583
8	SW Minnesota State	9	12	.429	12	13	.480
9	Northern State	8	13	.381	12	13	.480
10	Wayne State	7	13	.350	11	13	.458
	Minnesota Duluth	7	13	.350	9	15	.375
	Upper Iowa	7	13	.350	8	16	.333
13	Bemidji State	6	14	.300	9	15	.375
14	Minnesota, Crookston	3	17	.150	7	17	.292

2010-11 NSIC MBB Coaches Preseason Poll

No.	Team (First Place)	Points
1	Winona State (10)	165
2	St. Cloud State (4)	157
3	Minnesota State	143
4	Augustana	138
5	U-Mary	119
6	SMSU	98
7	Concordia-St. Paul	89
8	Northern State	84
9	Wayne State	71
10	Bemidji State	64
11	MSU Moorhead	51
12	Minnesota Duluth	42
13	Upper Iowa	40
14	Minnesota, Crookston	13

OTHERS RECEIVING VOTES: Indianapolis (Ind.) 11, Georgia Southwestern 10, Benedict (S.C.) 8, West Texas A&M 8, Stonehill (Mass.) 7, Northern Kentucky 4, Drury (Mo.) 2, Florida Southern 2, Indiana (Pa.) 2, Wayne State (Mich.) 2.

DROPPED OUT: Northern Kentucky (21), Georgia Southwestern (22), West Texas A&M (23).

Bold Italics - NSIC member

() First Place Votes



BEMIDJI STATE MEN'S BASKETBALL

MATT BOWEN HEAD COACH - FIFTH SEASON



Since taking his post as head men's basketball coach at Bemidji State in 2006, **Matt Bowen** has led the Beaver program to improvements both on and off the court. Becoming the 19th head men's basketball coach at BSU June 30, 2006, Bowen now enters his fifth season at the helm after spending 15 years as an assistant coach at the Division I level.

Under his guidance the Beavers have made strides in each season, guiding the squad to a 12-15 overall and 8-12 Northern Sun Intercollegiate Conference record last season, finishing 11th in the conference. BSU had its ups and downs during the 2009-10 campaign, hanging its hat on sweeping Winona State University for the first time since 2003-04. WSU was ranked No. 17 nationally in the first meeting in Winona where the Beavers needed overtime, then at the BSU Gymnasium, BSU prevailed in a nail-bitter 88-86. The Beavers started 5-3, their best eight-game start since the 1997-98 season. After starting strong the youth and short bench slowed BSU and it lost seven straight and were 2-11 from Dec. 13 - Feb. 6. The Beavers found a rhythm at the end of the season, closing the campaign winning five of six and will return nine letterwinners to the 2010-11 team. Bowen saw his first four-year player graduate last season in Seth Haake, who finished 10th in career points and career assists at BSU, leading the team off the court as a two-time *NSIC Academic All-Conference* team member. Current junior **Bryce Tesdahl** had one of the best performances in the green and white at the point guard position, finishing fourth in the school's season assists charts with 137, while leading the team in rebounds and finishing 28th in the nation in free throw percentage. Tesdahl wasn't the only one hitting from the charity stripe as the squad finished fifth nationally in free throw percentage. Academically, BSU closed the 2009-10 season with a team GPA of 3.03.

In 2008-09, BSU went 8-19 overall and 6-14 in the NSIC, finishing tied for 10th. Bowen guided his team to a 6-21 overall record and a 3-15 record in the NSIC for a ninth place finish in 2007-08 and was 5-23 overall and 5-13 in the NSIC in 2006-07. Bowen inherited a 2005-06 team that went 15-13 overall and 9-5 in the NSIC that was dismantled at the conclusion of the season, carrying over just three players. In the process of rebuilding there are bumps along the road, but the Beavers are moving in the right direction, defeating back-to-back nationally ranked opponents during a four-game winning streak in 2008-09 (Jan. 6-16). BSU beat No. 24 St. Cloud State University at home, 69-66, and then traveled to No. 11 Northern State University and won a two overtime thriller 100-93. In the process of rebuilding, Bowen and his staff have recruited and brought in some of the best talent from around the state of Minnesota to help put the pieces of the BSU men's basketball program back together.

Bowen comes to BSU after spending the past 15 years molding his coaching style after some of NCAA Division I men's basketball's greatest coaching legends. He was a student manager for Bob Knight at Indiana University and served as an assistant coach under both Gene Bartow at the University of Alabama at Birmingham and most recently, Homer Drew at Valparaiso University. Bowen's trio of mentors have combined for nearly 2,100 career wins and 105 years of head coaching experience.

During his four years under Drew at Valpo, Bowen helped to lead the Crusaders to an overall record of 70-52 (.574) with a 41-21 (.661) mark versus Mid-Continent Conference competition. In 2003, his first season at the university, the team was 20-11 overall and 12-2 in the league as it grabbed the front end of back-to-back conference titles. The Valpo men capped the year off with a trip to the National Invitational Tournament (NIT). The following season, the Crusaders went 18-13 overall with an 11-5 mark versus the league to earn their second league crown and a berth into the NCAA Tournament.

In addition to game day and practice duties, Bowen was responsible for organizing all recruiting efforts, summer youth camps, game preparation and scouting and being the team's academic coordinator.

As a recruiter, Bowen was responsible for signing the No. 1 incoming class in the Mid-Continent Conference and one of the Top-100 nationally according to the 2006 HoopScoop and Dave Telep recruiting publications. Bowen's ties to the Midwest, specifically Minnesota, were evident in the class as it was headlined by Mr. Basketball Minnesota Finalist and Tartan High School graduate Urule Igbavboa. Bowen began his collegiate coaching ventures in 1995 when he was hired as an assistant coach at Alabama-Birmingham. In seven seasons at UAB, the Blazers captured a Conference USA National Division Championship (1999), went to the NCAA Tournament (1999) and were twice invited to participate in the NIT (1997, 1998).

The River Falls, Wis. is the son of long-time NCAA Division III head men's basketball coach at the University of Wisconsin-River Falls. Bowen has been around basketball all of his life, but he first acquired a taste of his own for collegiate basketball as the student manager for Knight's Indiana Hoosiers (1990-1995). While serving under coach Knight, Bowen was a part of two Big Ten titles (1991, 1993) and four NCAA Tournament appearances, twice advancing to the Elite Eight (1992-1993) and earning a spot in the Final Four in 1992.

He joins a long list of former Indiana managers who have gone on to make a name for themselves in coaching, most notably former New Jersey Nets Head Coach Lawrence Frank, a manager at IU from 1989 to 1992. While at Indiana, Bowen also worked directly with George David, now the Director of Player Personnel for the Detroit Pistons and Ryan Carr, Director of Scouting for the Indiana Pacers. In addition, Bowen's father, Rick, got his feet wet as a Hoosier student manager under Branch McCracken in the 1960s.

Bowen is a 1995 graduate of Indiana with a Bachelor of Science degree in Health, Physical Education and Recreation (HPER). He picked up a Master of Arts degree in education during his time at UAB, graduating in 1999.

Bowen and his wife Ashli have a eight-year-old daughter McKenzi and a three-year-old daughter Addison.

BOWEN'S BSU TEAM VERSUS

vs NSIC	28-68		
vs. Nonconference	12-25		
Alaska-Anchorage	0-2	Northern State	2-7
Augustana (S.D.)	0-4	Northland College (Wis.)	1-0
College of the Ozarks	1-0	Puget Sound	0-1
Concordia -St. Paul	1-8	Purdue North Central	1-0
Dickinson State	2-0	SW Minnesota State	1-8
Finlandia	2-0	St. Cloud State	1-6
Jamestown	2-2	UW-Parkside	0-1
Mary (N.D.)	1-7	UW-River Falls	0-1
Michigan Tech	0-1	Upper Iowa	3-5
Minnesota, Crookston	9-1	Viterbo	1-0
Minnesota Duluth	3-5	Wayne State (Neb.)	3-6
MSU Moorhead	2-8	Winona State	2-7
Minnesota State	0-5	Wisconsin-Stout	1-1
Nebraska-Omaha	0-1	Wisconsin-Superior	1-1
North Dakota	0-4		
Northern Michigan	0-1		

BOWEN'S EXHIBITION RECORD (1-6)

Indiana	0-1
Minnesota	0-1
North Dakota	0-1
North Dakota State	0-1
Northern Iowa	0-1
Wisconsin	0-1
UW-River Falls	1-0

BOWEN'S MILESTONES AT BSU

- First game: Minnesota Duluth (11/15/06)
- First Win: at Minnesota, Crookston (1/6/07)
- First NSIC Win: at Minnesota, Crookston (1/6/07)
- First overtime win: vs. Minnesota, Crookston (1/5/08)
- First 100-point game: at No. 11 Northern State W, 100-93 2OT (Jan. 16)

