

NCAA Division II Cross Country - 11/5/2016
Central Regional Championships
Yankton Trail Park, Sioux Falls, SD
Results

Event 1 Women 6k Run CC

Name	Year School	Finals	H#	Points
Results - Women				
1 Zeis, Alexis	U-Mary	19:43.84	1	1
2 Trost, Emilee	Minnesota-Duluth	19:53.82	1	2
3 Narbuvoll, Ida	U-Mary	20:14.75	1	3
4 Montonye, Molly	Msu-Moorhead	20:22.77	1	4
5 Colbenson, Breanna	Minnesota-Duluth	20:31.78	1	5
6 Benesch, Morgan	Nebraska-Kearney	20:39.10	1	6
7 Sunstrom, Sam	St. Cloud State	20:47.74	1	7
8 Bonine, Shea	Fort Hays St.	20:56.48	1	8
9 Kelly, Mackenzie	Augustana	21:05.86	1	9
10 Mora, Anna	East Central	21:06.95	1	10
11 Fox, Kate	U-Mary	21:11.33	2	11
12 Schoenfeld, Emily	Emporia St.	21:19.39	2	
13 Harris, Emily	Missouri Southern	21:22.96	2	12
14 Palmowski, Jana	Central Missouri	21:25.76	2	13
15 Dalmasso, Sophie	Fort Hays St.	21:25.89	2	14
16 Smith, Makenzie	Msu-Moorhead	21:25.97	2	15
17 Seidenkranz, Amber	Minnesota-Duluth	21:25.99	2	16
18 Hansen, Raissa	Winona State	21:26.78	2	17
19 Morrow, Taylor	Southwest Baptist	21:27.97	2	18
20 Schuette, Jaiden	U-Mary	21:29.49	2	19
21 Carr, Mary	Southwest Baptist	21:30.71	3	20
22 Kruse, Annie	Augustana	21:31.18	3	21
23 Henson, Ashton	Pittsburg St.	21:31.54	3	22
24 Krzesinski, Micki	Fort Hays St.	21:32.81	3	23
25 Sesow, Alana	Augustana	21:34.28	3	24
26 Lawson, Ashley	Southwest Baptist	21:34.66	3	25
27 Stewart, Kaycie	U-Mary	21:36.17	3	26
28 Fritz, Alexis	Southwest Baptist	21:36.84	3	27
29 Torres, Cynthia	Missouri Southern	21:40.81	3	28
30 Anger, Olivia	Winona State	21:45.00	3	29
31 Provence, Christian	Missouri Southern	21:46.94	4	30
32 Penticuff, Stephanie	Southwest Baptist	21:48.16	4	31
33 Baker, Erin	Minnesota State	21:49.24	4	32
34 Moore, Abigail	Minnesota-Duluth	21:51.58	4	33
35 DeVries, Hannah	Pittsburg St.	21:51.79	4	34
36 Greene, Carlin	Pittsburg St.	21:53.51	4	35
37 Misse, Piper	Pittsburg St.	21:54.23	4	36
38 Kastigar, Hannah	Northern State	21:55.92	4	37
39 Drenckhahn, Melissa	Minnesota-Duluth	21:56.80	4	38
40 Huffman, Rachel	Sioux Falls	21:59.70	4	39
41 Lorenzo, Sammy	NW Missouri	22:01.20	5	40
42 Carlson, Marissa	Msu-Moorhead	22:01.36	5	41
43 Lewis, Hannah	Winona State	22:01.48	5	42
44 Rairdon, Rebekah	Augustana	22:03.29	5	43
45 Jackson, Chelsea	Fort Hays St.	22:05.90	5	44
46 Sistrunk, Kathryn	Msu-Moorhead	22:07.68	5	45
47 Hafdahl, Emma	U-Mary	22:08.53	5	46
48 Hujik, Heidi	Winona State	22:12.37	5	47
49 Coppedge, Makayla	SE Oklahoma	22:13.94	5	48
50 Metzger, Christina	Pittsburg St.	22:15.08	5	49
51 Blancaflor, Claudine	Southern Arkansas	22:15.30	6	50

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52	Serratore, Megan	Minnesota State	22:16.55	6	51
