



Bemidji State Soccer

2009 Schedule

August

27	at Wisconsin-Parkside	Canceled
28	at Cardinal Stritch	W 7-0

September

4	at Northwestern (IA) College	W 7-0
5	at Dordt College	L 1-0
8	at Minnesota, Crookston	W 5-1
11	Jamestown College	W 5-0
19	# 6 Minnesota State *	1:00 p.m.
20	SW Minnesota St. *	1:00 p.m.
25	at Minnesota, Crookston *	3:00 p.m.
27	at MSU Moorhead *	1:00 p.m.

October

2	at Upper Iowa *	3:00 p.m.
4	at Winona State *	1:00 p.m.
10	St. Cloud State * #	1:00 p.m.
11	Concordia-St. Paul *	1:00 p.m.
17	at U-Mary *	11:00 a.m.
18	at Northern State *	1:00 p.m.
23	Minnesota Duluth *	3:00 p.m.
25	at Wisconsin-Superior	3:00 p.m.
30	Augustana College *	3:00 p.m.

November

1	Wayne State College * %	1:00 p.m.
4	NSIC Quarterfinals♦	TBA
7	NSIC Semifinals	TBA
8	NSIC Championship	TBA

All times Central

Home games in bold

* = Conference Matches

^ = Scrimmages/Community Night

= Parent's Weekend

% = Senior Day

♦ = Higher seed hosts

BSU kicks off NSIC play with two home games

Soccer Notebook

- Bemidji State University will entertain Minnesota State University and Southwest Minnesota University this weekend as the Beavers begin conference play.
- The past week saw the Beavers outscore their opponents 10-1. So far this season the Beavers have outscored their opponents 24-2. The only goals allowed have come on penalty kicks.
- **Kirsten Erickson** (So., Coon Rapids, Minn.) tied a school record for most assists in a game (3 assists) at Crookston this past Tuesday. She also picked up a goal in the game and now sits in second on the team with 10 points, 3G 4A.
- **Ashlee Ellefsen** (Jr., Hugo, Minn.) scored her first goals of the season this past week, scoring one at Crookston, and one against Jamestown. She also picked up three more assist in the two games wo bring her season total to five. She's currently third on the team with nine points.
- **Brianna Duff** (So., Ramsey, Minn.) currently leads the NSIC in goals scored, six, and in points, 15. She has been averaging 1.20 goals a game.
- **Rachel Gustafson** (So., Ham Lake, Minn.) scored her first-collegiate goal during the home opener against Jamestown on Friday. She also had her first assist two weeks ago at Northwestern (IA) College.
- **Yesenia Garcia** (Jr., Great Bend, Kan.) also scored her first goal as a Beaver in the Minnesota, Crookston game. In the same game she picked up an assist which brings her season totals to five points, 1G 3A.
- **Samantha Ross** (Jr. Stillwater, Minn.) (2-0) is encroaching on a team record set by former goalkeeper Kari Torgerson in 2004. Ross hasn't allowed a goal in the last 425:33 minutes that she has been in net. The record is set at 429:03. She won her second game of the season on Tuesday when she started against Minnesota, Crookston. She made three saves in the win. On Friday she played the second half of the game recorded two more saves.
- **Abby Kjonaas** (So. Fargo, N.D.) (2-1) picked up her second win of the season as she started against Jamestown on Friday where. On Tuesday she played the second half against Minnesota, Crookston making five saves.

