

2021 NSIC Track and Field Indoor Championship - 2/25/2021 to 2/27/2021

Hosted by Minnesota State

Myers Fieldhouse

Results

Women 60 Meter Dash

NSIC Record: \$ 7.41 2020 Makayla Jackson, MSU

Name	Year	School	Finals	H#	Points	
Finals						
1 Toni Canfall	SR	Concordia-St. Paul	7.52	2	10	7.515
2 Denisha Cartwright	SO	Minnesota State	7.52	2	8	7.516
3 Makayla Jackson	SO	Minnesota State	7.54	2	6	
4 Ja'Cey Simmons	SO	Minnesota State	7.61	2	5	
5 Michaela Pryor	JR	Winona State	7.62	1	4	
6 Grace Hartman	SR	Minnesota State	7.65	2	3	
7 Khenadi Jones	JR	Minnesota State	7.70	2	2	
8 Emelia Burris	SR	St. Cloud State	7.71	2	1	7.701
9 Caitlyn Jones	SO	Minnesota State	7.71	2		7.707
10 Bonet Henderson	SO	U-Mary	7.72	1		7.716
11 Kanya Henderson	JR	Sioux Falls	7.72	1		7.718
12 Rose Cramer	SO	Minnesota State	7.74	1		
13 Alaina Hall	FR	Bemidji State	7.81	1		
14 Anna Steadland	SO	Msu-Moorhead	7.85	1		
15 Aaliyah Guy	FR	Minnesota State	7.91	1		
16 Dyashia Colvin	JR	Minnesota State	7.94	1		

Women 200 Meter Dash

NSIC Record: \$ 24.47 2/27/2021 Denisha Cartwright, Minnesota State

NSIC Record: \$ 24.47 2020 Ja'Cey Simmons, MSU

Name	Year	School	Finals	H#	Points	
1 Denisha Cartwright	SO	Minnesota State	24.47\$	4	10	
2 Michaela Pryor	JR	Winona State	24.71	3	8	24.701
3 Ja'Cey Simmons	SO	Minnesota State	24.71	4	6	24.706
4 Toni Canfall	SR	Concordia-St. Paul	24.81	4	5	
5 Makayla Jackson	SO	Minnesota State	24.90	2	4	
6 Rose Cramer	SO	Minnesota State	24.95	3	3	
7 Grace Hartman	SR	Minnesota State	25.19	4	2	
8 Mackenzie Woodard	SR	Minnesota State	25.27	2	1	
9 Bonet Henderson	SO	U-Mary	25.30	2		
10 Brooklyn Schyvinck	JR	Winona State	25.33	3		
11 Anna Steadland	SO	Msu-Moorhead	25.46	1		25.453
12 Maddy Pietz	JR	Winona State	25.46	3		25.460
13 Nyeaee Robins	FR	Minnesota State	25.62	2		
14 Rose Gaye	JR	Minnesota State	25.77	1		
15 Robynn Rolle-Curry	FR	Msu-Moorhead	25.80	1		
16 Aaliyah Guy	FR	Minnesota State	25.93	1		

Women 400 Meter Dash

NSIC Record: \$ 55.09 2010 Kristi Buerkle, BSU

Name	Year	School	Finals	H#	Points
1 Brooklyn Schyvinck	JR	Winona State	57.02	4	10
2 Mackenzie Woodard	SR	Minnesota State	57.26	4	8
3 Mackenzie Keune	SR	Minnesota State	57.76	4	6
4 Kalley Harris	SR	Winona State	57.92	4	5
5 Nyeaee Robins	FR	Minnesota State	57.96	3	4

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....Women 400 Meter Dash

6	Isabel Kinzer	SR Northern State	58.05	3	3
7	Robynn Rolle-Curry	FR Msu-Moorhead	58.12	3	2
8	Anna Muellner	FR Minnesota-Duluth	58.75	2	1
9	Rose Gaye	JR Minnesota State	59.12	1	
10	Shereen Vallabouy	JR Winona State	59.19	2	
11	Emma Rezac	JR Northern State	59.38	2	
12	Jordyn Pester	JR Wayne State	59.50	3	
13	Dyashia Colvin	JR Minnesota State	59.59	1	
14	Morgan Hertz	FR U-Mary	1:00.01	1	
15	Makayla Rice	SO St. Cloud State	1:00.39	2	
16	Emma Kenkel	SO Sioux Falls	1:00.90	1	

Women 600 Meter Run

NSIC Record: \$ 1:32.41 2017 Emily Trost, UMD

Name	Year	School	Finals	H#	Points
1 Maryse Mbenoun	JR	Bemidji State	1:35.37	4	10
2 Ava Grimm	SO	U-Mary	1:36.17	3	8
3 Cassiddy Wilson	SR	Upper Iowa	1:36.77	3	6
4 Caroline Sudbeck	FR	Augustana	1:36.90	4	5
5 Grace Acheson	SO	U-Mary	1:37.58	2	4 1:37.572
6 Sydney Mudgett	SR	Augustana	1:37.58	4	3 1:37.573
7 Tyarra English-Paulson	SR	Minnesota State	1:37.67	2	2
8 Kendall Zeman	JR	Winona State	1:37.95	2	1
9 Leighten Fischer	SR	St. Cloud State	1:38.13	3	
10 Noa Marteau	FR	Augustana	1:38.56	2	
11 Autumn Anderson	JR	Minnesota State	1:38.82	4	
12 Kaitlyn Mulder	JR	Augustana	1:40.20	1	
13 Zoe Cigard	JR	Sioux Falls	1:40.38	1	
14 Chelsey Bad Moccasin	SR	Minnesota State	1:41.46	1	
15 Sydney Jackson	FR	Concordia-St. Paul	1:42.75	3	
16 Marissa Ellenbecker	FR	Minnesota State	1:43.34	1	