THE BOWEN FILE

YEAR	SCHOOL	ASSIGNMENT	NOTABLE TEAM ACHIEVEMENTS
1990-91	INDIANA	STUDENT MANAGER	BIG TEN CHAMPION, NCAA TOURNAMENT
1991-92	INDIANA	STUDENT MANAGER	NCAA TOURNAMENT, FINAL FOUR
1992-93	INDIANA	STUDENT MANAGER	BIG TEN CHAMPION, NCAA TOURNAMENT, ELITE EIGHT
1993-94	INDIANA	STUDENT MANAGER	NCAA TOURNAMENT
1994-95	INDIANA	STUDENT MANAGER	
1995-96	ALABAMA-BIRMINGHAM	ASSISTANT COACH	
1996-97	ALABAMA-BIRMINGHAM	ASSISTANT COACH	NIT PARTICIPANT
1997-98	ALABAMA-BIRMINGHAM	ASSISTANT COACH	NIT PARTICIPANT
1998-99	ALABAMA-BIRMINGHAM	ASSISTANT COACH	NCAA TOURNAMENT, CONFERENCE USA DIVISION CHAMPS
1999-00	ALABAMA-BIRMINGHAM	ASSISTANT COACH	
2000-01	ALABAMA-BIRMINGHAM	ASSISTANT COACH	
2001-02	ALABAMA-BIRMINGHAM	ASSISTANT COACH	
2002-03	VALPARAISO	ASSISTANT COACH	NIT PARTICIPANT, MID-CONTINENT CONFERENCE CHAMPS
2003-04	VALPARAISO	ASSISTANT COACH	NCAA TOURNAMENT, MID-CONTINENT CONFERENCE CHAMPS
2004-05	VALPARAISO	ASSISTANT COACH	
2005-06	VALPARAISO	ASSISTANT COACH	
2006-07	BEMIDJI STATE	HEAD COACH	5-23 / 5-13 NSIC, NSIC TOURNAMENT
2007-08	BEMIDJI STATE	HEAD COACH	6-21 / 3-15 NSIC
2008-09	BEMIDJI STATE	HEAD COACH	8-19 / 6-14 NSIC; BEAT BACK-TO-BACK RANKED OPPONENTS
2009-10	BEMIDJI STATE	HEAD COACH	12-15 / 8-12 NSIC; SWEPT WINONA STATE
2010-11	BEMIDJI STATE	HEAD COACH	9-15 / 6-14 NSIC; BEAT SMSU FOR FIRST TIME

HEAD COACHING TOTALS - OVERALL: 40-93 NSIC: 28-68

BEMIDJI STATE MEN'S BASKETBALL



NUMERICAL ROSTER

No.	Name	Pos.	Ht.	Wt.	Yr.	Hometown (Last School)
2	Lance Rongstad	G	6-3	200	So.	Eleva, Wis. (Eleva-Strum HS)
3	Zach Noreen	F	6-6	228	Fr.	Avon, Minn. (Albany HS)
4	Maxie Rosenbloom	F	6-5	195	Fr.	St. Paul, Minn. (Johnson HS)
5	David Berthene	F	6-9	192	So.	Lakeville, Minn. (Lakeville North HS)
10	Jeff Whicker	G	6-0	163	Fr.	Ketchikan, Alaska (King HS)
11	Jake Lindstrom	G	6-0	180	Jr.	Cottage Grove, Minn. (Park HS)
12	Jon Krebs	G	6-5	200	So.	Mahtomedi, Minn. (Mahtomedi HS)
13	Patrick Cassidy	F	6-6	221	Sr.	St. Paul, Minn. (St. Bernard's HS)
14	Mason Walters	F	6-7	232	So.	Milton, Wis. (Milton HS)
15	Burke Lendl	G/F	6-7	200	So.	St. Michael, Minn. (Rogers HS)
24	Jake Schalow	G	6-4	175	Fr.	Kaukauna, Wis. (Kaukauna HS)
25	Noah Shepherd	G	6-3	183	So.	Minneapolis, Minn. (Washburn HS)
32	Bryce Tesdahl	G	6-3	195	Jr.	Crosby, Minn. (Crosby-Ironton HS)
34	James Ellisor	G	6-5	195	Jr.	Glendale, Ariz. (Glendale CC)
44	Ryan Kinnell	C	6-10	240	Jr.	Yuma, Ariz. (Glendale CC)

ALPHABETICAL ROSTER

No.	Name	Pos.	Ht.	Wt.	Yr.	Hometown (Last School)
5	David Berthene	F	6-9	192	So.	Lakeville, Minn. (Lakeville North HS)
13	Patrick Cassidy	F	6-6	221	Sr.	St. Paul, Minn. (St. Bernard's HS)
34	James Ellisor	F	6-5	195	Jr.	Glendale, Ariz. (Glendale CC)
44	Ryan Kinnell	C	6-10	240	Jr.	Yuma, Ariz. (Glendale CC)
12	Jon Krebs	G	6-5	200	So.	Mahtomedi, Minn. (Mahtomedi HS)
15	Burke Lendl	G/F	6-7	200	So.	St. Michael, Minn. (Rogers HS)
11	Jake Lindstrom	G	6-0	180	Jr.	Cottage Grove, Minn. (Park HS)
3	Zach Noreen	F	6-6	228	Fr.	Avon, Minn. (Albany HS)
2	Lance Rongstad	G	6-3	200	So.	Eleva, Wis. (Eleva-Strum HS)
4	Maxie Rosenbloom	F	6-5	195	Fr.	St. Paul, Minn. (Johnson HS)
24	Jake Schalow	G	6-4	175	Fr.	Kaukauna, Wis. (Kaukauna HS)
25	Noah Shepherd	G	6-3	183	So.	Minneapolis, Minn. (Washburn HS)
32	Bryce Tesdahl	G	6-3	195	Jr.	Crosby, Minn. (Crosby-Ironton HS)
14	Mason Walters	F	6-7	232	So.	Milton, Wis. (Milton HS)
10	Jeff Whicker	G	6-0	163	Fr.	Ketchikan, Alaska (King HS)

COACHING STAFF

Head Coach: Matt Bowen (Indiana '95), fifth season, 31-78 overall and 31-78 at Bemidji State University.

Assistant Coach: Ryan Montgomery (Hamline University '06), first season as assistant, third after graduate assistant (2008-10)

Graduate Assistant: Kevin Williamson (University of Great Falls '07), first season

Volunteer Assistants: Rick Bowen and Ed Cassidy

Athletic Trainer: Travis Shock

Support Staff: Dax Larson, Athletic Media Relations

PRONUNCIATION GUIDE

David BERTHENE - Birth-EEen

By CLASS

SENIORS (1)

Cassidy

JUNIORS (4)

Ellisor, Kinnell, Lindstrom,

Tesdahl

SOPHOMORES (6)

Berthene, Krebs, Lendl, Rong-

stad, Shepherd, Walters

FRESHMEN (4)

Noreen, Rosenbloom, Scha-

low, Whicker

By STATE

UNITED STATES (15)

ALASKA (1)

Whicker (Ketchikan)

ARIZONA (2)

Ellisor (Glendale)

Kinnell (Yuma)

MINNESOTA (9)

Berthene (Lakeville)

Cassidy (St. Paul)

Krebs (Mahtomedi)

Lendl (St. Michael)

Lindstrom (Cottage Grove)

Noreen (Avon)

Rosenbloom (St. Paul)

Shepherd (Minneapolis)

Tesdahl (Crosby)

WISCONSIN (3)

Rongstad (Eleva)

Schalow (Kaukauna)

Walters (Milton)

By HEIGHT

Ryan Kinnell 6-10

David Berthene 6-9

Burke Lendl 6-7

Mason Walters 6-7

Patrick Cassidy 6-6

Zach Noreen 6-6

James Ellisor 6-5

Jon Krebs 6-5

Maxie Rosenbloom 6-5

Jake Schalow 6-4

Lance Rongstad 6-3

Bryce Tesdahl 6-3

Noah Shepherd 6-2

Jake Lindstrom 6-0

Jeff Whicker 6-0

By POSITION

GUARDS (7)

Krebs, Lindstrom, Rongstad,

Schalow, Shepherd, Tesdahl,

Whicker

GUARD/FORWARDS (1)

Lendl

FORWARDS (6)

Berthene, Cassidy, Ellisor, Nor-

een, Rosenbloom, Walters

CENTERS (1)

Kinnell



BEMIDJI STATE MEN'S BASKETBALL

BEMIDJI STATE PLAYER SEASON/CAREER HIGHS

#13 Patrick Cassidy • Sr. • F • 6-6 • 209 • St. Paul, Minn.