Bemidji State Roster

No.	Name	Pos.	Yr.	Ht.	Hometown	Notes
0	Abby Kjonaas	GK	So.	5-7	Fargo, N.D.	Has eight saves this season
1	Samantha Ross	GK	Jr.	5-7	Stillwater, Minn.	Hasn't allowed a goal in last 425:33 min
2	Alex Petes	M	Fr.	5-2	Yorba Linda, Calif.	Started against CSU, one SOG
3	Jamie Ford (C)	F	Sr.	5-5	Edina, Minn.	Tied 3rd all-time with 23 goals
4	Ashlee Ellefsen	F/M	Jr.	5-8	Hugo, Minn.	2G, 3A in past two games
5	Sara Dalton	D/M/F	Jr.	5-3	St. Cloud, Minn.	Recorded first career point (1A) at CSU
6	Kathryn Bjorge	D/M	So.	5-7	Prior Lake, Minn.	Got first career goal against Jamestown
7	Jenny Stromberg	M/F	Jr.	5-2	Elk River, Minn.	2 shots on goal against Jamestown
8	Maddie Pletta (C)	D	Sr.	5-8	Rochester, Minn.	Has started 30 consecutive games
9	Brianna Duff	M	So.	5-6	Ramsey, Minn.	Leads NSIC with 15 points(6G 3A)
10	Bethany Fluto	F/M	So.	5-6	Bemidji, Minn.	2 shots on goal against Jamestown
11	Kara Annoni	D	Fr.	5-4	Hermantown, Minn.	Has seen action in all 5 games
12	Alysha Domiano	D	Jr.	5-8	Dayton, Minn.	2nd on team in minutes played, 317
13	Mallory Lowe	D	Fr.	5-3	Lino Lakes, Minn.	Has seen action in all 5 games
14	Yesenia Garcia	F/M	Jr.	5-7	Great Bend, Kan.	Scored first goal as a Beaver at UMC
16	Kelly Pointon	D	So.	5-7	Woodbury, Minn.	Scored first collegiate goal at UMC
17	Tiffany VanHaften	M/D	Fr.	5-8	Chaska, Minn.	Leads freshman in minutes played, 270
18	Kara Smyth	M	Jr.	5-3	Cary, Ill.	3 GP with 4 shots on goal
19	Rachel Gustafson	M/D	So.	5-4	Ham Lake, Minn.	First career goal against Jamestown
20	Analey Skog	F	So.	5-3	St. Francis, Minn.	8 points in first two games, 3G 2A
21	Bri Scanlan	M	So.	5-5	East Grand Forks, Minn.	Currently has 6 points, 2G 2A
22	Kari McAllen	D	So.	5-8	Fargo, N.D.	1 SOG at Dordt, 1G & 1A on season
23	Linsey Olesiak (C)	D	Sr.	5-9	Hermantown, Minn.	Started all 5 games this season
25	Kirsten Erickson	D/M	So.	5-4	Coon Rapids, Minn.	Tied team record for assists in game, 3
27	Kim Sorteberg	M	Sr.	5-8	Anoka, Minn.	Leads team with minutes played, 336

Head Coach: Jim Stone

Assistan Coaches: Jessica Ploeger & Kate McArthur

Head Coach Jim Stone



On July 23, 2002, Bemidji State University took an integral step toward developing a competitive women's soccer program with the hiring of Jim Stone as head coach. The BSU soccer program had never won more than the four

victories Stone's squad achieved in 2002.

Stone has the highest win percentage in BSU history (.480), along with the most wins (51). He is the only coach in BSU soccer history with a record higher than .500 in conference play (.509).

The 2005 season was a record-breaking year for the Beavers. As a team BSU set or tied numerous records, including most wins (12) and most shutouts (10) in a season. The Beavers were also the 12th most improved team in the nation that year.

Under Stone's guidance BSU has been well represented on the NSIC All-Conference teams and garnered its first ever All-American in 2005. Juniors Ashlee Ellefsen (Hugo, Minn.) and Alysha Domiano (Dayton, Minn.) both garnered post-season honors during their freshman campaigns, with Ellefsen being named to the All-NSIC Second Team and Domiano earning All-NSIC Honorable Mention honors. Ellefsen was then named All-NSIC Third Team, Daktronics First-Team All-Region, and Daktronics All-America Honorable Mention in her sophomore year.

