

2022 NSIC Outdoor Track & Field Championship - 5/12/2022 to 5/14/2022

Timing and Results by Hero's Timing

Northern State University

Results - Thursday

Event 41 Decathlon: #1 Men 100 Meter Dash Decathlon

Name	Year School	Finals	Wind	H#	Points
Finals					
1 Erick, Calder	FR Concordia-St. Paul	11.13	0.5	2	832
2 Johnson, Arik	SR Concordia-St. Paul	11.39	0.7	1	776
3 Larson, Colby	FR Msu-Moorhead	11.51	0.5	2	750
4 Lilly, Noah	SR Wayne State (Neb.)	11.58	0.7	1	736
5 Brandt, Alex	FR Wayne State (Neb.)	11.70	0.7	1	711
6 Willis, Jackson	FR Northern State	11.71	0.5	2	709
7 Hauver, Josh	SO Concordia-St. Paul	11.77	0.5	2	697
8 Enders, Peyton	SO Concordia-St. Paul	11.95	0.7	1	661
9 Kucera, Kyle	SO Minnesota-Duluth	11.97	0.7	1	657
10 Dilly, Blain	SO SW Minnesota St.	12.04	0.5	2	643
11 Juengst, Sean	FR Northern State	12.09	0.5	2	633
12 Stevenson, Malakhi	FR U-Mary	12.35	0.5	2	584
13 Bittenbender, Austin	SR Upper Iowa	12.38	0.7	1	578
-- Tordsen, Jakob	SR Concordia-St. Paul	SCR	0.5	2	

Event 41 Decathlon: #2 Men Long Jump Decathlon

Name	Year School	Finals	Wind	Points
1 Willis, Jackson	FR Northern State	6.73m	0.2	22-01.00 750
		6.73m(0.2) 6.57m(0.5) 6.54m(1.1)		
2 Erick, Calder	FR Concordia-St. Paul	6.61m	+0.0	21-08.25 723
		6.61m(+0.0) 6.42m(+0.0) 6.45m(+0.0)		
3 Stevenson, Malakhi	FR U-Mary	6.33m	+0.0	20-09.25 659
		5.98m(+0.0) 6.17m(0.1) 6.33m(+0.0)		
4 Brandt, Alex	FR Wayne State (Neb.)	6.32m	+0.0	20-09.00 657
		6.32m(+0.0) 6.32m(0.5) 6.27m(0.1)		
5 Lilly, Noah	SR Wayne State (Neb.)	6.27m	+0.0	20-07.00 646
		6.09m(0.9) 6.27m(+0.0) FOUL		
6 Enders, Peyton	SO Concordia-St. Paul	6.08m	0.4	19-11.50 604
		5.80m(+0.0) 5.84m(0.9) 6.08m(0.4)		
6 Bittenbender, Austin	SR Upper Iowa	6.08m	+0.0	19-11.50 604
		6.08m(+0.0) 6.05m(0.6) PASS		
8 Johnson, Arik	SR Concordia-St. Paul	6.07m	0.7	19-11.00 602
		6.00m(+0.0) 6.07m(0.7) 5.91m(0.2)		
9 Larson, Colby	FR Msu-Moorhead	6.05m	+0.0	19-10.25 597
		5.98m(0.2) FOUL 6.05m(+0.0)		
10 Dilly, Blain	SO SW Minnesota St.	6.01m	+0.0	19-08.75 589
		FOUL 5.74m(+0.0) 6.01m(+0.0)		
11 Hauver, Josh	SO Concordia-St. Paul	5.98m	0.7	19-07.50 582
		5.68m(0.3) 5.78m(1.1) 5.98m(0.7)		
12 Juengst, Sean	FR Northern State	5.70m	0.2	18-08.50 523
		5.64m(+0.0) 5.64m(0.4) 5.70m(0.2)		
13 Kucera, Kyle	SO Minnesota-Duluth	5.66m	+0.0	18-07.00 514
		5.50m(+0.0) 5.64m(0.3) 5.66m(+0.0)		

Event 41 Decathlon: #3 Men Shot Put Decathlon

Name	Year School	Finals	Points
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Results - Thursday