Season	Career
Points:	22 at Minnesota Duluth (1/3) 26 vs. Minnesota Duluth (2/25/09)
FG made:	9 at Minnesota Duluth (1/3) 11, 2x, last vs. Minnesota Duluth, 2/25/09
FG attempts:	12 vs Minnesota State (2/19) 16 vs. Minnesota Duluth (2/25/09)
3Pt FG made:	3 at Jamestown (11/29) 3, 2x, last vs Jamestown College (11/29/10)
3Pt FG attempts:	3, 2x, last vs. Upper Iowa (12/11) 5 vs. MSU Moorhead (12/4/09)
FT made:	7 at Northern State (12/17) 7, 2x, last at Northern State (12/17/10)
FT attempts:	8 at Northern State (12/17) 8, 3x, last at Northern State (12/17/10)
Rebounds:	9 vs U-Mary (1/28) 13 vs. Minnesota, Crookston (01/05/08)
Assists:	4 vs SW Minnesota State (2/18) 4, 5x, last vs SW Minnesota State (2/18/11)
Steals:	2, 2x last at SW Minnesota State (1/22) 2, 10x, last at Northern State (12/17/10)
Blocked Shots:	3 vs Northern State (1/29) 3 vs Northern State (1/29/11)
Minutes:	35 vs Minnesota State (2/19) 47 vs. Minnesota Duluth (2/25/09)

#11 Jake Lindstrom • Jr. • G • 6-0 • 175 • Cottage Grove, Minn.

Season	Career
Points:	21 at Minnesota State (1/21) 25 vs. UW-River Falls (12/20/08)
FG made:	8 at Minnesota State (1/21) 8, 2x last at Minnesota State (1/21/11)
FG attempts:	14 at Minnesota State (1/21) 21 vs. UW-RF (12/20/08)
3Pt FG made:	4 at Minnesota State (1/21) 4 at Minnesota State (1/21/11)
3Pt FG attempts:	7 vs Wayne State (1/9) 10 at Dickinson State (1/6/09)
FT made:	3, 2x last vs UW-Stout (11/23) 8 at Minnesota Duluth (2/25/09)
FT attempts:	6 at Michigan Tech (11/16) 10 at Concordia University (1/9/09)
Rebounds:	4, 2x last vs Augustana (1/8) 7 at Dickinson State (1/6/09)
Assists:	4, 2x last at Minnesota, Crookston (2/11) 6 at Upper Iowa (12/13/09)
Steals:	2, 2x last vs U-Mary (1/28) 4 vs. Minnesota, Crookston (12/5/09)
Blocked Shots:	1 vs Minnesota Duluth (2/5) 1, 8x, last vs Minnesota Duluth (2/5/11)
Minutes:	34 at Minnesota State (1/21) 47 at Dickinson State (1/6/09)

#32 Bryce Tesdahl • Jr. • G • 6-3 • 195 • Crosby, Minn.

Season	Career
Points:	23 at Finlandia (11/17) 23 at Finlandia (11/17/10)
FG made:	7 at Minnesota Duluth (1/3) 7 at Minnesota Duluth (1/3/11)
FG attempts:	11, 3x, last vs Wayne State (1/9) 11, 4x, last at Minnesota Duluth (1/3/11)
3Pt FG made:	3, 3x, last vs. Wayne State (1/9) 3, 3x, last vs. Upper Iowa (12/11/10)
3Pt FG attempts:	5 vs UW-Stout (11/23) 6 at Northern Michigan (12/29)
FT made:	11, 2x, last at Jamestown (11/29) 11, 2x, last vs Jamestown (11/29/10)
FT attempts:	14 at Jamestown (11/29) 14 vs Jamestown (11/29/10)
Rebounds:	7, 2x last at SW Minnesota State (1/22) 10 vs. University of Mary (1/16/10)
Assists:	11 at Northern State (12/17) 11, 2x, last at Northern State (12/17/10)
Steals:	3, 3x last vs Minnesota State (2/19) 5, 2x, last at Minnesota, Crookston (2/13/10)
Blocked Shots:	1, 2x last at St. Cloud State (1/4) 1, 7x, last at Finlandia (11/17/10)
Minutes:	43 at St. Cloud State (1/4) 43, 3x, last at St. Cloud State (1/4/11)

#15 Burke Lendl • So. • F • 6-7 • 188 • St. Michael, Minn.

Season	Career
Points:	12 at Concordia St. Paul (1/15) 17 vs Finlandia (2/16/10)
FG made:	5 at Concordia St. Paul (1/15) 5, 2x last at Concordia St. Paul (1/15/11)
FG attempts:	9 at Concordia St. Paul (1/15) 9 at Concordia St. Paul (1/15/11)
3Pt FG made:	2, 2x, last at Minnesota Duluth (1/3) 2, 2x, last at Michigan Tech (11/16/10)
3Pt FG attempts:	4 at Michigan Tech (11/16) 4, at Michigan Tech (11/16/10)
FT made:	8 at Minnesota State (1/21) 5, vs Finlandia (2/16/10)
FT attempts:	8 at Minnesota State (1/21) 6, 2x, last vs UW-Stout (11/23/10)
Rebounds:	7 vs UW-Stout (11/23) 10 vs. Concordia Univ., St. Paul (2/5/10)
Assists:	3 at Concordia St. Paul (1/15) 4, at MSU Moorhead (2/12/10)
Steals:	2 at SW Minnesota State (1/22) 2, 4x, last at Minnesota State (1/22/11)
Blocked Shots:	3 vs Wayne State (1/9) 3 vs Wayne State (1/9/11)
Minutes:	33 at St. Cloud State (1/4) 33 at St. Cloud State (1/4/11)

#2 Lance Rongstad • So. • G • 6-3 • 200 • Eleva, Wis.

Season	Career
Points:	27 at St. Cloud State (1/4) 29 vs Winona State (2/20/10)
FG made:	8, 2x last vs SW Minnesota State (2/18) 8, 4x, last vs SW Minnesota State (2/18/11)
FG attempts:	19 at St. Cloud State (1/4) 19 at St. Cloud State (1/4/11)
3Pt FG made:	4, 2x last vs SW Minnesota State (2/18) 4, 2x last vs SW Minnesota State (2/18/11)
3Pt FG attempts:	5, 4x last vs SW Minnesota State (2/18) 5, 4x last vs SW Minnesota State (2/18/11)
FT made:	18 at Minnesota, Crookston (2/11) 18 at Minnesota, Crookston (2/11/11)
FT attempts:	20 at Minnesota, Crookston (2/11) 20 at Minnesota, Crookston (2/11/11)
Rebounds:	13 at Minnesota Duluth (1/3) 13 at Minnesota Duluth (1/3/11)
Assists:	2, 2x last at Minnesota Crookston (2/11) 5 at Winona State (12/12)
Steals:	2, 4x, last vs Northern State (1/29) 5 at Wayne State (2/27/10)
Blocked Shots:	1, 3x last vs Northern State (1/29) 2 vs Winona State (2/20/10)
Minutes:	39 vs. St. Cloud State (1/4) 42 at Winona State (12/12/09)

#34 James Ellisor • Jr. • F

Season	Career
Points:	28 vs Minnesota Duluth (2/5)
FG made:	11, 3x last at MSU Moorhead (2/12)
FG attempts:	18, 3x last vs. Minnesota State (2/18)
3Pt FG made:	2 vs SW Minnesota State (2/18)
3Pt FG attempts:	4, 2x, last at Northern State (12/17)
FT made:	9 at Michigan Tech (11/16)
FT attempts:	10 at Northern State (12/17)
Rebounds:	13 vs Wayne State (1/9)
Assists:	7 vs SW Minnesota State (2/18)
Steals:	3, 4x last vs Minnesota State (2/19)
Blocked Shots:	3 vs. Wayne State (1/9)
Minutes:	38, 2x last vs Minnesota State (2/18)

#44 Ryan Kinnell • Jr. • C

Season	Career
Points:	5 at Michigan Tech (11/16)
FG made:	2, 2x, last at Northern State (12/17)
FG attempts:	4, 2x, last at Northern State (12/17)
3Pt FG made:	1 at Michigan Tech (11/16)
3Pt FG attempts:	2 at Northern State (12/17)
FT made:	None
FT attempts:	None
Rebounds:	7 at Jamestown (11/29)
Assists:	1, 2x last vs SW Minnesota State (2/18)
Steals:	None
Blocked Shots:	2 at Jamestown (11/29)
Minutes:	20 at Northern State (12/17)