Domiano (2008 third team), Megan Wallner (2007 third team), Erin Foss (2005 second team) and Cristina Egnell (2004 third team, 2005 first team) have all been named to CoSIDA Academic All-District squads under Stone's tutelage.

Stone year-by-year

Year	School	Record
2002	Bemidji State	4-12-0
2003	Bemidji State	5-13-1
2004	Bemidji State	11-12-0
2005	Bemidji State	12-4-7
2006	Bemidji State	10-6-2
2007	Bemidji State	9-9-3
2008	Bemidji State	12-7-1
2009	Bemidji State	3-1-0
Totals		67-64-14 (.510)

vs NSIC: 32-32-6 (.500)
at BSU Soccer Field: 29-21-6 (.571)

Scouting Minnesota State

- The Minnesota State soccer team, which was picked as the favorite to win the league by the Northern Sun Intercollegiate Conference, is now at to #6 in the NSCAA/adidas Division II.
- The Mavericks are currently 4-0 on the season, out scoring their opponents 11-1.
- MSU took last weekend off from competition and the game at Bemidji will be their first game in two weeks.
- Minnesota State is currently winless against Bemidji State going 4-0 in the history between the two teams. Last year was the first meeting in 10 years and saw MSU win 2-1.
- The Mavericks have garnered three of the past six player of the week honors, Laura Leber (offensive week 1), Brittany Henry (offensive week 2) and Sheila Reynolds (defensive week 2).
- Leber was also recognized as NSCAA/adidas Division II Second Team All American.

Scouting Southwest Minnesota State

- SMSU has started off the season with a 0-3 record, with their only games coming in nonconference match-ups against NSIC teams.
- The Mustangs have yet to find a goal this season.
- Heather Anderson holds the distinction of being the lone senior on the 2009 squad. Anderson started every game last season and will anchor the midfield this season.

**2009 NSIC
Players of the Week**

Aug. 24-30

Offensive: Laura Leber (MSU)
Defensive: Joanna Drennen (U-Mary)

Aug. 31-Sept. 6

Offensive: Brittany Henry (MSU)
Defensive: Sheila Reynolds (MSU)

Sept. 7-13

Offensive: Valerie Robinson (WSC)
Defensive: Hannah Bengtson (UMD)

Sept. 14-20

Offensive:
Defensive:

Sept. 21-27

Offensive:
Defensive:

Sept. 28-Oct. 4

Offensive:
Defensive:

Oct. 5-11

Offensive:
Defensive:

Oct. 12-18

Offensive:
Defensive:

Oct. 19-25

Offensive:
Defensive:

Oct. 27-Nov. 1

Offensive:
Defensive:

**Currently Active
Award Winners**

ALL-NSIC

SELECTIONS

2008

Jamie Ford (Third Team)
Ashlee Ellefsen (Third Team)
Alysha Domiano (Honorable Mention)

2007

Ashlee Ellefsen (Second Team)
Alysha Domiano (Honorable Mention)

NSIC

ALL-ACADEMIC

2008

Jenny Stromberg
Alysha Domiano
Madeline Pletta
Jamie Ford

2007

Madeline Pletta
Jamie Ford

CoSIDA

ACADEMIC

ALL-DISTRICT

2008

Alysha Domiano (Third team)

DAKTRONICS

ALL-REGION

2008

Ashlee Ellefsen (First Team)

DAKTRONICS

ALL-AMERICA

2008

Ashlee Ellefsen (Honorable Mention)

NSIC OFFENSIVE PLAYERS OF THE WEEK

2008

Jamie Ford (Nov. 3)
Ashlee Ellefsen (Sept. 9)
Jamie Ford (Sept. 3)

2007

Ashlee Ellefsen (Sept. 11)

NSIC DEFENSIVE PLAYERS OF THE WEEK

2008

Samantha Ross (GK, Sept. 3)

GOALS (Career)