....Event 41 Decathlon: #4 Men High Jump Decathlon

7	Bittenbender, Austin	SR Upper Iowa	1.76m	5-09.25	1	593
	1.46 1.49 1.52 1.55 1.58 1.61 1.64 1.67 1.70 1.73 1.76 1.79					
	PPP PPP PPP PPP PPP PPP PPP PPP XXO XO XO XXX					
10	Dilly, Blain	SO SW Minnesota St.	1.73m	5-08.00	1	569
	1.46 1.49 1.52 1.55 1.58 1.61 1.64 1.67 1.70 1.73 1.76					
	PPP PPP XO PPP O O O O XXO XXX					
11	Kucera, Kyle	SO Minnesota-Duluth	1.67m	5-05.75	1	520
	1.46 1.49 1.52 1.55 1.58 1.61 1.64 1.67 1.70					
	PPP PPP PPP PPP O XO O XXO XXX					
11	Hauver, Josh	SO Concordia-St. Paul	1.67m	5-05.75	1	520
	1.46 1.49 1.52 1.55 1.58 1.61 1.64 1.67 1.70					
	PPP PPP PPP PPP O O O O XXX					
11	Erick, Calder	FR Concordia-St. Paul	1.67m	5-05.75	1	520
	1.46 1.49 1.52 1.55 1.58 1.61 1.64 1.67 1.70					
	PPP PPP PPP PPP PPP PPP O O XXX					

Event 41 Decathlon: #5 Men 400 Meter Dash Decathlon

Name	Year School	Finals	H#	Points
1 Erick, Calder	FR Concordia-St. Paul	52.24	2	714
2 Bittenbender, Austin	SR Upper Iowa	52.33	1	710
3 Hauver, Josh	SO Concordia-St. Paul	53.34	1	667
4 Willis, Jackson	FR Northern State	53.65	2	654
5 Johnson, Arik	SR Concordia-St. Paul	53.89	2	644
6 Brandt, Alex	FR Wayne State (Neb.)	54.45	2	621
7 Juengst, Sean	FR Northern State	54.47	1	620
8 Kucera, Kyle	SO Minnesota-Duluth	54.52	2	618
9 Lilly, Noah	SR Wayne State (Neb.)	54.54	2	617
10 Enders, Peyton	SO Concordia-St. Paul	54.79	1	607
11 Larson, Colby	FR Msu-Moorhead	55.13	1	594
12 Stevenson, Malakhi	FR U-Mary	56.17	1	553
13 Dilly, Blain	SO SW Minnesota St.	56.62	2	535
-- Tordsen, Jakob	SR Concordia-St. Paul	SCR	2	

Event 42 Heptathlon: #1 Women 100 Meter Hurdles Heptathlon

Name	Year School	Finals	Wind	H#	Points
1 Arason, Hannah	SR St. Cloud State	14.63	2.3	6	891
2 Robinson, Arika	SO Concordia-St. Paul	14.65	2.3	6	888
3 Swanson, Emily	SO Sioux Falls	15.16	2.3	6	821
4 Paschka, Kaye	SO Augustana (S.D.)	15.30	2.3	6	802
5 Sallee, Kylee	FR Augustana (S.D.)	15.48	3.2	5	779
6 London, Bryn	JR Minnesota-Duluth	15.76	3.2	4	744
7 Tucker, Aneesha	SR Bemidji State	15.85	3.2	5	733
8 Serrao, Adla	SO Msu-Moorhead	15.97	3.2	5	718
9 Mickelson, Isadora	SO SW Minnesota St.	16.04	3.2	5	709
10 Pedroso, Maria	FR Augustana (S.D.)	16.18	3.1	1	692
11 Curtice, Emily	SO Bemidji State	16.26	2.7	3	683
12 Nielsen, Margaret	JR Upper Iowa	16.28	2.7	3	680
13 Sunnarborg, Samantha	SO Minnesota State	16.29	2.3	2	679
14 Inama, Laura	FR U-Mary	16.29	2.3	2	679
15 Stone, Zoe	JR Minnesota State	16.35	3.2	4	672

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....Event 42 Heptathlon: #1 Women 100 Meter Hurdles Heptathlon