#3 Zach Noreen • Fr. • F

Season	Career
Points:	9 at Minnesota, Crookston (2/11)
FG made:	3 at Minnesota, Crookston (2/11)
FG attempts:	5 at Minnesota, Crookston (2/11)
3Pt FG made:	1 at Minnesota, Crookston (2/11)
3Pt FG attempts:	3 at MSU Moorhead (2/12)
FT made:	3, 2x last vs Minnesota State (2/19)
FT attempts:	4 vs Minnesota State (2/19)
Rebounds:	4 at Minnesota, Crookston (2/11)
Assists:	1, 2x last vs SW Minnesota State (2/18)
Steals:	2 vs SW Minnesota State (2/18)
Blocked Shots:	1 vs Minnesota Duluth (2/5)
Minutes:	23 at Minnesota, Crookston (2/11)

#4 Maxie Rosenbloom • Fr. • F

Season	Career
Points:	5, at Finlandia (11/17)
FG made:	1, 3x, last vs Minnesota Duluth (2/5)
FG attempts:	3 vs Minnesota Duluth (2/5)
3Pt FG made:	None
3Pt FG attempts:	None
FT made:	3, at Finlandia (11/17)
FT attempts:	5, at Finlandia (11/17)
Rebounds:	6, at Finlandia (11/17)
Assists:	1, at Finlandia (11/17)
Steals:	1, 2x last at Minnesota, Crookston (2/11)
Blocked Shots:	None
Minutes:	19, at Finlandia (11/17)

#24 Jake Schalow • Fr. • G

Season	Career
Points:	11, 2x last at Minnesota, Crookston (2/11)
FG made:	3, 3x last vs Minnesota State (2/19)
FG attempts:	7 at Northern State (12/17)
3Pt FG made:	3 at Minnesota, Crookston (2/11)
3Pt FG attempts:	6 at Northern State (12/17)
FT made:	3 at Northern State (12/17)
FT attempts:	3 at Northern State (12/17)
Rebounds:	3, 2x, last at Northern State (12/17)
Assists:	2, 4x, last at U-Mary (12/18)
Steals:	1, 3x, last vs Northern State (1/29)
Blocked Shots:	None
Minutes:	26, at Finlandia (11/17)

BEMIDJI STATE MEN'S BASKETBALL



BEMIDJI STATE PLAYER SEASON/CAREER HIGHS

#25 Noah Shepherd • So. • G • 6-2 • 167 • Minneapolis, Minn.

Season	Career
Points: 13, vs UW-Stout (11/23)	13, vs UW-Stout (11/23/10)
FG made: 6, vs UW-Stout (11/23)	6, vs UW-Stout (11/23/10)
FG attempts: 8, vs UW-Stout (11/23)	8, 2x, last vs UW-Stout (11/23/10)
3Pt FG made: 1, 2x, last vs UW-Stout (11/23)	2, 2x, last vs. Finlandia (2/16/10)
3Pt FG attempts: 3, vs UW-Stout (11/23)	3, 2x, last vs UW-Stout (11/23/10)
FT made: None	2, 3x, last vs. Finlandia (2/16/10)
FT attempts: None	4 vs St. Cloud State (2/6/10)
Rebounds: 2, 4x, last vs U-Mary (1/28)	4 vs St. Cloud State (2/6/10)
Assists: 3, 3x, last vs Minnesota, Crookston (12/4)	4, 2x, last vs Finlandia (2/16/10)
Steals: 1, 2x, last vs UW-Stout (11/23)	3 at Minnesota State (1/29/10)
Blocked Shots: None	1 at Minnesota State (1/29/10)
Minutes: 25, vs UW-Stout (11/23)	26 at Minnesota State (1/29/0)

#10 Jeff Whicker • Fr. • G

Season	Career
Points: 5, vs Minnesota, Crookston (12/4)	6-0 • 163 • Ketchikan, Alaska
FG made: 2, vs Minnesota, Crookston (12/4)	Points: 5, vs Minnesota, Crookston (12/4)
FG attempts: 3, vs Minnesota, Crookston (12/4)	FG made: 2, vs Minnesota, Crookston (12/4)
3Pt FG made: None	FG attempts: 3, vs Minnesota, Crookston (12/4)
3Pt FG attempts: 1, at Jamestown (11/29)	3Pt FG made: None
FT made: 1, vs Minnesota, Crookston (12/4)	3Pt FG attempts: 1, at Jamestown (11/29)
FT attempts: 2, vs Minnesota, Crookston (12/4)	FT made: 1, vs Minnesota, Crookston (12/4)
Rebounds: 1, at Finlandia (11/17)	FT attempts: 2, vs Minnesota, Crookston (12/4)
Assists: 1, vs Minnesota, Crookston (12/4)	Rebounds: 1, at Finlandia (11/17)
Steals: None	Assists: 1, vs Minnesota, Crookston (12/4)
Blocked Shots: None	Steals: None
Minutes: 9, vs Minnesota, Crookston (12/4)	Blocked Shots: None

#14 Mason Walters • So. • G/F • 6-7 • 200 • Milton, Wis.

Season	Career
Points: 19 at Minnesota Duluth (1/3)	19 at Minnesota Duluth (1/3/11)
FG made: 6, 4x, last vs Minnesota Duluth (2/5)	6, 4x, last vs Minnesota Duluth (2/5/11)
FG attempts: 13, 2x last at SW Minnesota State (1/22)	13, 2x last at SW Minnesota State (1/22/11)
3Pt FG made: 3, 3x, last vs. Winona State (12/10)	3, 3x, last vs. Winona State (12/10/10)
3Pt FG attempts: 6 vs U-Mary (1/28)	6 vs U-Mary (1/28/11)
FT made: 11 at Minnesota Duluth (1/3)	11 at Minnesota Duluth (1/3/11)
FT attempts: 16 at Minnesota Duluth (1/3)	16 at Minnesota Duluth (1/3/11)
Rebounds: 11 at Minnesota Duluth (1/3)	11 at Minnesota Duluth (1/3/11)
Assists: 5 at Minnesota Duluth (1/3)	5 at Minnesota Duluth (1/3/11)
Steals: 2, 2x last at Minnesota State (1/21)	2, 3x last t Minnesota State (1/21/11)
Blocked Shots: 2 vs. Winona State (12/10)	2 vs. Winona State (12/10/10)
Minutes: 33 at Minnesota Duluth (1/3)	33 at Minnesota Duluth (1/3/11)

BEMIDJI STATE - INDIVIDUAL GAME HIGHS

POINTS	28	Ellisor, James vs Minnesota Duluth (2/5/11)
	27	Ellisor, James vs Minnesota State (2/19/11)
	27	Rongstad, Lance at St. Cloud State University (1/4/11)
FIELD GOALS MADE	27	Ellisor, James at Northern State (12/17/10)
	11	Ellisor, James at MSU Moorhead (2/12/11)
	11	Ellisor, James vs Minnesota Duluth (2/5/11)
	11	Ellisor, James vs Winona State (12/10/10)
FIELD GOAL ATT	19	Rongstad, Lance at St. Cloud State University (1/4/11)
	18	Ellisor, James vs Minnesota State (2/19/11)
	18	Ellisor, James vs Minnesota Duluth (2/5/11)
	18	Ellisor, James vs Winona State (12/10/10)
FG PCT (min 5 made)	.900	9-10 Cassidy, Pat at Minnesota Duluth (01/03/11)
	.833	5-6 Ellisor, James at Minnesota, Crookston (02/11/11)
	.833	5-6 Rongstad, Lance vs Upper Iowa (12/11/10)
3 PT FG MADE	4	Rongstad, Lance vs Southwest Minnesota State (2/18/11)
	4	Lindstrom, Jake at Minnesota State (1/21/11)
	4	Rongstad, Lance at St. Cloud State University (1/4/11)
3 PT FG ATTEMPTS	7	Lindstrom, Jake vs WSCMBB (01/09/11)
	6	Walters, Mason vs University of Mary (1/28/11)
	6	Lindstrom, Jake at Minnesota State (1/21/11)
	6	Schalow, Jake at Northern State (12/17/10)
	6	Lindstrom, Jake vs UW-Stout (11/23/10)
3-PT FG PCT (min 3 made)	1.000	3-3 Tesdahl, Bryce at Concordia University, St. Paul (01/15/11)
	1.000	3-3 Cassidy, Pat at Jamestown College (11/29/10)
FREE THROWS MADE	18	Rongstad, Lance at Minnesota, Crookston (02/11/11)
	11	Walters, Mason at Minnesota Duluth (01/03/11)
	11	Tesdahl, Bryce at Jamestown College (11/29/10)
	11	Tesdahl, Bryce at Finlandia Lions (11/17/10)
FREE THROW ATT	20	Rongstad, Lance at Minnesota, Crookston (02/11/11)
	16	Walters, Mason at Minnesota Duluth (01/03/11)
FT PCT (min 6 made)	1.000	11-11 Tesdahl, Bryce at Finlandia Lions (11/17/10)
	1.000	9-9 Ellisor, James at Michigan Tech (11/16/10)
	1.000	8-8 Lendl, Burke at Minnesota State (1/21/11)
	1.000	7-7 Rongstad, Lance at St. Cloud State University (1/4/11)
	1.000	7-7 Rongstad, Lance vs MSU Moorhead (12/3/10)
	1.000	6-6 Rongstad, Lance vs Northern State (1/29/11)
	1.000	6-6 Rongstad, Lance vs University of Mary (1/28/11)
	1.000	6-6 Tesdahl, Bryce at Southwest Minnesota (1/22/11)
	1.000	6-6 Tesdahl, Bryce vs Minnesota, Crookston (12/4/10)
	1.000	6-6 Ellisor, James at Finlandia Lions (11/17/10)
REBOUNDS	13	Ellisor, James vs WSCMBB (01/09/11)
	13	Rongstad, Lance at Minnesota Duluth (01/03/11)
ASSISTS	11	Tesdahl, Bryce at Northern State (12/17/10)
	10	Tesdahl, Bryce vs Minnesota State (2/19/11)
	10	Tesdahl, Bryce at St. Cloud State University (1/4/11)
	10	Tesdahl, Bryce at Finlandia Lions (11/17/10)
STEALS	4	Ellisor, James at Minnesota State (1/21/11)
BLOCKED SHOTS	3	Cassidy, Pat vs Northern State (1/29/11)
	3	Ellisor, James vs WSCMBB (01/09/11)
	3	Lendl, Burke vs WSCMBB (01/09/11)