Women 800 Meter Run

NSIC Record: \$ 2:11.11 2019 Monique McPherson, MARY

Name	Year	School	Finals	H#	Points
1 Elizabeth Acheson	SO	U-Mary	2:11.24	2	10
2 Haleigh Reindl	JR	Minnesota-Duluth	2:11.77	2	8
3 Whitney Hanson	SO	Minot State	2:14.36	2	6
4 Ryne Prigge	JR	Bemidji State	2:15.31	2	5
5 Cami Streff	SO	Augustana	2:15.36	2	4
6 Courtney Dembrowski	JR	U-Mary	2:15.99	2	3
7 Caroline Sudbeck	FR	Augustana	2:16.44	2	2
8 Kaylee Beyer	SO	Winona State	2:17.00	1	1
9 Caitlyn Regan	JR	SW Minn. State	2:18.45	1	
10 Kali Ryan	SR	Augustana	2:18.52	2	
11 Isabelle Brezinka	SR	Minnesota-Duluth	2:18.53	1	
12 Rachael Neu	FR	U-Mary	2:18.74	1	
13 Skylar Bragg	SO	Minnesota State	2:19.83	1	
14 Annika Aho	SO	Sioux Falls	2:20.51	1	
15 McKenzie Maki	SO	Msu-Moorhead	2:25.80	1	

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....Women 800 Meter Run

16 Marissa Ellenbecker FR Minnesota State 2:32.10 1

Women 1000 Meter Run

NSIC Record: \$ 2:48.97 2016 Emily Trost, UMD

Name	Year	School	Finals	Points
1 PJ English	SO	Augustana	2:54.46	10
2 Taylor Hestekin	JR	U-Mary	2:56.81	8
3 Callin Naddy	JR	Augustana	2:57.04	6
4 Meagan Schenk	SR	Augustana	2:57.47	5
5 Haylee Waterfall	JR	Augustana	2:59.20	4
6 Mallory Delmont	FR	Augustana	2:59.45	3
7 Elizabeth Kyes	SR	Minnesota-Duluth	3:02.97	2
8 MaKenna Thurston	SO	Minnesota State	3:03.69	1
9 Rhianna Rinke	SR	Minnesota-Duluth	3:04.27	
10 Jennifer Clark	JR	Northern State	3:05.07	
11 Tianna Wald	SO	Sioux Falls	3:05.94	
12 Abigail McGee	SR	Minot State	3:08.05	
13 Khot Juac	FR	Sioux Falls	3:09.67	

Women 1 Mile Run

NSIC Record: \$ 4:41.88 2017 Emily Trost, UMD

Name	Year	School	Finals	Points
1 PJ English	SO	Augustana	4:51.19	10
2 Nicolette Schmidt	JR	Augustana	4:51.59	8
3 Meagan Schenk	SR	Augustana	4:56.12	6
4 Taylor Hestekin	JR	U-Mary	4:56.88	5
5 Callin Naddy	JR	Augustana	4:57.00	4
6 Amanda Montplaisir	JR	Minnesota State	5:02.72	3
7 Madeline Verkerke	FR	Minnesota-Duluth	5:03.43	2
8 Lindsay Cunningham	FR	Winona State	5:03.62	1
9 Morgan Radel	JR	Minnesota-Duluth	5:05.67	
10 Linda Perez	FR	Minot State	5:07.80	
11 Taylor Melton	FR	Augustana	5:08.45	
12 McKenna Taylor	FR	Winona State	5:12.80	
13 Mariah Haight	JR	Augustana	5:16.54	
14 Mackenzie Gaherty	JR	Minnesota State	5:17.23	
15 Lauren Wells	SO	Sioux Falls	5:23.54	
16 Julia Lee	JR	Augustana	5:27.79	

Women 3000 Meter Run

NSIC Record: \$ 9:31.37 2020 Ida Narbuvoll, MARY

Name	Year	School	Finals	Points
1 Nicolette Schmidt	JR	Augustana	9:51.16	10
2 Megan Means	JR	Augustana	10:03.94	8
3 Amanda Montplaisir	JR	Minnesota State	10:09.00	6
4 Mia Salas	SO	Augustana	10:13.41	5
5 Cait Savey	SO	Augustana	10:16.42	4
6 Lacey Feist	SR	U-Mary	10:19.48	3

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7	Starlynn Costa	JR U-Mary	10:23.79	2
8	Taylor Melton	FR Augustana	10:26.87	1
9	Mackenzie Gaherty	JR Minnesota State	10:38.54	
10	Caitlin Cornell	FR Minot State	10:42.27	
11	Ana McCabe	SO Augustana	10:43.79	
12	Ellen Moore	FR U-Mary	10:47.16	
13	Grace Beck	FR Sioux Falls	10:53.69	
14	Claire Boersma	SR Augustana	11:02.03	