16 Babock, Mickalyn	SO Msu-Moorhead	16.55	3.2	4	648
17 Schroeder, Tessa	JR Msu-Moorhead	16.62	3.2	4	640
18 Sowada, Sophia	JR Msu-Moorhead	16.65	2.3	2	637
19 Fultz, Natalie	SO Bemidji State	16.89	2.7	3	609
20 Mlejnek, Jasmine	SO Minnesota State	17.38	3.1	1	554
21 Martin, Jade	JR Upper Iowa	20.78	3.1	1	241

Event 42 Heptathlon: #2 Women High Jump Heptathlon

Name	Year	School	Finals										H#	Points			
1 Robinson, Arika	SO	Concordia-St. Paul	1.68m	5-06.00	2	830											
	1.23	1.26	1.29	1.32	1.35	1.38	1.41	1.44	1.47	1.50	1.53	1.56	1.59	1.62	1.65	1.68	1.71
	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	0	XO	0	XXX
2 Stone, Zoe	JR	Minnesota State	1.65m	5-05.00	2	795											
	1.23	1.26	1.29	1.32	1.35	1.38	1.41	1.44	1.47	1.50	1.53	1.56	1.59	1.62	1.65	1.68	
	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	0	0	XO	XXO	XXO	XXX	
2 Arason, Hannah	SR	St. Cloud State	1.65m	5-05.00	2	795											
	1.23	1.26	1.29	1.32	1.35	1.38	1.41	1.44	1.47	1.50	1.53	1.56	1.59	1.62	1.65	1.68	
	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	0	0	XO	XXO	XXO	XXX	
4 Swanson, Emily	SO	Sioux Falls	1.62m	5-03.75	2	759											
	1.23	1.26	1.29	1.32	1.35	1.38	1.41	1.44	1.47	1.50	1.53	1.56	1.59	1.62	1.65		
	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	XO	0	0	XXO	XXX		
5 Fultz, Natalie	SO	Bemidji State	1.56m	5-01.25	2	689											
	1.23	1.26	1.29	1.32	1.35	1.38	1.41	1.44	1.47	1.50	1.53	1.56	1.59				
	PPP	PPP	PPP	PPP	PPP	PPP	0	XO	0	0	XXO	0	XXX				
5 Schroeder, Tessa	JR	Msu-Moorhead	1.56m	5-01.25	1	689											
	1.23	1.26	1.29	1.32	1.35	1.38	1.41	1.44	1.47	1.50	1.53	1.56	1.59				
	PPP	PPP	PPP	PPP	PPP	0	0	0	0	0	XXO	0	XXX				
5 Babock, Mickalyn	SO	Msu-Moorhead	1.56m	5-01.25	1	689											
	1.23	1.26	1.29	1.32	1.35	1.38	1.41	1.44	1.47	1.50	1.53	1.56	1.59				
	PPP	PPP	PPP	PPP	PPP	0	0	0	XXO	XO	XXO	XXO	XXX				
5 Sallee, Kylee	FR	Augustana (S.D.)	1.56m	5-01.25	2	689											
	1.23	1.26	1.29	1.32	1.35	1.38	1.41	1.44	1.47	1.50	1.53	1.56	1.59				
	PPP	PPP	PPP	PPP	PPP	PPP	PPP	0	0	0	XO	0	XXX				
9 Nielsen, Margaret	JR	Upper Iowa	1.53m	5-00.25	1	655											
	1.23	1.26	1.29	1.32	1.35	1.38	1.41	1.44	1.47	1.50	1.53	1.56					
	PPP	PPP	PPP	PPP	XO	0	0	0	XXO	0	XO	XXX					
9 Inama, Laura	FR	U-Mary	1.53m	5-00.25	2	655											
	1.23	1.26	1.29	1.32	1.35	1.38	1.41	1.44	1.47	1.50	1.53	1.56					
	PPP	PPP	PPP	0	PPP	0	0	XO	0	0	XXO	XXX					
9 Pedroso, Maria	FR	Augustana (S.D.)	1.53m	5-00.25	2	655											
	1.23	1.26	1.29	1.32	1.35	1.38	1.41	1.44	1.47	1.50	1.53	1.56					
	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	0	0	0	XXX					
9 London, Bryn	JR	Minnesota-Duluth	1.53m	5-00.25	2	655											
	1.23	1.26	1.29	1.32	1.35	1.38	1.41	1.44	1.47	1.50	1.53	1.56					
	PPP	PPP	PPP	PPP	PPP	PPP	0	XO	0	XO	0	XXX					
9 Sunnarborg, Samantha	SO	Minnesota State	1.53m	5-00.25	2	655											
	1.23	1.26	1.29	1.32	1.35	1.38	1.41	1.44	1.47	1.50	1.53	1.56					
	PPP	PPP	PPP	PPP	PPP	PPP	PPP	0	XO	0	XO	XXX					
9 Mlejnek, Jasmine	SO	Minnesota State	1.53m	5-00.25	1	655											
	1.23	1.26	1.29	1.32	1.35	1.38	1.41	1.44	1.47	1.50	1.53	1.56					
	PPP	PPP	PPP	PPP	PPP	PPP	0	0	XO	0	0	XXX					