BEMIDJI STATE MEN'S BASKETBALL

Bemidji St. (9-15) Men's Basketball National Ranking Summary Thru Games

[Back to team selections](#)
[Northern Sun - All Teams](#)

Category	Rank	Actual	National Leader	Actual
Won-Lost Percentage (275 ranked)	209	37.5	West Liberty	100.0
Scoring Offense (275 ranked)	86	76.2	West Liberty	116.1
Scoring Defense (275 ranked)	219	75.9	Tarleton St.	52.2
Scoring Margin (275 ranked)	156	0.3	West Liberty	35.5
Field-Goal Percentage (275 ranked)	38	47.7	Pitt.-Johnstown	52.6
Field-Goal Percentage Defense (275 ranked)	214	45.7	Dixie St.	35.9
Three-Point Field Goals Per Game (275 ranked)	148	6.1	West Liberty	16.1
Three-Point Field-Goal Percentage (230 ranked)	104	35.4	West Liberty	43.9
Three Pt FG Defense (275 ranked)	222	36.2	Benedict	25.9
Free-Throw Percentage (275 ranked)	2	79.8	Findlay	80.5
Rebound Margin (275 ranked)	121	1.3	Southern Ind.	11.1
Assists Per Game (275 ranked)	123	13.6	West Liberty	26.2
Assist Turnover Ratio (275 ranked)	68	1.06	West Liberty	1.95
Blocked Shots Per Game (275 ranked)	219	2.2	S.C. Aiken	6.1
Steals Per Game (275 ranked)	252	5.4	West Liberty	15.4
Turnovers Per Game (275 ranked)	44	12.9	Mary	10.3
Turnover Margin (275 ranked)	231	-2.1	West Liberty	10.1
Personal Fouls Per Game (275 ranked)	134	19.1	Oakland City	12.7

Category	Player	Rank	Actual	National Leader	Actual
Points Per Game (500 ranked)	James Ellisor	100	17.3	Parrish West, Alas. Fairbanks	28.1
	Lance Rongstad	418	12.6		
Field-Goal Percentage (285 ranked)	James Ellisor	32	58.1	Roderick Williams, Morehouse	71.1
Three-Point Field Goals Per Game (500 ranked)				Jordan Fortney, West Liberty	4.2
Three-Point Field-Goal Percentage (73 ranked)				Jordan Fortney, West Liberty	50.0
Free-Throw Percentage (500 ranked)	Lance Rongstad	11	90.0	John Allen, W.Wash	92.9
	Bryce Tesdahl	120	81.2		
	Patrick Cassidy	174	78.9		
	James Ellisor	185	78.4		
	Mason Walters	402	69.7		
Rebounds Per Game (500 ranked)	James Ellisor	158	6.8	Marques Whippy, BYU-Hawaii	11.8
Assists Per Game (500 ranked)	Bryce Tesdahl	9	5.9	D.J. Ferguson, Flagler	9.0
Blocked Shots Per Game (500 ranked)	James Ellisor	234	0.8	Temi Adebayo, Philadelphia U.	4.0
Steals Per Game (500 ranked)	James Ellisor	163	1.6	Martavius Orr, Ft.Val	3.5
Assist Turnover Ratio (245 ranked)	Bryce Tesdahl	76	1.8	Brandon Jenkins, FlaSo	4.06

BEMIDJI STATE MEN'S BASKETBALL



2010-11 STATISTICS Overall Record: 9-15 NSIC: 6-14 Home: 4-8 Away: 5-7 Neutral: 0-0

##	Player	GP	GS	Pts	Avg	TOTAL			3-PTS			REBOUNDS				PF	FO	A	TO	Blk	Stl	Min	Avg			
						FG	FGA	Pct	3FG	FGA	Pct	FT	FTA	Pct	Off									Def	Tot	Avg
34	Ellisor, James	24	23	415	17.3	162	279	.581	15	43	.349	76	97	.784	57	107	164	6.8	59	2	32	49	19	38	769	32.0
	Conference-Only...	20	20	333	16.7	133	228	.583	12	33	.364	55	76	.724	48	85	133	6.7	51	1	27	39	17	34	640	32.0
02	Rongstad, Lance	20	10	251	12.6	70	157	.446	21	54	.389	90	100	.900	27	71	98	4.9	62	4	15	37	3	15	547	27.4
	Conference-Only...	19	10	246	12.9	69	154	.448	21	53	.396	87	96	.906	27	70	97	5.1	59	4	15	35	2	14	530	27.9
13	Cassidy, Pat	24	22	257	10.7	89	163	.546	8	28	.286	71	90	.789	25	73	98	4.1	53	2	37	28	8	13	657	27.4
	Conference-Only...	20	18	193	9.7	66	130	.508	4	23	.174	57	72	.792	19	59	78	3.9	45	2	32	22	6	13	551	27.6
14	Walters, Mason	24	17	241	10.0	78	185	.422	23	66	.348	62	89	.697	21	73	94	3.9	57	0	24	32	5	13	524	21.8
	Conference-Only...	20	16	215	10.8	69	165	.418	20	58	.345	57	81	.704	19	69	88	4.4	48	0	22	31	4	12	468	23.4
32	Tesdahl, Bryce	24	24	239	10.0	66	155	.426	25	60	.417	82	101	.812	17	70	87	3.6	67	2	142	79	2	23	800	33.3
	Conference-Only...	20	20	181	9.1	53	126	.421	18	47	.383	57	72	.792	14	59	73	3.7	58	2	116	62	1	22	678	33.9
11	Lindstrom, Jake	19	9	124	6.5	41	112	.366	20	62	.323	22	29	.759	4	21	25	1.3	32	0	29	19	1	11	421	22.2
	Conference-Only...	16	8	103	6.4	36	97	.371	17	52	.327	14	17	.824	3	16	19	1.2	27	0	25	15	1	9	361	22.6
15	Lendl, Burke	21	8	131	6.2	47	103	.456	12	34	.353	25	31	.806	20	51	71	3.4	49	3	18	34	9	6	410	19.5
	Conference-Only...	17	4	95	5.6	33	81	.407	9	26	.346	20	23	.870	17	36	53	3.1	39	3	12	26	7	4	313	18.4
24	Schalow, Jake	22	2	80	3.6	23	51	.451	17	42	.405	17	19	.895	4	19	23	1.0	21	0	12	5	0	3	256	11.6
	Conference-Only...	18	2	72	4.0	20	40	.500	15	33	.455	17	19	.895	4	14	18	1.0	18	0	8	5	0	3	189	10.5
03	Noreen, Zach	9	0	30	3.3	10	23	.435	2	10	.200	8	9	.889	3	10	13	1.4	7	0	2	3	1	3	85	9.4
	Conference-Only...	8	0	28	3.5	9	21	.429	2	10	.200	8	9	.889	3	9	12	1.5	7	0	2	3	1	3	84	10.5
25	Shepherd, Noah	14	3	22	1.6	10	17	.588	2	6	.333	0	0	.000	2	11	13	0.9	9	0	11	11	0	2	115	8.2
	Conference-Only...	10	0	0	0.0	0	3	.000	0	1	.000	0	0	.000	2	5	7	0.2	2	0	4	5	0	0	41	4.1
10	Whicker, Jeff	6	0	7	1.2	3	5	.600	0	1	.000	1	2	.500	0	1	1	0.2	1	0	1	0	0	0	16	2.7
	Conference-Only...	3	0	5	1.7	2	3	.667	0	0	.000	1	2	.500	0	0	0	0.0	0	0	1	0	0	0	11	3.7
44	Kinnell, Ryan	17	2	19	1.1	9	23	.391	1	7	.143	0	0	.000	6	28	34	2.0	25	2	2	4	4	0	142	8.4
	Conference-Only...	14	2	14	1.0	7	17	.412	0	4	.000	0	0	.000	4	18	22	1.6	18	2	2	1	0	1	111	7.9
04	Rosenbloom, Maxie	15	0	13	0.9	4	9	.444	0	0	.000	5	8	.625	4	10	14	0.9	17	1	1	6	0	2	83	5.5
	Conference-Only...	11	0	8	0.7	3	6	.500	0	0	.000	2	3	.667	2	5	7	0.6	10	0	0	4	0	2	48	4.4
	Total.....	24		1829	76.2	612	1282	.477	146	413	.354	459	575	.798	215	575	790	32.9	459	16	326	309	52	129	4825	
	Conference-Only...	20		1493	74.7	500	1071	.467	118	340	.347	375	470	.798	183	469	652	32.6	382	14	266	251	40	116	4025	
	Opponents.....	24		1821	75.9	639	1399	.457	170	469	.362	373	509	.733	253	506	759	31.6	476	11	292	259	56	147	4825	
	Conference-Only...	20		1510	75.5	523	1137	.460	149	394	.378	315	427	.738	201	432	633	31.7	391	9	238	220	49	121	4025	