Women 5000 Meter Run

=====				
NSIC Record: \$ 16:27.92 2017 Alexis Zeis, MARY				
Name	Year	School	Finals	Points
=====				
1	Megan Means	JR Augustana	17:24.81	10
2	Lacey Feist	SR U-Mary	17:36.24	8
3	Starlynn Costa	JR U-Mary	17:40.40	6
4	Cait Savey	SO Augustana	17:46.74	5
5	Mia Salas	SO Augustana	17:53.86	4
6	Payton Lane	FR Msu-Moorhead	18:02.67	3
7	Alexandra Robran	JR Minnesota-Duluth	18:04.93	2
8	Lucia Mesfin	SR Concordia-St. Paul	18:05.59	1
9	Caitlin Cornell	FR Minot State	18:14.01	
10	Claire Boersma	SR Augustana	18:15.61	
11	Abigail Jones	JR U-Mary	18:16.85	
12	Megan Moberry	SR Northern State	18:23.67	
13	Alli Hendrickson	JR Winona State	18:47.94	
14	Ivy Glade	SR Minnesota State	19:36.00	

Women 60 Meter Hurdles

=====					
NSIC Record: \$ 8.29 2018 Danielle Kohlway, UMD					
Name	Year	School	Finals	H#	Points
=====					
1	Denisha Cartwright	SO Minnesota State	8.41	2	10
2	Tereza Bolibruch	JR U-Mary	8.72	2	8
3	Shanice Burrell	SR Northern State	8.74	2	6
4	Mackenzie Keune	SR Minnesota State	8.79	2	5
5	Selin Dikmen	SR Augustana	8.92	2	4
6	Christabelle Mulcahy	SR Concordia-St. Paul	8.95	2	3
7	Isatu Shirek	SO SW Minn. State	9.03	1	2
8	Megan Hansen	FR Wayne State	9.08	2	1
9	Jailah Brice-Moore	SO Sioux Falls	9.09	1	
10	Lyric Brennen	FR Minnesota State	9.18	1	
11	Xana Leum	SO Winona State	9.31	1	
12	Hannah Lamkin	SO Minnesota-Duluth	9.38	1	
13	Madison Biebel	SR Minnesota-Duluth	9.45	1	
14	Tia Horning	FR U-Mary	10.04	1	
15	Gracie Elsenpeter	SO St. Cloud State	10.07	2	

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Women 4x400 Meter Relay

NSIC Record: \$ 3:47.46 2017		U-Mary	
		J.Hammerschmidt, M.Bolibruch, N.Richards, T.Pandohie	
School		Finals	H# Points
1 Winona State		3:51.00	3 10
1) Kalley Harris SR	2) Kendall Zeman JR		
3) Maddy Pietz JR	4) Brooklyn Schyvinck JR		
2 Minnesota State		3:52.26	3 8
1) Nyeaee Robins FR	2) Mackenzie Keune SR		
3) Rose Cramer SO	4) Mackenzie Woodard SR		
3 U-Mary		3:56.63	3 6
1) Morgan Hertz FR	2) Ava Grimm SO		
3) Rachael Neu FR	4) Elizabeth Acheson SO		
4 Augustana		3:59.73	3 5
1) Selin Dikmen SR	2) Sydney Mudgett SR		
3) Kaitlyn Mulder JR	4) Noa Marteau FR		
5 Concordia-St. Paul		4:02.59	1 4
1) Michaella Hartinger SO	2) Sydney Jackson FR		
3) Lauryn Samuel SO	4) Toni Canfall SR		
6 Msu-Moorhead		4:02.85	2 3
1) Robynn Rolle-Curry FR	2) McKenzie Maki SO		
3) Sophia Sowada JR	4) Anna Steadland SO		
7 St. Cloud State		4:03.04	2 2
1) Cassidy Lackovic JR	2) Makayla Rice SO		
3) Kaylee Gessay SR	4) Leighton Fischer SR		
8 Bemidji State		4:04.06	2 1
1) Janice Cole SO	2) Maryse Mbenoun JR		
3) Aneesa Tucker SR	4) Libby Christenson SR		
9 Northern State		4:05.59	3
1) Isabel Kinzer SR	2) Shanice Burrell SR		
3) Destiny Wenger SO	4) Emma Rezac JR		
10 Sioux Falls		4:06.46	1
1) Mercy Oyadare SR	2) Cassidy O'Meara SO		
3) Jailah Brice-Moore SO	4) Zoe Cigard JR		
11 Upper Iowa		4:06.91	1
1) Cassiddy Wilson SR	2) Christonna Shafranski SR		
3) Ellie Loesch SO	4) Jenna Ross SR		
12 Minnesota-Duluth		4:08.92	2
1) Madison Biebel SR	2) Jacqueline Olander FR		
3) Rachel Boelke FR	4) Elizabeth Kyes SR		
13 Wayne State		4:10.49	1
1) Sarah Cotton SO	2) Jordyn Pester JR		
3) Megan Hansen FR	4) Brianna Crouch SR		

Women Distance Medley

NSIC Record: \$ 11:51.62 2020		Augustana, AUGIE	
		C Rahn, M Beckius, E Tromp, P English	
School		Finals	Points
1 Minnesota-Duluth		12:10.54	10
1) Madeline Verkerke FR	2) Anna Muellner FR		
3) Morgan Radel JR	4) Isabelle Brezinka SR		
2 Minot State		12:12.87	8