53	Pierson, Summer	Southwest Baptist	22:16.59	6	52
54	Webb, Amber	Harding	22:16.99	6	53
55	Gonzales, Yessenia	Fort Hays St.	22:18.39	6	54
56	Lofgren, Chrissy	St. Cloud State	22:20.37	6	55
57	Larson, Paige	Northern State	22:21.19	6	56
58	Svendsen, Nicole	Central Missouri	22:21.56	6	57
59	Fortier, McKenzie	Winona State	22:23.15	6	58
60	Allen, Megan	Minnesota State	22:23.36	6	59
61	Drennan, Madison	Harding	22:25.14	7	60
62	Jackson, Shelby	Missouri Southern	22:25.62	7	61
63	Borrowski, Meaghan	Minnesota-Duluth	22:28.29	7	62
64	Gracia, Gabby	Nebraska-Kearney	22:30.05	7	63
65	Palmer, Hannah	SW Minnesota St.	22:30.76	7	64
66	Horner, Kelsey	East Central	22:33.55	7	65
67	Rogers, Courtney	Central Missouri	22:34.83	7	66
68	Fuller, Kyra	Southern Nazarene	22:35.09	7	67
69	Harrison, Sarah	Minnesota-Duluth	22:36.29	7	68
70	Denton, Paige	Pittsburg St.	22:36.70	7	69
71	Puvogel, Jordan	Pittsburg St.	22:37.80	8	70
72	Usher, Sarah	Missouri Southern	22:38.04	8	71
73	Tompach, Madeline	Winona State	22:38.92	8	72
74	Roelike, Kaylee	St. Cloud State	22:39.21	8	73
75	Warrick, Jana	Minot State	22:40.83	8	74
76	Lombardi, Michaela	East Central	22:41.24	8	75
77	Kaiser, Amanda	Winona State	22:45.15	8	76
78	Braaten, Josie	Minnesota State	22:45.48	8	77
79	Wheeler, Rachel	Southwest Baptist	22:47.99	8	78
80	Gast, Lindsey	Northern State	22:50.30	8	79
81	Roberts, Lauren	Fort Hays St.	22:52.57	9	80
82	Dibben, Molly	Nebraska-Kearney	22:52.78	9	81
83	Mueller, Sylvie	Harding	22:52.93	9	82
84	Jansky, Kayla	SW Minnesota St.	22:53.24	9	83
85	Sakry, Rachel	St. Cloud State	22:53.70	9	84
86	Paul, Lily	Minnesota State	22:55.39	9	85
87	Leapaldt, Madison	Northern State	22:56.31	9	86
88	Cramer, Elizabeth	Nebraska-Kearney	22:57.04	9	87
89	Meza, Marisa	East Central	22:57.32	9	88
90	Clay, Jami	Central Missouri	22:57.74	9	89
91	Snell, Kaylee	Washburn	22:58.12	10	90
92	Kunz, Laura	Sioux Falls	22:58.35	10	91
93	Cunningham, Katie	Ouachita Baptist	23:01.95	10	
94	Snyder, Sheridan	Central Oklahoma	23:02.87	10	92
95	Kraft, Mindy	Msu-Moorhead	23:02.95	10	93
96	Kruger, Haley	Minnesota State	23:03.27	10	94
97	Hein, Kiana	Sioux Falls	23:03.38	10	95
98	Bond, Rebekkah	U-Mary	23:04.59	10	96
99	Stanley, Natalie	Nebraska-Kearney	23:11.44	10	97
100	Schwartz, Tenley	Sioux Falls	23:11.90	10	98
101	Weyenberg, Carisa	Minnesota State	23:12.98	11	99
102	Brookshire, Olivia	SW Oklahoma	23:14.19	11	100
103	Perez, Mercy	Emporia St.	23:14.40	11	
104	Gomez, Yesenia	Central Missouri	23:14.53	11	101
105	Shepherd, Melissa	NW Missouri	23:14.70	11	102

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106	Kopplow, Jordin	Sioux Falls	23:14.84	11	103