SCORE BY PERIODS:

	1st	2nd	OT	Total
Bemidji State	860	955	14	1829
Opponents	844	959	18	1821

DEADBALL REBOUNDS:

	OFF	DEFTOTAL
Bemidji State	52	14 66
Opponents	54	14 68

2010-11 INDIVIDUAL GAME-BY-GAME STATISTICS

Opponent	Date	Result	Player Statistics															
			2 Lance Rongstad	3 Zach Noreen	4 Maxie Rosenbloom	10 Jeff Whicker	11 Jake Lindstrom	13 Patrick Cassidy	14 Mason Walters	15 Burke Lendl	24 Jake Schalow	25 Noah Shepherd	32 Bryce Tesdahl	34 James Ellisor	44 Ryan Kinnell			
at Michigan Tech	11/16/10	L, 101-88	DNP	DNP	0-1-0	0-0-0	3-1-0	19-5-1	13-2-0	10-2-1	2-1-2	3-2-3	8-2-3	25-6-0	5-1-0			
at Finlandia Lions	11/17/10	W, 84-63	DNP	2-1-0	5-6-1	2-1-0	DNP	13-3-1	4-1-0	9-3-2	3-3-2	2-1-0	23-4-10	21-6-0	0-4-0			
UW-STOUT	11/23/10	W, 89-87	DNP	DNP	0-0-0	DNP	13-4-3	18-5-1	8-1-1	10-7-1	3-1-0	13-2-3	11-5-7	13-11-3	DNP			
at Jamestown College	11/29/10	W, 75-60	5-1-0	DNP	0-0-0	0-0-0	5-1-1	14-7-2	1-2-1	7-6-2	0-0-0	4-1-1	16-3-6	23-8-2	0-7-0			
MSU MOORHEAD	12/3/10	L, 60-58	9-3-0	DNP	0-0-0	DNP	3-2-1	6-5-3	16-4-3	5-3-0	DNP	0-0-0	12-4-8	7-7-0	0-0-0			
MINNESOTA, CROOKSTON	12/4/10	W, 88-63	6-0-1	4-2-0	2-3-0	5-0-1	9-1-4	15-4-2	15-4-2	6-3-0	2-2-2	0-1-3	8-4-1	14-6-3	2-2-1			
WINONA STATE	12/10/10	L, 71-62	10-5-1	DNP	DNP	DNP	2-0-0	8-2-0	16-5-0	4-2-0	DNP	0-2-1	0-4-8	22-3-2	0-5-0			
UPPER IOWA	12/11/10	L, 83-80	22-8-1	DNP	DNP	DNP	3-1-1	13-2-3	3-2-0	0-2-0	0-0-0	0-1-0	16-2-5	21-11-1	2-1-0			
at Northern State	12/17/10	W, 92-86	14-5-1	DNP	0-1-0	DNP	DNP	12-4-0	15-6-0	2-3-0	11-3-0	0-0-0	7-3-11	27-6-0	4-5-0			
at University of Mary	12/18/10	L, 78-56	2-2-1	DNP	DNP	DNP	DNP	11-4-0	10-4-0	6-2-0	3-2-2	DNP	11-4-3	11-4-0	2-4-0			
at Minnesota Duluth	1/3/11	W, 101-76	11-13-1	0-0-0	0-0-0	0-0-0	8-1-1	22-5-2	19-11-5	10-4-2	2-2-0	0-0-0	15-2-5	12-4-0	2-0-0			
AUGUSTANA	1/8/11	L, 69-67	0-7-0	DNP	DNP	DNP	15-4-1	6-3-2	11-3-1	4-5-2	6-2-0	DNP	11-3-3	14-4-0	DNP			
WAYNE STATE	1/9/11	W, 63-53	17-6-1	DNP	DNP	DNP	13-0-3	2-3-3	5-5-1	4-5-2	3-0-0	DNP	5-5-6	14-13-1	0-2-0			
at St. Cloud State	1/14/11	L, 92-88 ot	27-5-1	DNP	DNP	DNP	4-2-0	3-1-1	17-6-2	10-5-0	1-0-0	DNP	12-4-10	14-8-1	0-1-0			
at Concordia University	1/15/11	L, 79-73	6-6-1	DNP	DNP	DNP	3-2-3	9-3-1	10-4-1	12-3-3	5-1-0	DNP	13-4-6	15-9-2	0-1-0			
at Minnesota State	1/21/11	L, 87-83	6-6-2	DNP	DNP	DNP	21-3-1	18-5-0	0-3-1	10-0-0	0-1-0	DNP	10-7-9	17-4-6	DNP			
at Southwest Minnesota State	1/22/11	L, 78-62	4-2-0	DNP	4-0-0	DNP	5-0-1	10-2-1	17-5-0	6-3-1	0-0-0	DNP	9-7-6	5-7-0	2-1-0			
UNIVERSITY OF MARY	1/28/11	L, 71-60	16-5-0	DNP	0-0-0	DNP	0-0-0	4-9-2	13-5-1	7-4-0	0-0-1	0-2-0	4-3-4	16-6-1	DNP			
NORTHERN STATE	1/29/11	L, 84-82	22-3-0	2-0-1	0-0-0	DNP	7-1-2	11-5-3	4-2-0	5-3-2	4-2-1	0-0-0	13-4-5	14-8-0	DNP			
MINNESOTA DULUTH	2/5/11	L, 89-75	DNP	0-0-0	2-1-0	DNP	4-0-2	8-4-1	18-2-0	4-5-0	4-0-1	0-1-0	7-4-6	28-3-1	DNP			
at Minnesota, Crookston	2/11/11	W, 85-78	22-7-2	9-4-0	0-0-0	DNP	2-2-4	5-4-0	9-5-3	DNP	11-2-0	DNP	12-2-0	15-8-0	DNP			
at MSU Moorhead	2/12/11	L, 70-62	13-5-0	5-1-0	DNP	DNP	4-0-1	5-5-2	6-7-1	DNP	3-1-1	DNP	4-2-5	22-8-1	0-0-0			
SOUTHWEST MINNESOTA STATE	2/18/11	W, 84-66	25-5-1	3-3-1	0-0-0	0-0-0	DNP	12-2-4	8-5-0	0-1-0	8-0-0	0-0-0	10-2-5	18-9-7	0-0-1			
MINNESOTA STATE	2/19/11	L, 77-73	14-4-1	5-2-0	0-2-0	DNP	DNP	13-6-2	3-0-1	DNP	9-0-0	DNP	2-3-10	27-5-1	0-0-0			