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....Women Distance Medley

1) Abigail McGee SR	2) Ashley Miller JR		
3) Whitney Hanson SO	4) Linda Perez FR		
3 Winona State		12:15.71	6
1) McKenna Taylor FR	2) Allison Waterman SO		
3) Kaylee Beyer SO	4) Lindsay Cunningham FR		
4 Augustana		12:18.71	5
1) Mallory Delmont FR	2) Haylee Waterfall JR		
3) Sammi Sundby FR	4) Cami Streff SO		
5 U-Mary		12:29.46	4
1) Taryn Ceglowski JR	2) Grace Acheson SO		
3) Courtney Dembrowski JR	4) Natalee Sample FR		
6 Minnesota State		12:35.82	3
1) MaKenna Thurston SO	2) Enyo Edeh JR		
3) Skylar Bragg SO	4) Amanda Montplaisir JR		
7 Bemidji State		12:40.73	2
1) Zoey Mills FR	2) Ryne Prigge JR		
3) Abby Syverson FR	4) Mary Goodwin FR		
8 Sioux Falls		12:50.97	1
1) Tianna Wald SO	2) Emma Kenkel SO		
3) Annika Aho SO	4) Lauren Wells SO		
9 Northern State		12:56.84	
1) Jennifer Clark JR	2) Tori Collesso SR		
3) Megan Mooberry SR	4) Jordyn Sterud JR		
10 St. Cloud State		12:57.31	
1) Clara Welhouse JR	2) Karla Encarnacion SO		
3) Erica Conrad FR	4) Kassye Todd SO		
11 Msu-Moorhead		13:05.67	
1) Jakkia Duffy FR	2) Asia Rance JR		
3) Lakyla Yazzie SO	4) Aislin Anderson FR		
12 Wayne State		13:30.16	
1) Kim Johnson SR	2) Sophie Noecker SR		
3) Marin Jetensky JR	4) Allie Rosener JR		

Women High Jump

NSIC Record: \$ 1.76m 2015 Bree Woelber, AUGIE									
Name	Year	School	Finals		Points				
1 Mearah Miedema	SR	Augustana	1.70m	5-07.00	10				
1.51 1.56 1.61 1.64 1.67 1.70 1.73									
--- --- 0 --- XXO XO XXX									
2 Rachel Schumacher	SR	Msu-Moorhead	1.67m	5-05.75	8				
1.51 1.56 1.61 1.64 1.67 1.70									
--- 0 0 0 0 XXX									
3 Taylor Stoltz	JR	Sioux Falls	1.67m	5-05.75	6				
1.51 1.56 1.61 1.64 1.67 1.70									
--- 0 0 XO XO XXX									
4 D'Andra Morris	SR	U-Mary	1.67m	5-05.75	5				
1.51 1.56 1.61 1.64 1.67 1.70									
0 0 0 XO XXO XXX									
5 Madison Rizner	JR	Winona State	1.64m	5-04.50	4				
1.51 1.56 1.61 1.64 1.67									
0 0 0 0 XXX									

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....Women High Jump

6	Tava Berg	JR Northern State	1.64m	5-04.50	3
	1.51 1.56 1.61 1.64 1.67				
	--- --- --- XO XXX				
7	Claire Shea	SO St. Cloud State	1.61m	5-03.25	2
	1.51 1.56 1.61 1.64				
	O XXO XO XXX				
8	Kendra Ludeman	SR Augustana	1.61m	5-03.25	1
	1.51 1.56 1.61 1.64				
	O O XXO XXX				
9	Sophia Sowada	JR Msu-Moorhead	1.56m	5-01.25	
	1.51 1.56 1.61				
	O O XXX				
9	Kaylee Olson	FR Winona State	1.56m	5-01.25	
	1.51 1.56 1.61				
	O O XXX				
9	Ella Paaverud	JR Concordia-St. Paul	1.56m	5-01.25	
	1.51 1.56 1.61				
	O O XXX				
9	Jasmine Mlejnek	SO Minnesota State	1.56m	5-01.25	
	1.51 1.56 1.61				
	O O XXX				
13	Julia Rowles	FR St. Cloud State	1.56m	5-01.25	
	1.51 1.56 1.61				
	XO O XXX				
14	Caitlin Pritchett	JR Msu-Moorhead	1.56m	5-01.25	
	1.51 1.56 1.61				
	--- XO XXX				
15	Rachel Westemeier	JR Concordia-St. Paul	1.56m	5-01.25	
	1.51 1.56 1.61				
	XXO XXO XXX				
16	Ali Dykman	JR Wayne State	1.51m	4-11.50	
	1.51 1.56				
	O XXX				

Women Pole Vault

=====										
NSIC Record: \$ 4.32m 2017 Courtney Crandall, USF										
Name	Year	School	Finals				Points	=====		
1 Jordyn Huneke		JR Northern State	3.79m	12-05.25	10					
	2.89 3.04 3.19 3.34 3.49		3.59 3.69 3.79 3.89							
	--- --- --- --- O O O O XXX									
2 Christine Dennison		JR Minnesota State	3.79m	12-05.25	8					
	2.89 3.04 3.19 3.34 3.49		3.59 3.69 3.79 3.89							
	--- --- --- O O O O XO XXX									
3 Kenzee Danielson		FR Northern State	3.49m	11-05.25	5.50					
	2.89 3.04 3.19 3.34 3.49		3.59							
	--- --- O O O XXX									
3 Kealy Hill		JR Northern State	3.49m	11-05.25	5.50					
	2.89 3.04 3.19 3.34 3.49		3.59							
	--- --- O O O XXX									
5 Christine Nefgzer		FR Northern State	3.49m	11-05.25	4					
	2.89 3.04 3.19 3.34 3.49		3.59							
	--- --- O O XXO XXX									