107	Campbell, Audrey	Central Oklahoma	23:15.77	11	104
108	Nelson, Amanda	Augustana	23:16.65	11	105
109	Westlake, Emily	Minot State	23:19.78	11	106
110	Mendez, Karen	East Central	23:22.02	11	107
111	Winchester, Abbie	East Central	23:25.53	12	108
112	Gray, Sierra	Missouri Southern	23:26.26	12	109
113	Miller, Paige	Washburn	23:28.26	12	110
114	Christman, Rebekah	SE Oklahoma	23:29.15	12	111
115	Boan, Stephanie	Central Missouri	23:32.73	12	112
116	Sanders, Sydney	Harding	23:34.30	12	113
117	Huether, Samantha	Minot State	23:36.85	12	114
118	Matti, Zia	St. Cloud State	23:37.13	12	115
119	Penner, Lisa	Fort Hays St.	23:39.54	12	116
120	Smith, Kirstie	Harding	23:43.10	12	117
121	Whiting, Dani	SW Oklahoma	23:43.32	13	118
122	Belford, Montana	Sioux Falls	23:44.50	13	119
123	DeSimone, Andrea	Wayne St.	23:44.69	13	120
124	Shurbert-Hetzel, Autum	St. Cloud State	23:44.79	13	121
125	Brower, Kayli	Lindenwood	23:45.09	13	122
126	Duarte, Jasmine	Washburn	23:46.03	13	123
127	Paulzine, Sarone	Bemidji State	23:51.15	13	124
128	Waddell, Savannas	Central Oklahoma	23:52.15	13	125
129	Story, Haylee	SE Oklahoma	23:53.54	13	126
130	Riera, Amy	Arkansas Tech	23:58.22	13	127
131	Bond, Deven	Central Oklahoma	23:59.64	14	128
132	Smith, Devyn	Emporia St.	24:02.54	14	
133	Brandt, Courtney	Northern State	24:02.71	14	129
134	LaPointe, Ashley	Lindenwood	24:06.87	14	130
135	Goertzen, Becca	Sioux Falls	24:06.90	14	131
136	McMinn, Caitlyn	Harding	24:07.55	14	132
137	Bradley, Megan	Arkansas Tech	24:07.67	14	133
138	Wigginton, Christine	Central Missouri	24:09.76	14	134
139	Mostek, Maria	NW Missouri	24:09.97	14	135
140	Selberg, Avery	Augustana	24:12.04	14	136
141	Holt, Mckenzie	St. Cloud State	24:14.09	15	137
142	Rich, Mykala	SW Oklahoma	24:15.51	15	138
143	Hedstrom, Camille	Arkansas Tech	24:16.59	15	139
144	Burge, Che	Southern Nazarene	24:17.60	15	140
145	Werner, Shelby	Missouri Southern	24:19.24	15	141
146	LeDuc, Niki	Washburn	24:20.00	15	142
147	Keohen, Jen	SW Minnesota St.	24:20.59	15	143
148	Bacon, Zoeie	Nebraska-Kearney	24:20.80	15	144
149	Baca, Hayley	Harding	24:21.83	15	145
150	Alberston, Patience	Minot State	24:22.93	15	146
151	Hurtz, Rachel	Southern Nazarene	24:24.21	16	147
152	Buehler, Stephanie	SW Oklahoma	24:25.18	16	148
153	Edwards, Logan	Arkansas Tech	24:27.17	16	149
154	Smith, Chandra	Upper Iowa	24:32.02	16	150
155	Gray, Jordan	Concordia-St. Paul	24:32.46	16	151
156	Brown, Madeline	Central Oklahoma	24:33.10	16	152
157	Lindberg, Ruth	Concordia-St. Paul	24:33.14	16	153
158	Stadler, Hannah	Central Oklahoma	24:37.14	16	154
159	Davison, Melissa	Nebraska-Kearney	24:38.47	16	155