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....Event 42 Heptathlon: #2 Women High Jump Heptathlon

9	Sowada, Sophia	JR Msu-Moorhead	1.53m	5-00.25	1	655
	1.23 1.26 1.29 1.32 1.35 1.38 1.41 1.44 1.47 1.50 1.53 1.56					
	PPP PPP PPP PPP PPP 0 0 0 0 0 XXO XXX					
16	Tucker, Aneesha	SR Bemidji State	1.50m	4-11.00	1	621
	1.23 1.26 1.29 1.32 1.35 1.38 1.41 1.44 1.47 1.50 1.53					
	PPP PPP 0 0 0 0 0 0 0 0 XXX					
16	Curtice, Emily	SO Bemidji State	1.50m	4-11.00	1	621
	1.23 1.26 1.29 1.32 1.35 1.38 1.41 1.44 1.47 1.50 1.53					
	PPP PPP PPP PPP 0 0 0 0 0 XXO XXX					
16	Paschka, Kaye	SO Augustana (S.D.)	1.50m	4-11.00	2	621
	1.23 1.26 1.29 1.32 1.35 1.38 1.41 1.44 1.47 1.50 1.53					
	PPP PPP PPP PPP PPP PPP 0 XXO 0 0 XXX					
19	Serrao, Adla	SO Msu-Moorhead	1.47m	4-09.75	1	588
	1.23 1.26 1.29 1.32 1.35 1.38 1.41 1.44 1.47 1.50					
	PPP PPP PPP PPP 0 0 XO XO XXO XXX					
20	Martin, Jade	JR Upper Iowa	1.44m	4-08.75	1	555
	1.23 1.26 1.29 1.32 1.35 1.38 1.41 1.44 1.47					
	PPP PPP PPP PPP 0 0 0 XO XXX					
21	Mickelson, Isadora	SO SW Minnesota St.	1.38m	4-06.25	1	491
	1.23 1.26 1.29 1.32 1.35 1.38 1.41					
	0 0 0 0 0 0 XXX					

Event 42 Heptathlon: #3 Women Shot Put Heptathlon

Name	Year School	Finals	H#	Points
1 Stone, Zoe	JR Minnesota State	11.18m	36-08.25	2 607
	10.92m 11.18m 10.79m			
2 Sunnarborg, Samantha	SO Minnesota State	11.00m	36-01.25	2 595
	10.67m 10.88m 11.00m			
3 Curtice, Emily	SO Bemidji State	10.79m	35-05.00	1 581
	10.30m 10.79m 10.60m			
4 Robinson, Arika	SO Concordia-St. Paul	10.71m	35-01.75	2 576
	9.77m 10.71m 10.33m			
5 Arason, Hannah	SR St. Cloud State	10.66m	34-11.75	2 573
	9.85m 10.66m 10.18m			
6 Paschka, Kaye	SO Augustana (S.D.)	10.53m	34-06.75	2 564
	9.20m 8.97m 10.53m			
7 Sallee, Kylee	FR Augustana (S.D.)	10.20m	33-05.75	2 543
	10.20m 9.19m 9.29m			
8 Sowada, Sophia	JR Msu-Moorhead	9.96m	32-08.25	1 527
	9.57m 9.96m 9.58m			
9 Tucker, Aneesha	SR Bemidji State	9.72m	31-10.75	1 511
	9.20m 9.38m 9.72m			
10 Mlejnek, Jasmine	SO Minnesota State	9.54m	31-03.75	1 499
	9.29m 9.54m 9.41m			
10 Mickelson, Isadora	SO SW Minnesota St.	9.54m	31-03.75	1 499
	8.73m 9.54m 8.49m			
12 Swanson, Emily	SO Sioux Falls	9.53m	31-03.25	2 499
	9.53m 9.47m FOUL			
13 Pedroso, Maria	FR Augustana (S.D.)	9.34m	30-07.75	2 486
	9.34m 9.32m FOUL			
14 Nielsen, Margaret	JR Upper Iowa	8.85m	29-00.50	1 454
	8.51m 8.85m 8.36m			