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....Women Pole Vault

6	Sofia Dodge	SO Concordia-St. Paul	3.34m	10-11.50	3
	2.89 3.04 3.19 3.34 3.49				
	--- --- 0 0 XXX				
7	Paige Hickson	FR Minnesota State	3.34m	10-11.50	2
	2.89 3.04 3.19 3.34 3.49				
	--- --- XO 0 XXX				
8	Addie Schipper	JR Minnesota State	3.34m	10-11.50	1
	2.89 3.04 3.19 3.34 3.49				
	--- XO 0 XXO XXX				
9	Emma Gauert	JR St. Cloud State	3.19m	10-05.50	
	2.89 3.04 3.19 3.34				
	0 0 0 XXX				
10	Anna St. Catherine	SR Msu-Moorhead	3.19m	10-05.50	
	2.89 3.04 3.19 3.34				
	--- XO 0 XXX				
11	Carolyn Bradley	JR Sioux Falls	3.19m	10-05.50	
	2.89 3.04 3.19 3.34				
	--- 0 XXO XXX				
11	Emily Swanson	FR Sioux Falls	3.19m	10-05.50	
	2.89 3.04 3.19 3.34				
	0 0 XXO XXX				
11	Gracie Elsenpeter	SO St. Cloud State	3.19m	10-05.50	
	2.89 3.04 3.19 3.34				
	0 0 XXO XXX				
14	Anastasia Klein	SO Bemidji State	3.04m	9-11.75	
	2.89 3.04 3.19				
	0 XO XXX				
15	Eden Worden	FR Minnesota-Duluth	2.89m	9-05.75	
	2.89 3.04				
	0 XXX				
15	Sydney Bahls	JR Msu-Moorhead	2.89m	9-05.75	
	2.89 3.04				
	0 XXX				

Women Long Jump

NSIC Record: \$ 6.01m 2020 Makayla Jackson, MSU									
Name	Year	School	Finals				H#	Points	
1 Makayla Jackson	SO	Minnesota State	5.75m	18-10.50	2	10			
			5.53m 5.63m 5.75m 5.62m 5.47m	FOUL					
2 Emelia Burris	SR	St. Cloud State	5.70m	18-08.50	2	8			
			FOUL FOUL 5.54m 5.70m 4.76m 5.69m						
3 Trinity Moore	FR	Minnesota State	5.65m	18-06.50	2	6			
			5.40m FOUL 5.25m 5.53m 5.65m 5.44m						
4 Becca Dup	SR	Minnesota State	5.62m	18-05.25	2	5			
			FOUL 5.18m 5.62m 5.35m FOUL 5.57m						
5 D'Andra Morris	SR	U-Mary	5.61m	18-05.00	1	4			
			5.49m 5.55m 5.61m 5.43m 5.60m	FOUL					
6 Caitlyn Jones	SO	Minnesota State	5.51m	18-01.00	2	3			
			FOUL 5.21m 5.40m 5.51m FOUL 5.36m						
7 Taylor Weidner	FR	U-Mary	5.40m	17-08.75	1	2			
			5.25m 5.40m 5.36m FOUL FOUL 5.37m						

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....Women Long Jump

8	Cali Modglin	SR U-Mary	5.40m	17-08.75	1	1
	5.40m 5.29m 5.27m FOUL 5.16m FOUL					
9	Natalie Meyers	SO Sioux Falls	5.38m	17-08.00	1	
	5.02m 5.38m FOUL FOUL 5.36m FOUL					
10	Michaela Pryor	JR Winona State	5.37m	17-07.50	1	
	5.10m 5.37m 5.08m					
11	Dakota Hutzler	SR Northern State	5.33m	17-06.00	2	
	5.15m 5.33m FOUL					
12	Arianna Passeri	SO U-Mary	5.31m	17-05.25	1	
	FOUL 5.31m FOUL					
13	Krishona Juliana	FR Northern State	5.29m	17-04.25	2	
	FOUL FOUL 5.29m					
14	Kaylee Olson	FR Winona State	5.26m	17-03.25	1	
	4.91m 5.07m 5.26m					
15	Parker Buske	SO St. Cloud State	5.24m	17-02.25	1	
	5.24m 5.00m 4.64m					
16	Mariah Williams	SO Minnesota State	5.12m	16-09.75	2	
	FOUL 5.12m 4.65m					