BEMIDJI STATE MEN'S BASKETBALL

2010-11 RESULTS AND INDIVIDUAL LEADERS

Date	Opponent	Result	Record			Attn	Individual Highs				
			Streak	Ov/NSIC	Attn		Points	Rebounds	Assists	Steals	Blocks
11/16/10	at Michigan Tech	L, 101-88	L-1	1-0	765	25-Ellisor	6-Ellisor	3-Shepherd Tesdahl	1-Lendl Shepherd	1-Lendl Ellisor	
11/17/10	at Finlandia University	W, 84-63	W-1	1-1	200	23-Tesdahl	6-Rosenbloom Ellisor	10-Tesdahl	1-Three with	1-Four with	
11/23/10	UW-STOUT	W, 89-87	W-2	2-1	938	18-Cassidy	11-Ellisor	7-Tesdahl	2-Lindstrom	1-Cassidy Walters	
11/30/10	at Jamestown College	W, 75-60	W-3	3-1	---	23-Ellisor	8-Ellisor	6-Tesdahl	2-Ellisor	2-Kinnell	
12/3/10	MSU MOORHEAD	L, 60-58	L-1	3-2 / 0-1	844	16-Walters	7-Ellisor	8-Tesdahl	2-Ellisor	1-Ellisor	
12/4/10	MINNESOTA, CROOKSTON	W, 88-63	W-1	4-2 / 1-1	867	15-Walters Cassidy, Pat	6-Ellisor	4-Lindstrom	1-Lindstrom Rosenbloom	1-Ellisor	
12/10/10	WINONA STATE	L, 71-62	L-1	4-3 / 1-2	867	22-Ellisor	5-Three with	8-Tesdahl	2-Rongstad	2-Ellisor Walters	
12/11/10	UPPER IOWA	L, 83-80	L-2	4-4 / 1-3	831	22-Rongstad	11-Ellisor	5-Tesdahl	2-Ellisor Tesdahl	None	
12/17/10	at Northern State	W, 92-86	W-1	5-4 / 2-3	2633	27-Ellisor	6-Walters Ellisor	11-Tesdahl	3-Ellisor Tesdahl	1-Ellisor	
12/18/10	at University of Mary	L, 78-56	L-1	5-5 / 2-4	1254	11-Three with	4-Five with	3-Tesdahl, Bryc	2-Three with	1-Lendl Kinnell	
1/3/11	at Minnesota Duluth	W, 101-76	W-1	6-5 / 3-4	424	22-Cassidy	13-Rongstad	5-Walters Tesdahl	2-Cassidy	1-Ellisor Lendl	
1/8/11	AUGUSTANA	L, 69-67	L-1	6-6 / 3-5	876	15-Lindstrom	7-Rongstad	3-Tesdahl	3-Ellisor	2-Ellisor	
1/9/11	WAYNE STATE	W, 63-53	W-1	7-6 / 4-5	769	17-Rongstad	13-Ellisor	6-Tesdahl	2-Walters Ellisor	3-Ellisor Lendl	
1/14/11	at St. Cloud State	L, 92-88 ot	L-1	7-7 / 4-6	2556	27-Rongstad	8-Ellisor	10-Tesdahl	3-Tesdahl Ellisor	1-Ellisor	
1/15/11	at Concordia University	L, 79-73	L-2	7-8 / 4-7	780	15-Ellisor	9-Ellisor	6-Tesdahl	2-Ellisor	1-Tesdahl Ellisor	
1/21/11	at Minnesota State	L, 87-82	L-3	7-9 / 4-8	1483	21-Lindstrom	7-Tesdahl	9-Tesdahl	4-Ellisor	1-Three with	
1/22/11	at Southwest Minnesota State	L, 78-62	L-4	7-10 / 4-9	1644	17-Walters	7-Ellisor Tesdahl	6-Tesdahl	2-Three with	None	
1/28/11	UNIVERSITY OF MARY	L, 71-60	L-5	7-11 / 4-10	859	16-Ellisor Rongstad	9-Cassidy	4-Tesdahl	2-Lindstrom Rongstad	1-Ellisor	
1/29/11	NORTHERN STATE	L, 84-82	L-6	7-12 / 4-11	829	22-Rongstad	8-Ellisor	5-Tesdahl	2-Rongstad	3-Cassidy	
2/5/11	MINNESOTA DULUTH	L, 89-75	L-7	7-13 / 4-12	884	28-Ellisor	5-Lendl	6-Tesdahl	1-Four with	2-Ellisor	
2/11/11	at Minnesota, Crookston	L, 85-78	W-1	8-13 / 5-12	311	22-Rongstad	8-Ellisor	4-Lindstrom	2-Ellisor	None	
2/12/11	at MSU Moorhead	L, 70-62	L-1	8-14 / 5-13	---	22-Ellisor	8-Ellisor	5-Tesdahl	2-Ellisor	None	
2/18/11	SW MINNESOTA STATE	W, 84-66	W-1	9-14 / 6-13	803	25-Rongstad	9-Ellisor	7-Ellisor	2-Noreen	1-Ellisor Walters	
2/19/11	MINNESOTA STATE	L, 77-73	L-1	9-15 / 6-14	957	27-Ellisor	6-Cassidy	10-Tesdahl	3-Ellisor Tesdahl	1-Cassidy	

TEAM GAME-BY-GAME COMPARISON

Opponent	1st	2nd	Score	Mar	Total FG	FG Pct	3-Pointers	3FG Pct	F-Throws	FT Pct	Rebounds	Assist	TO	Blk	Stl	Fouls
Michigan Tech	31/49	57/52	88-101	(13)	29-54/36-68	.537/.529	8-17/6-15	.471/.400	22-29/23-31	.759/.742	27/37 (10)	10/15	15/11	2/2	2/9	27/25
Finlandia Lions	39/27	45/36	84-63	+21	27-50/23-57	.540/.404	4-15/3-15	.267/.200	26-29/14-20	.897/.700	36/27 +9	16/9	15/12	4/3	3/4	19/22
UW-STOUT	44/42	45/45	89-87	+2	33-63/36-73	.524/.493	9-24/7-26	.375/.269	14-18/8-9	.778/.889	37/33 +4	19/18	13/8	2/2	4/8	12/15
Jamestown College	42/33	33/27	75-60	+15	23-44/21-64	.523/.328	7-17/5-19	.412/.263	22-29/13-22	.759/.591	38/29 +9	15/12	15/8	4/0	4/5	19/23
MSU MOORHEAD	26/23	32/37	58-60	(2)	18-44/23-68	.409/.338	7-19/3-19	.368/.158	15-18/11-17	.833/.647	31/44 (13)	15/5	14/7	1/2	5/10	21/15
MINNESOTA, CROOKSTON	45/32	43/31	88-63	+25	33-62/24-65	.532/.369	3-16/5-19	.188/.263	19-20/10-13	.950/.769	37/30 +7	20/10	12/11	1/4	2/7	14/18
WINONA STATE	29/38	33/33	62-71	(9)	24-56/27-64	.429/.422	5-18/11-29	.278/.379	9-10/6-11	.900/.545	29/41 (12)	12/15	13/11	4/2	5/7	14/11
UPPER IOWA	40/38	40/45	80-83	(3)	25-48/29-56	.521/.518	6-15/9-27	.400/.333	24-28/16-25	.857/.640	30/27 +3	11/19	15/10	0/4	5/5	21/23
Northern State	28/33	64/53	92-86	+6	27-53/24-63	.509/.381	4-20/8-26	.200/.308	34-44/30-44	.773/.682	41/36 +5	12/11	20/13	1/0	7/11	28/30
University of Mary	23/41	33/37	56-78	(22)	18-46/32-54	.391/.593	4-12/10-19	.333/.526	16-25/4-5	.640/.800	26/31 (5)	6/14	9/12	2/2	7/2	15/20
Minnesota Duluth	51/43	50/33	101-76	+25	35-53/25-72	.660/.347	3-14/9-25	.214/.360	28-37/17-19	.757/.895	45/28 +17	16/18	13/7	2/0	3/8	15/24
AUGUSTANA	35/32	32/37	67-69	(2)	23-57/26-57	.404/.456	8-20/4-13	.400/.308	13-22/13-18	.591/.722	33/41 (8)	9/6	9/10	3/0	6/3	17/19
WAYNE STATE	35/28	28/25	63-53	+10	22-55/21-53	.400/.396	8-18/4-20	.444/.200	11-15/7-9	.733/.778	42/27 +15	17/5	16/13	7/2	7/12	13/17
St. Cloud State	35/41	39/33	88-92	(4)	29-64/30-61	.453/.492	9-14/9-21	.643/.429	21-26/23-29	.808/.793	36/36 -	15/16	12/12	1/9	9/8	24/23
Concordia University	38/32	35/47	73-79	(6)	28-64/29-57	.438/.509	9-27/10-21	.333/.476	8-10/11-23	.800/.478	34/37 (3)	17/15	9/12	2/7	4/6	17/12
Minnesota State	41/46	41/41	82-87	(5)	29-55/28-55	.527/.509	7-13/5-17	.538/.294	17-22/26-31	.773/.839	32/28 +4	19/11	16/12	3/4	10/8	23/16
Southwest Minnesota State	35/33	27/45	62-78	(16)	18-57/27-48	.316/.563	5-20/9-18	.250/.500	21-26/15-22	.808/.682	31/37 (6)	9/13	9/15	0/2	7/3	19/20
UNIVERSITY OF MARY	26/32	34/39	60-71	(11)	20-54/28-55	.370/.509	6-22/6-17	.273/.353	14-14/9-12	.000/.750	35/26 +9	9/9	18/11	1/2	6/5	18/16
NORTHERN STATE	41/36	41/48	82-84	(2)	26-48/20-51	.542/.392	4-15/5-14	.267/.357	26-31/39-49	.839/.796	31/32 (1)	14/7	15/11	5/0	7/3	33/26
MINNESOTA DULUTH	32/50	43/39	75-89	(14)	27-53/32-66	.509/.485	4-16/13-28	.250/.464	17-20/12-16	.850/.750	24/38 (14)	11/20	7/6	4/1	4/4	12/17
Minnesota, Crookston	39/32	46/46	85-78	+7	20-44/26-52	.455/.500	5-12/4-14	.417/.286	40-49/22-29	.816/.759	37/23 +14	9/11	14/12	0/3	4/6	27/35
MSU Moorhead	32/28	30/42	62-70	(8)	23-57/23-49	.404/.469	2-15/13-24	.133/.542	14-18/11-17	.778/.647	29/28 +1	11/12	5/7	0/3	4/2	15/14
SOUTHWEST MINNESOTA STATE	37/18	47/48	84-66	+18	28-47/24-50	.596/.480	14-19/4-11	.737/.364	14-18/14-16	.778/.875	27/20 +7	19/12	14/12	2/2	4/9	16/18
MINNESOTA STATE	36/37	37/40	73-77	(4)	27-54/25-41	.500/.610	5-15/8-12	.333/.667	14-17/19-22	.824/.864	22/23 (1)	15/9	11/16	1/0	10/2	20/17