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15	Serrao, Adla	SO Msu-Moorhead	8.79m	28-10.25	1	451
	8.79m 7.96m 8.23m					
16	Fultz, Natalie	SO Bemidji State	8.74m	28-08.25	2	447
	8.60m 8.74m 8.74m					
17	London, Bryn	JR Minnesota-Duluth	8.73m	28-07.75	2	447
	8.32m 8.32m 8.73m					
18	Babock, Mickalyn	SO Msu-Moorhead	8.50m	27-10.75	1	432
	8.50m 8.44m 7.97m					
19	Inama, Laura	FR U-Mary	8.38m	27-06.00	2	424
	8.25m 8.38m 8.37m					
20	Schroeder, Tessa	JR Msu-Moorhead	8.17m	26-09.75	1	410
	7.92m 8.02m 8.17m					
21	Martin, Jade	JR Upper Iowa	8.11m	26-07.25	1	406
	8.05m 8.11m 7.50m					

Event 42 Heptathlon: #4 Women 200 Meter Dash Heptathlon

Name	Year School	Finals	Wind	H#	Points
1 Robinson, Arika	SO Concordia-St. Paul	25.59	-0.6	3	833
2 Inama, Laura	FR U-Mary	26.13	-0.6	3	786
3 Arason, Hannah	SR St. Cloud State	26.26	-0.6	3	775
4 Sallee, Kylee	FR Augustana (S.D.)	26.52	-0.6	3	752
5 Swanson, Emily	SO Sioux Falls	26.65	-0.6	3	741
6 Curtice, Emily	SO Bemidji State	26.77	-0.6	3	731
7 Fultz, Natalie	SO Bemidji State	26.88	-0.2	2	722
8 Tucker, Aneesa	SR Bemidji State	27.03	-0.6	3	709
9 Martin, Jade	JR Upper Iowa	27.46	-0.2	2	674
10 Sunnarborg, Samantha	SO Minnesota State	27.50	-0.2	2	671
11 Paschka, Kaye	SO Augustana (S.D.)	27.64	-0.2	2	659
12 Serrao, Adla	SO Msu-Moorhead	27.66	-0.2	2	658
13 Babock, Mickalyn	SO Msu-Moorhead	27.76	-0.6	3	650
14 Nielsen, Margaret	JR Upper Iowa	27.96	-0.2	2	634
15 Pedroso, Maria	FR Augustana (S.D.)	28.07	-0.2	2	625
16 Mickelson, Isadora	SO SW Minnesota St.	28.15	-0.4	1	619
17 Sowada, Sophia	JR Msu-Moorhead	28.34	-0.4	1	604
18 Stone, Zoe	JR Minnesota State	28.41	-0.4	1	599
19 London, Bryn	JR Minnesota-Duluth	28.68	-0.4	1	578
20 Schroeder, Tessa	JR Msu-Moorhead	28.70	-0.2	2	577
21 Mlejnek, Jasmine	SO Minnesota State	29.28	-0.4	1	534

2022 NSIC Outdoor Track & Field Championship - 5/12/2022 to 5/14/2022**Timing and Results by Hero's Timing****Northern State University****Results - Friday****Event 41 Decathlon: #6 Men 110 Meter Hurdles Decathlon**