Women Triple Jump

=====						
NSIC Record: \$ 12.49m 2015 Danylle Kurywchak, MARY						
	Name	Year	School	Finals	H#	Points
=====						
1	D'Andra Morris	SR	U-Mary	12.44m	40-09.75	2 10
	12.43m FOUL 12.05m 12.20m 12.35m 12.44m					
2	Samiya Abu-Youm	SR	Minnesota State	11.76m	38-07.00	2 8
	FOUL FOUL 11.49m 11.41m 11.37m 11.76m					
3	Arianna Passeri	SO	U-Mary	11.49m	37-08.50	2 6
	10.87m 10.99m 11.48m 11.49m 11.27m 11.13m					
4	Madison Rizner	JR	Winona State	11.49m	37-08.50	1 5
	FOUL 11.05m FOUL 11.33m 11.49m FOUL					
5	Parker Buske	SO	St. Cloud State	11.46m	37-07.25	2 4
	11.03m 11.01m 11.41m 11.00m 11.26m 11.46m					
6	Kaly Banks	JR	Augustana	11.33m	37-02.25	2 3
	FOUL 11.12m 11.33m FOUL 10.96m 11.23m					
7	Ashlie Lockington	SO	Winona State	11.23m	36-10.25	2 2
	10.76m 11.23m 10.71m 10.85m 11.07m FOUL					
8	Krishona Juliana	FR	Northern State	11.11m	36-05.50	2 1
	FOUL 11.11m 11.00m FOUL FOUL 10.47m					
9	Xana Leum	SO	Winona State	11.02m	36-02.00	1
	10.88m 10.96m 11.02m 10.67m 10.34m 10.54m					
10	Maya Taylor	SR	St. Cloud State	11.02m	36-02.00	1
	11.02m FOUL 10.91m FOUL 10.86m FOUL					
11	Taylor Weidner	FR	U-Mary	10.99m	36-00.75	1
	10.69m 10.99m 10.79m					
12	Analise Fabre	SR	Bemidji State	10.90m	35-09.25	1
	10.64m 10.90m 10.59m					
13	Kaylee Patnode	SO	Winona State	10.61m	34-09.75	1
	10.42m 10.61m FOUL					
14	Cassidy Noeldner	SO	Sioux Falls	10.49m	34-05.00	1
	10.42m 10.49m FOUL					
15	Reygan Brown	JR	Bemidji State	10.44m	34-03.00	1
	FOUL 10.26m 10.44m					

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-- Cali Modglin SR U-Mary FOUL 2
 FOUL FOUL FOUL

Women Shot Put

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NSIC Record: \$ 15.83m 2015 Sara Wells, WSC

Name	Year	School	Finals	H#	Points
1 Emma Hertz		JR Sioux Falls	14.98m	49-01.75	2 10
14.62m 14.98m FOUL		FOUL 14.83m FOUL			
2 Zoe Christensen		JR Bemidji State	14.79m	48-06.25	2 8
14.34m 14.79m FOUL		FOUL FOUL FOUL			
3 Rebecca Manteuffel		SR SW Minn. State	14.17m	46-06.00	2 6
13.60m 14.17m FOUL		13.29m FOUL 13.78m			
4 Katie Taylor		SR Minnesota State	14.17m	46-06.00	2 5
14.17m FOUL FOUL		12.63m 13.74m 13.56m			
5 Mckenzie Scheil		JR Wayne State	13.75m	45-01.50	2 4
13.54m 13.10m 12.98m		13.02m 13.75m 13.75m			
6 Kenzie Sullivan		SR Wayne State	13.56m	44-06.00	2 3
12.85m 13.56m 13.26m		12.97m 13.28m 12.91m			
7 Dominique Buechel		SR St. Cloud State	13.48m	44-02.75	1 2
12.93m 13.27m 13.48m		FOUL 13.26m FOUL			
8 Tierra Doss		SO Bemidji State	13.37m	43-10.50	1 1
12.16m 12.57m 13.37m		FOUL FOUL FOUL			
9 Jordan Menken		SR Northern State	13.18m	43-03.00	1
12.39m 12.48m 13.18m		13.01m 12.74m 12.47m			
10 Brea Perron		SR Minnesota State	13.15m	43-01.75	2
12.73m 12.87m 13.15m					
11 Nicole Kramchynsky		SO U-Mary	12.92m	42-04.75	1
12.84m 12.88m 12.92m					
12 Breanna Johns-Oster		FR Minot State	12.85m	42-02.00	1
11.64m 11.80m 12.85m					
13 Annie Falardeau		JR St. Cloud State	12.77m	41-10.75	1
12.77m 11.53m 12.13m					
14 Abbi Stafslie-Dumale		SO Minnesota State	12.60m	41-04.25	1
FOUL FOUL 12.60m					
15 Mack Rath		SO Minnesota State	12.56m	41-02.50	1
FOUL FOUL 12.56m					
16 Jadin Wagner		JR Wayne State	12.20m	40-00.50	2
12.20m 12.20m FOUL					

Women Weight Throw

=====

NSIC Record: \$ 22.36m 2017 Kaitlyn Long, WSU

Name	Year	School	Finals	H#	Points
1 Mckenzie Scheil		JR Wayne State	20.67m	67-09.75	2 10
20.67m 20.01m 19.07m		FOUL FOUL 18.84m			
2 Katie Taylor		SR Minnesota State	19.40m	63-07.75	2 8
18.24m FOUL 19.33m		FOUL 18.17m 19.40m			
3 Brea Perron		SR Minnesota State	18.93m	62-01.25	2 6
FOUL 17.20m FOUL		18.93m 18.82m FOUL			
4 Rebecca Manteuffel		SR SW Minn. State	18.80m	61-08.25	2 5
17.37m 17.82m 18.70m		18.40m 18.80m 18.58m			