BEMIDJI STATE MEN'S BASKETBALL



Bemidji State Category Leaders

FIELD GOAL PERCENT

	Made	Att	FG Pct
Ellisor, James	162	279	.581
Cassidy, Pat	89	163	.546
Lendl, Burke	47	103	.456
Schalow, Jake	23	51	.451
Rongstad, Lance	70	157	.446

FIELD GOAL ATTEMPTS

	G	Att	Att/G
Ellisor, James	24	279	11.6
Walters, Mason	24	185	7.7
Cassidy, Pat	24	163	6.8
Rongstad, Lance	20	157	7.9
Tesdahl, Bryce	24	155	6.5

FIELD GOALS MADE

	G	Made	Made/G
Ellisor, James	24	162	6.8
Cassidy, Pat	24	89	3.7
Walters, Mason	24	78	3.3
Rongstad, Lance	20	70	3.5
Tesdahl, Bryce	24	66	2.8

3-POINT FG PERCENT

	Made	Att	3FG Pct
Tesdahl, Bryce	25	60	.417
Schalow, Jake	17	42	.405
Rongstad, Lance	21	54	.389
Lendl, Burke	12	34	.353
Ellisor, James	15	43	.349
Walters, Mason	23	66	.348

3-POINT FG ATTEMPTS

	G	Att	Att/G
Walters, Mason	24	66	2.8
Lindstrom, Jake	19	62	3.3
Tesdahl, Bryce	24	60	2.5
Rongstad, Lance	20	54	2.7
Ellisor, James	24	43	1.8

3-POINT FGS MADE

	G	Made	Made/G
Tesdahl, Bryce	24	25	1.0
Walters, Mason	24	23	1.0
Rongstad, Lance	20	21	1.1
Lindstrom, Jake	19	20	1.1
Schalow, Jake	22	17	0.8

FREE THROW PERCENT

	Made	Att	FT Pct
Rongstad, Lance	90	100	.900
Tesdahl, Bryce	82	101	.812
Lendl, Burke	25	31	.806
Cassidy, Pat	71	90	.789
Ellisor, James	76	97	.784

FREE THROW ATTEMPTS

	G	Att	Att/G
Tesdahl, Bryce	24	101	4.2
Rongstad, Lance	20	100	5.0
Ellisor, James	24	97	4.0
Cassidy, Pat	24	90	3.8
Walters, Mason	24	89	3.7

FREE THROWS MADE

	G	Made	Made/G
Rongstad, Lance	20	90	4.5
Tesdahl, Bryce	24	82	3.4
Ellisor, James	24	76	3.2
Cassidy, Pat	24	71	3.0
Walters, Mason	24	62	2.6

SCORING

	G	Pts	Pts/G
Ellisor, James	24	415	17.3
Cassidy, Pat	24	257	10.7
Rongstad, Lance	20	251	12.6
Walters, Mason	24	241	10.0
Tesdahl, Bryce	24	239	10.0

SCORING AVERAGE

	G	Pts	Avg/G
Ellisor, James	24	415	17.3
Rongstad, Lance	20	251	12.6
Cassidy, Pat	24	257	10.7
Walters, Mason	24	241	10.0
Tesdahl, Bryce	24	239	10.0

REBOUNDS

	G	Reb	Reb/G
Ellisor, James	24	164	6.8
Rongstad, Lance	20	98	4.9
Cassidy, Pat	24	98	4.1
Walters, Mason	24	94	3.9
Tesdahl, Bryce	24	87	3.6

REBOUND AVERAGE

	G	Reb	Avg/G
Ellisor, James	24	164	6.8
Rongstad, Lance	20	98	4.9
Cassidy, Pat	24	98	4.1
Walters, Mason	24	94	3.9
Tesdahl, Bryce	24	87	3.6

DEFENSIVE REBOUNDS

	G	No.	Avg/G
Ellisor, James	24	107	4.5
Cassidy, Pat	24	73	3.0
Walters, Mason	24	73	3.0
Rongstad, Lance	20	71	3.6
Tesdahl, Bryce	24	70	2.9

OFFENSIVE REBOUNDS

	G	No.	Avg/G
Ellisor, James	24	57	2.4
Rongstad, Lance	20	27	1.4
Cassidy, Pat	24	25	1.0
Walters, Mason	24	21	0.9
Lendl, Burke	21	20	1.0

ASSISTS

	G	Ast	Ast/G
Tesdahl, Bryce	24	142	5.9
Cassidy, Pat	24	37	1.5
Ellisor, James	24	32	1.3
Lindstrom, Jake	19	29	1.5
Walters, Mason	24	24	1.0

STEALS

	G	Stl	Stl/G
Ellisor, James	24	38	1.6
Tesdahl, Bryce	24	23	1.0
Rongstad, Lance	20	15	0.8
Walters, Mason	24	13	0.5
Cassidy, Pat	24	13	0.5

BLOCKED SHOTS

	G	Blk	Blk/G
Ellisor, James	24	19	0.8
Lendl, Burke	21	9	0.4
Cassidy, Pat	24	8	0.3
Walters, Mason	24	5	0.2
Kinnell, Ryan	17	4	0.2

MINUTES PLAYED

	G	Min	Min/G
Tesdahl, Bryce	24	800	33.3
Ellisor, James	24	769	32.0
Cassidy, Pat	24	657	27.4
Rongstad, Lance	20	547	27.4
Walters, Mason	24	524	21.8

TURNOVERS

	G	No.	Avg/G
Tesdahl, Bryce	24	79	3.3
Ellisor, James	24	49	2.0
Rongstad, Lance	20	37	1.9
Lendl, Burke	21	34	1.6
Walters, Mason	24	32	1.3

PERSONAL FOULS

	G	No.	Avg/G
Tesdahl, Bryce	24	67	2.8
Rongstad, Lance	20	62	3.1
Ellisor, James	24	59	2.5
Walters, Mason	24	57	2.4
Cassidy, Pat	24	53	2.2

FOULOUTS

	G	No.
Rongstad, Lance	20	4
Lendl, Burke	21	3
Kinnell, Ryan	17	2
Cassidy, Pat	24	2
Ellisor, James	24	2
Tesdahl, Bryce	24	2