1.	Katie Meinhardt	31	2003-06
2.	Becky Elk	30	1999-01
T-3.	Kelly Hyvare	23	2005-08
	Jamie Ford	23	2006-SA
T-5.	Lindsey Natwick	21	2002-05
	Ashlee Ellefsen	21	2007-SA
7.	Lauren Miller	12	1999-01
T-8.	Megan Wallner	11	2004-07
	Lauren Olivares	11	2005-08
T-10.	Kelly Lessman	9	1999-02
	Ashley Lehmeier	9	2003-06

ASSISTS (Career)

1.	Lindsey Natwick	22	2002-05
2.	Kelly Hyvare	19	2005-08
T-3.	Christina Hicks	14	2003-07
	Ashlee Ellefsen	14	2007-SA
5.	Ashley Lehmeier	12	2003-06
T-6.	Becky Elk	11	1999-01
	Lauren Miller	11	1999-01
	Megan Wallner	11	2004-07
	Jamie Ford	11	2006-SA
10.	Lauren Olivares	10	2005-08
T-11.	Amy Vleck	9	1999-02
	Whitney Sengthao	9	2003-04
	Danielle Uphoff	9	2006-08
	Kara Smyth	9	2007-SA

Assists (Single-Game)

T-1.	Kirsten Erickson	3
	vs Minnesota, Crookston	
	Sept. 8, 2009	
	Jenny Stromberg	3
	vs Wisconsin-Superior	
	Oct. 26, 2008	

POINTS (Career)

1.	Becky Elk	71	1999-01
2.	Katie Meinhardt	69	2003-06
3.	Kelly Hyvare	65	2005-08
4.	Lindsey Natwick	64	2002-05
5.	Jamie Ford	61	2006-SA
6.	Ashlee Ellefsen	52	2007-SA
7.	Lauren Miller	35	1999-01
8.	Megan Wallner	33	2005-07
9.	Lauren Olivares	32	2005-08
T-10.	Ashley Lehmeier	30	2003-06
	Christina Hicks	30	2003-07

GAME-WINNING GOALS (Career)

1.	Kelly Hyvare	10	2005-08
T-2.	Katie Meinhardt	7	2003-06
	Jamie Ford	7	2006-SA
3.	Ashlee Ellefsen	6	2007-SA
T-5.	Christina Hicks	5	2004-07
	Lauren Olivares	5	2005-08
T-7.	Becky Elk	4	1999-01
	Lindsey Natwick	4	2002-06
	Tegan Moehn	4	2003-06
10.	Jessica Ploeger	3	2004-07

OVERTIME GOALS (Career)

T-1.	Kelly Hyvare	2	2005-08
	Jamie Ford	2	2006-SA
T-2.	Kristy Hodapp	1	1998-00
	Mary Stoltz	1	2003-06
	Christina Hicks	1	2003-07
	Ashlee Ellefsen	1	2007-SA

Saves (Career)

1.	Kari Torgerson	602**	2003-06
2.	Niki Dalka	585*	2000-02
3.	Kim Strom	192	1997-99
4.	Samantha Ross	181	2007-SA
5.	Joanne Nigbor	169	1996
6.	Angela Jo Ziebol	158	1998
7.	Jessica Meath	108	2005-07
8.	Kelli Hadrava	90	1996-97
9.	Noelle Lancaster	88	1997
10.	Hannah Carter	59	1998-99

**= fifth all-time in NCAA D-II

*= eighth all-time in NCAA D-II

Save Percentage (Career)

(must have played in 50% of team's minutes during career)

1.	Samantha Ross	.866	2007-SA
2.	Kari Torgerson	.854	2003-06
3.	Niki Dalka	.811	2000-02
4.	Angela Jo Ziebol	.705	1998
5.	Joanne Nigbor	.679	1996
6.	Noelle Lancaster	.595	1997

Minutes Played In Net (Career)