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....Women Weight Throw

5	Kaylee Jensen	SR Minnesota State	18.30m	60-00.50	2	4
	17.66m 18.30m 17.27m 18.07m	FOUL FOUL				
6	Jadin Wagner	JR Wayne State	17.61m	57-09.50	2	3
	16.79m 17.59m 17.61m	FOUL 16.94m 16.83m				
7	Madison Glynn	FR Minnesota State	17.17m	56-04.00	1	2
	15.73m 17.17m	FOUL 16.75m 16.45m 15.89m				
8	Kenzie Sullivan	SR Wayne State	16.69m	54-09.25	1	1
	15.62m 16.69m	FOUL 16.07m 16.28m 16.22m				
9	Zoe Christensen	JR Bemidji State	16.41m	53-10.25	1	
	15.10m 16.24m 16.41m	14.60m 16.19m 15.97m				
10	Kayla Andersen	SR Sioux Falls	16.23m	53-03.00	2	
	FOUL FOUL 16.23m					
11	Nicole Heeren	SO Wayne State	16.08m	52-09.25	1	
	FOUL 16.08m 15.83m					
12	Breanna Johns-Oster	FR Minot State	15.89m	52-01.75	1	
	15.24m 15.89m 15.67m					
13	Abbi Stafslieen-Dumale	SO Minnesota State	14.08m	46-02.50	1	
	14.08m	FOUL FOUL				
14	Tierra Doss	SO Bemidji State	13.94m	45-09.00	1	
	13.68m 13.62m 13.94m					
15	Tia Donlan	SR Concordia-St. Paul	13.01m	42-08.25	1	
	FOUL FOUL 13.01m					
--	Emma Hertz	JR Sioux Falls	FOUL		2	
	FOUL FOUL FOUL					

Indoor Pentathlon: #5 Women 800 Meter Run Indoor Pentathlon

=====				
Name	Year	School	Finals	Points
=====				
1	Sophia Sowada	JR Msu-Moorhead	2:25.61	749
2	Libby Christenson	SR Bemidji State	2:28.41	713
3	Faith Lubner	SR St. Cloud State	2:30.00	693
4	Elizabeth Schaefer	SO Augustana	2:31.58	673
5	Dakota Hutzler	SR Northern State	2:32.91	657
6	Samantha Sunnarborg	SO Minnesota State	2:33.27	652
7	Jocelyn Johnson	SR St. Cloud State	2:37.80	598
8	Emma Weatherly	SO Minnesota State	2:38.11	595
9	Emily Olson	SR Sioux Falls	2:41.80	552
10	Shantelle Rule	SR U-Mary	2:42.56	544
11	Zoe Stone	SO Minnesota State	2:48.87	475

Indoor Pentathlon: #1 Women 60 Meter Hurdles Indoor Pentathlon

=====					
Name	Year	School	Finals	H#	Points
=====					
1	Elizabeth Schaefer	SO Augustana	8.81	3	950
2	Faith Lubner	SR St. Cloud State	8.89	3	933
3	Emily Olson	SR Sioux Falls	9.14	2	881
4	Kaye Paschka	SO Augustana	9.18	3	873
5	Shantelle Rule	SR U-Mary	9.21	2	867
6	Emma Weatherly	SO Minnesota State	9.39	2	830
7	Dakota Hutzler	SR Northern State	9.42	3	824
8	Jocelyn Johnson	SR St. Cloud State	9.53	2	802
9	Sophia Sowada	JR Msu-Moorhead	9.73	1	763

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....Indoor Pentathlon: #1 Women 60 Meter Hurdles Indoor Pentathlon

10 Libby Christenson	SR Bemidji State	9.88	1	735
11 Zoe Stone	SO Minnesota State	9.94	1	723
12 Samantha Sunnarborg	SO Minnesota State	10.30	1	657

Indoor Pentathlon: #2 Women High Jump Indoor Pentathlon

Name	Year School	Finals	H#	Points
1 Elizabeth Schaefer	SO Augustana	1.67m	5-05.75	2 818
1.37 1.40 1.43 1.46 1.49	1.52 1.55 1.58 1.61 1.64 1.67 1.70			
---	---	0	---	XO O XXO XO XXX
2 Sophia Sowada	JR Msu-Moorhead	1.64m	5-04.50	2 783
1.37 1.40 1.43 1.46 1.49	1.52 1.55 1.58 1.61 1.64 1.67			
---	---	0	---	O O O O XXX
2 Zoe Stone	SO Minnesota State	1.64m	5-04.50	2 783
1.37 1.40 1.43 1.46 1.49	1.52 1.55 1.58 1.61 1.64 1.67			
---	---	0	O O O XO	O XXX
4 Libby Christenson	SR Bemidji State	1.58m	5-02.25	1 712
1.37 1.40 1.43 1.46 1.49	1.52 1.55 1.58 1.61			
---	O --- O ---			XXX
4 Kaye Paschka	SO Augustana	1.58m	5-02.25	1 712
1.37 1.40 1.43 1.46 1.49	1.52 1.55 1.58 1.61			
---	O XO O O			XXO XXO O XXX
4 Faith Lubner	SR St. Cloud State	1.58m	5-02.25	1 712
1.37 1.40 1.43 1.46 1.49	1.52 1.55 1.58 1.61			
---	---	O O O		XXO XXO XXX
7 Samantha Sunnarborg	SO Minnesota State	1.55m	5-01.00	1 678
1.37 1.40 1.43 1.46 1.49	1.52 1.55 1.58			
---	---	O O O		XO XXX
7 Shantelle Rule	SR U-Mary	1.55m	5-01.00	1 678
1.37 1.40 1.43 1.46 1.49	1.52 1.55 1.58			
---	O O O			XXO XXO XXX
7 Jocelyn Johnson	SR St. Cloud State	1.55m	5-01.00	2 678
1.37 1.40 1.43 1.46 1.49	1.52 1.55 1.58			
---	---	O O O		XXX
7 Dakota Hutzler	SR Northern State	1.55m	5-01.00	2 678
1.37 1.40 1.43 1.46 1.49	1.52 1.55 1.58			
---	---	O O O		XXX
11 Emma Weatherly	SO Minnesota State	1.52m	4-11.75	1 644
1.37 1.40 1.43 1.46 1.49	1.52 1.55			
---	---	XO O O		XO XXX
11 Emily Olson	SR Sioux Falls	1.52m	4-11.75	1 644
1.37 1.40 1.43 1.46 1.49	1.52 1.55			
---	XO O O O			XXX