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160 Swenson, Alicia	Msu-Moorhead	24:44.25	16	156
161 Janka, Kaitlyn	Southern Nazarene	24:44.93	17	157
162 Williamson, Morgan	SE Oklahoma	24:45.54	17	158
163 Austin, Jane	Bemidji State	24:46.26	17	159
164 Coen, Sierra	NW Missouri	24:47.78	17	160
165 Weber, Kristen	SW Minnesota St.	24:50.07	17	161
166 McLaughlin, Shannon	Arkansas Tech	24:50.54	17	162
167 Romero, Sierra	Southern Arkansas	24:54.62	17	163
168 Ramirez, Savannah	SW Minnesota St.	24:55.08	17	164
169 Most, Caitlyn	Lindenwood	24:56.10	17	165
170 Weber, Alyssa	Upper Iowa	24:57.32	17	166
171 Matzen, Sassie	NW Missouri	24:58.71	18	167
172 Knight, Rylie	Southern Arkansas	25:00.63	18	168
173 Hernandez, Letizia	SE Oklahoma	25:01.53	18	169
174 Kealy, Madison	Bemidji State	25:03.23	18	170
175 Brisso, Amanda	Lindenwood	25:07.14	18	171
176 Larsen, Jamie	Wayne St.	25:10.68	18	172
177 Wegscheid, Jenna	Msu-Moorhead	25:13.61	18	173
178 Bennett, Tasha	Concordia-St. Paul	25:16.85	18	174
179 Besel, McKenzie	SW Minnesota St.	25:19.20	18	175
180 Kirby, Amanda	SE Oklahoma	25:22.89	18	176
181 Morales, Sonia	Southern Arkansas	25:23.30	19	177
182 Donohue, Michelle	Southern Arkansas	25:25.51	19	178
183 Uhing, Madisyn	Washburn	25:30.75	19	179
184 Oswald, Alexis	Wayne St.	25:40.71	19	180
185 Flores, Elyse	Lindenwood	25:42.76	19	181
186 Davis, Paige	Upper Iowa	25:43.57	19	182
187 Thaemert, Rachel	Concordia-St. Paul	25:49.47	19	183
188 Morris, Mallory	Arkansas Tech	25:51.45	19	184
189 Huju, Autumn	Bemidji State	25:52.93	19	185
190 Coldren, Emily	SW Minnesota St.	25:56.84	19	186
191 Garrison, Lena	SW Oklahoma	25:59.70	20	187
192 Cox, Jessica	NW Missouri	26:03.71	20	188
193 Kirchgessner, Brianne	SW Oklahoma	26:15.63	20	189
194 Green, Emma	Southern Nazarene	26:17.47	20	190
195 Welciek, Julia	Bemidji State	26:21.29	20	191
196 Robertson, Kelsey	Lindenwood	26:22.62	20	192
197 Mapp, Angel	Arkansas Tech	26:29.42	20	193
198 Lawler, Mikayla	NW Missouri	26:33.14	20	194
199 Matlock, Bailee	SE Oklahoma	26:36.64	20	195
200 Coppage, McKenzie	Upper Iowa	26:38.73	20	196
201 Ramsay, Courtney	Concordia-St. Paul	27:04.08	21	197
202 Huberty, Paxton	Concordia-St. Paul	27:09.20	21	198
203 Anderson, Courtney	Bemidji State	27:11.09	21	199
204 Peitz, Josephine	Wayne St.	27:14.01	21	200
205 Huether, Stephanie	Minot State	27:36.05	21	201
206 Alderson, Mary	Wayne St.	27:46.20	21	202
207 Breitsprecher, Josie	Upper Iowa	29:47.42	21	203
208 Janka, Becca	Southern Nazarene	29:57.36	21	204
209 Nash Silva, Dijah	Minot State	30:08.05	21	205
210 Post, Sarah	Wayne St.	31:40.64	21	206
211 Hill, Breyanna	Upper Iowa	32:20.45	22	207