1.	Kari Torgerson	6710:80#	2003-06
2.	Niki Dalka	4351:42	2000-02
3.	Samantha Ross	2618:57	2007-SA
4.	Jessica Meath	1762:68	2005-07
5.	Kim Strom	1283:10	1997-99
6.	Angela Jo Ziebol	1113:30	1998
7.	Joanne Nigbor	925:00	1996
8.	Noelle Lancaster	739:00	1997
9.	Hannah Carter	491:06	1998-99
10.	Kelli Hadrava	465:00	1996-97

= 14th all-time in NCAA D-II

Games Played In Net (Career)

1.	Kari Torgerson	78	2003-06
2.	Niki Dalka	48	2000-02
3.	Hannah Carter	37	1998-99
4.	Kim Strom	35	1997-99
5.	Samantha Ross	34	2007-SA
6.	Jessica Meath	25	2005-07
7.	Deidre Pantzke	21	1997-98
8.	Angela Jo Ziebol	16	1998
T-9.	Jessica Bina	12	1998-99
	Abby Kjonaas	12	2008-SA
11.	Joanne Nigbor	11	1996

Wins (Career)

1.	Kari Torgerson	36	2003-06
2.	Samantha Ross	16	2007-SA
3.	Niki Dalka	12	2000-02
4.	Jessica Meath	7	2005-07
5.	Abby Kjonaas	4	2008-SA
T-6.	Kim Strom	2	1997-99
	Hannah Carter	2	1998-99

Shutouts (Career)

1.	Kari Torgerson	19	2003-06
2.	Niki Dalka	10	2000-02
3.	Jessica Meath	7	2005-07
4.	Samantha Ross	3	2007-SA
5.	Kim Strom	2	1998-99
6.	Abby Kjonaas	1	2008-SA

Minutes played without a goal

1.	Kari Torgerson	429:03
	Sept. 2, 2004 - Sept. 18, 2004	
2.	Samantha Ross	425:33
	Oct. 24, 2008 - Present	

LAST TIME IT HAPPENED

Shutout:

Sept. 11, 2009
vs. Jamestown College, 5-0

Shutout at Home:

Sept. 11, 2009
vs. Jamestown College, 5-0

Shutout on Road:

Sept. 4, 2009
vs. Northwestern (IA) College, 7-0

Game Ending in a Tie:

Nov. 18, 2008
vs. Northern State, 0-0 2OT

Victory in Overtime:

Oct. 2, 2008
vs. Augustana College, 1-0 2OT

BSU Player to Record Three or more Goals in One Game:

Kelly Hyvare
vs UW-Stout
Sept. 1, 2006

BSU Player to Record 30+ Saves in One Game:

Niki Dalka - 36 Saves
vs. Winona State
Oct. 28, 2001

Penalty Kick:

Lauren Olivares
Nov. 12, 2008
(successful)

Penalty Kick Allowed:

Sept. 8, 2009
vs. Minnesota, Crookston
(successful)

10+ Assists:

12 vs. UW-Superior,
Nov. 26, 2008

8+ Goals:

16 vs. Finlandia
Sept. 3, 2004

40+ Shots:

59 vs. UW-Superior
Nov. 26, 2008

2009 Statistics

Overall Record: 4-1-0 NSIC: 0-0-0 Home: 1-0-0 Away: 3-1-0 Neutral: 0-0-0

No.	Name	GP-GS	Min	G	A	Pts	Sh	Sh%	SOG	SOG%	GW	Pk-ATT
9	Duff, Brianna	5-4	225	6	3	15	14	.429	10	.714	0	0-0
25	Erickson, Kirsten	5-1	185	3	4	10	12	.250	6	.500	0	0-0
4	Ellefsen, Ashlee	5-5	283	2	5	9	21	.095	15	.714	1	0-0
20	Skog, Analey	2-0	66	3	2	8	5	.600	5	1.000	0	0-0
21	Scanlan, Bri	5-3	210	2	2	6	6	.333	5	.833	1	0-0
3	Ford, Jamie	2-2	138	2	1	5	5	.400	4	.800	1	0-0
14	Garcia, Yesenia	4-3	198	1	3	5	11	.091	7	.636	0	0-0
6	Bjorge, Kathryn	3-3	148	1	1	3	3	.333	1	.333	0	0-0
22	McAllen, Kari	5-0	238	1	1	3	2	.500	2	1.000	1	0-0
19	Gustafson, Rachel	5-0	237	1	1	3	2	.500	2	1.000	0	0-0
16	Pointon, Kelly	5-2	248	1	0	2	1	1.000	1	1.000	0	0-0
10	Fluto, Bethany	2-0	61	0	1	1	4	.000	2	.500	0	0-0
5	Dalton, Sara	5-0	254	0	1	1	2	.000	1	.500	0	0-0
27	Sorteberg, Kim	5-5	336	0	1	1	1	.000	1	1.000	0	0-0
17	VanHaaften, Tiffany	5-4	270	0	0	0	8	.000	5	.625	0	0-0
18	Smyth, Kara	3-2	153	0	0	0	5	.000	4	.800	0	0-0
7	Stromberg, Jenny	1-0	26	0	0	0	3	.000	2	.667	0	0-0
8	Pletta, Maddie	5-5	279	0	0	0	2	.000	1	.500	0	0-0
23	Olesiak, Linsey	5-5	263	0	0	0	1	.000	0	.000	0	0-0
2	Petes, Alex	1-1	28	0	0	0	1	.000	0	.000	0	0-0
13	Lowe, Mallory	5-0	194	0	0	0	0	.000	0	.000	0	0-0
12	Domiano, Alysha	5-5	317	0	0	0	0	.000	0	.000	0	0-0
11	Annoni, Kara	5-0	147	0	0	0	0	.000	0	.000	0	0-0
Total		5	4954	24	26	74	109	.220	75	.688	4	0-0
Opponents		5	-	2	0	4	31	.065	17	.548	1	2-2

Goalkeepers

No.	Name	GP-GS	-----Goal Average-----		----Saves-----		-----Record-----				Shots Faced	
			Minutes	GA	AVG	Saves	PCT	W	L	T		SO
1	Ross, Samantha	5-3	225:00	0	0.00	7	1.000	2	0	0	0	12
0	Kjonaas, Abby	5-2	225:00	2	0.80	8	.800	2	1	0	0	17
TM	TEAM		0:00	0	0.00	0	.000	0	0	0	3	0
Totals		5	450:00	2	0.40	15	.882	4	1	0	3	29
Opponents		5	450:00	24	4.80	51	.680	1	4	0	1	110

TEAM STATISTICS

	BSU	OPP	GOALS BY PERIOD	1st	2nd	OT	OT2	Total	
SHOT STATISTICS									
Goals-Shot attempts	24-109	2-31	BSU	10	14	0	0	24	
Goals scored average	4.80	0.40	Opponents	0	2	0	0	2	
Shot pct.	.220	.065	SHOTS BY PERIOD						Total
Shots on goal-Attempts	75-109	17-31	BSU	53	56	0	0	109	
SOG pct.	.688	.548	Opponents	11	20	0	0	31	
Shots/Game	21.8	6.2	SAVES BY PERIOD						Total
Assists	26	0	BSU	6	9	0	0	15	
CORNER KICKS	23	8	Opponents	23	28	0	0	51	
PENALTY KICKS	0-0	2-2	CORNER KICKS BY PRD						Total
PENALTIES			BSU	10	13	0	0	23	
Yellow cards	5	1	Opponents	2	6	0	0	8	
Red cards	0	0	FOULS BY PERIOD						Total
ATTENDANCE			BSU	23	16	0	0	39	
Total	156	127	Opponents	7	16	0	0	23	
Dates/Avg Per Date	1/156	4/32							
Neutral Site #/Avg	0/0								