Indoor Pentathlon: #4 Women Long Jump Indoor Pentathlon

Name	Year School	Finals	Points
1 Faith Lubner	SR St. Cloud State	5.32m	17-05.50 648
FOUL 5.20m 5.32m			
2 Zoe Stone	SO Minnesota State	5.26m	17-03.25 631
5.26m 4.96m 4.87m			

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....Indoor Pentathlon: #4 Women Long Jump Indoor Pentathlon

3	Elizabeth Schaefer	SO Augustana	5.21m	17-01.25	617
	5.21m 5.06m 5.12m				
3	Emily Olson	SR Sioux Falls	5.21m	17-01.25	617
	5.14m 5.21m FOUL				
5	Dakota Hutzler	SR Northern State	5.19m	17-00.50	612
	FOUL 5.19m 5.07m				
6	Emma Weatherly	SO Minnesota State	5.05m	16-07.00	573
	FOUL 4.95m 5.05m				
7	Shantelle Rule	SR U-Mary	4.79m	15-08.75	503
	4.56m 4.79m 4.63m				
8	Sophia Sowada	JR Msu-Moorhead	4.78m	15-08.25	500
	4.77m 4.78m FOUL				
9	Samantha Sunnarborg	SO Minnesota State	4.75m	15-07.00	492
	4.53m 4.75m 4.63m				
10	Libby Christenson	SR Bemidji State	4.54m	14-10.75	438
	4.54m 4.44m 4.44m				
11	Jocelyn Johnson	SR St. Cloud State	4.51m	14-09.75	431
	4.49m 4.36m 4.51m				
--	Kaye Paschka	SO Augustana	FOUL		
	FOUL FOUL FOUL				

Indoor Pentathlon: #3 Women Shot Put Indoor Pentathlon

=====					
Name	Year School	Finals	Points		
=====					
1	Elizabeth Schaefer	SO Augustana	11.85m	38-10.50	651
	11.85m 11.33m 11.53m				
2	Zoe Stone	SO Minnesota State	11.04m	36-02.75	598
	11.04m 10.62m 10.55m				
3	Shantelle Rule	SR U-Mary	10.76m	35-03.75	579
	9.63m 10.43m 10.76m				
4	Dakota Hutzler	SR Northern State	10.68m	35-00.50	574
	9.61m 9.35m 10.68m				
5	Samantha Sunnarborg	SO Minnesota State	10.66m	34-11.75	573
	9.70m 10.66m 9.81m				
6	Jocelyn Johnson	SR St. Cloud State	10.08m	33-01.00	535
	10.08m 9.74m 9.36m				
7	Libby Christenson	SR Bemidji State	9.96m	32-08.25	527
	9.64m 9.07m 9.96m				
8	Sophia Sowada	JR Msu-Moorhead	9.62m	31-06.75	505
	8.93m 9.20m 9.62m				
9	Kaye Paschka	SO Augustana	9.57m	31-04.75	501
	9.09m FOUL 9.57m				
10	Emily Olson	SR Sioux Falls	9.41m	30-10.50	491
	9.22m 9.15m 9.41m				
11	Faith Lubner	SR St. Cloud State	8.65m	28-04.50	441
	8.65m 8.36m 7.49m				
12	Emma Weatherly	SO Minnesota State	7.99m	26-02.75	399
	7.99m 7.24m 7.95m				

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Women Indoor Pentathlon

NSIC Record: \$ 3910 2010 Heather Miller, SCSU

Name	Year	School	Finals	H#	Points
1 Elizabeth Schaefer	SO	Augustana	3709		10
2 Faith Lubner	SR	St. Cloud State	3427		8
3 Dakota Hutzler	SR	Northern State	3345		6
4 Sophia Sowada	JR	Msu-Moorhead	3300		5
5 Zoe Stone	SO	Minnesota State	3210		4
6 Emily Olson	SR	Sioux Falls	3185		3
7 Shantelle Rule	SR	U-Mary	3171		2
8 Libby Christenson	SR	Bemidji State	3125		1
9 Samantha Sunnarborg	SO	Minnesota State	3052		
10 Jocelyn Johnson	SR	St. Cloud State	3044		
11 Emma Weatherly	SO	Minnesota State	3041		

Women - Team Rankings - 19 Events Scored

1) Minnesota State	178	2) Augustana	155
3) U-Mary	105	4) Winona State	57
5) Northern State	44	6) Bemidji State	28
7) St. Cloud State	27	8) Concordia-St. Paul	26
9) Minnesota-Duluth	25	10) Wayne State	22
11) MSU-Moorhead	21	12) Sioux Falls	20
13) Minot State	14	14) Southwest Minnesota State	13
15) Upper Iowa	6		