Name	Year School	Finals	Wind	H#	Points
Finals					
1 Erick, Calder	FR Concordia-St. Paul	15.30	5.5	4	814
2 Brandt, Alex	FR Wayne State (Neb.)	15.75	7.5	3	761
3 Johnson, Arik	SR Concordia-St. Paul	15.92	5.5	4	742
4 Lilly, Noah	SR Wayne State (Neb.)	15.96	5.5	4	737
5 Stevenson, Malakhi	FR U-Mary	16.67	7.5	3	659
6 Hauver, Josh	SO Concordia-St. Paul	17.08	5.0	2	616
7 Willis, Jackson	FR Northern State	17.37	5.0	2	586
8 Larson, Colby	FR Msu-Moorhead	17.50	4.3	1	573
9 Enders, Peyton	SO Concordia-St. Paul	17.52	7.5	3	571
10 Kucera, Kyle	SO Minnesota-Duluth	17.78	5.0	2	545
11 Bittenbender, Austin	SR Upper Iowa	18.14	4.3	1	511
12 Juengst, Sean	FR Northern State	18.25	4.3	1	500
13 Dilly, Blain	SO SW Minnesota St.	21.89	7.5	3	215
-- Tordsen, Jakob	SR Concordia-St. Paul	SCR	5.5	4	

Event 42 Heptathlon: #5 Women Long Jump Heptathlon

Name	Year School	Finals	Wind	H#	Points
1 Robinson, Arika	SO Concordia-St. Paul	5.72m	3.4	18-09.25	2 765
FOUL 5.72m(3.4) 5.42m(1.6)					
2 Sallee, Kylee	FR Augustana (S.D.)	5.48m	2.8	17-11.75	2 694
5.48m(2.8) 5.30m(3.4) 5.33m(1.7)					
3 Arason, Hannah	SR St. Cloud State	5.47m	3.2	17-11.50	2 691
5.47m(3.2) 5.41m(2.0) 5.15m(2.5)					
4 Tucker, Aneesa	SR Bemidji State	5.26m	3.2	17-03.25	1 631
5.26m(3.2) FOUL FOUL					
5 Swanson, Emily	SO Sioux Falls	5.20m	2.2	17-00.75	2 614
5.20m(2.2) 5.11m(1.4) FOUL					
6 Stone, Zoe	JR Minnesota State	5.16m	3.0	16-11.25	2 603
4.90m(1.7) 5.16m(3.0) 5.01m(2.3)					
7 Sunnarborg, Samantha	SO Minnesota State	5.06m	3.8	16-07.25	2 576
4.95m(2.5) 4.81m(5.5) 5.06m(3.8)					
8 Pedroso, Maria	FR Augustana (S.D.)	5.01m	3.3	16-05.25	2 562
4.51m(0.2) FOUL 5.01m(3.3)					
9 Fultz, Natalie	SO Bemidji State	4.99m	2.5	16-04.50	2 557
4.99m(2.5) 4.97m(4.1) 4.25m(1.8)					
10 Curtice, Emily	SO Bemidji State	4.98m	2.7	16-04.25	1 554
4.98m(2.7) 4.89m(5.6) 4.81m(6.1)					
11 Paschka, Kaye	SO Augustana (S.D.)	4.97m	3.3	16-03.75	2 551
FOUL 4.97m(3.3) 4.85m(4.8)					
12 Mlejnek, Jasmine	SO Minnesota State	4.96m	6.9	16-03.25	1 548
FOUL 4.94m(4.9) 4.96m(6.9)					
13 Inama, Laura	FR U-Mary	4.93m	0.5	16-02.25	2 540
4.93m(0.5) 4.92m(3.8) 4.88m(2.7)					
14 Mickelson, Isadora	SO SW Minnesota St.	4.80m	3.2	15-09.00	1 506
4.80m(3.2) 4.36m(5.2) 4.48m(4.2)					
15 London, Bryn	JR Minnesota-Duluth	4.79m	3.8	15-08.75	2 503
4.36m(3.0) 4.79m(3.8) 4.61m(1.6)					
16 Martin, Jade	JR Upper Iowa	4.66m	4.9	15-03.50	1 469
4.66m(4.9) 4.35m(6.1) 4.31m(9.2)					

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....Event 42 Heptathlon: #5 Women Long Jump Heptathlon

17	Sowada, Sophia	JR Msu-Moorhead	4.64m	1.0	15-02.75	1	464
	4.64m(1.0) FOUL	4.50m(3.1)					
18	Schroeder, Tessa	JR Msu-Moorhead	4.56m	7.1	14-11.50	1	443
	4.36m(1.7) 4.46m(4.1) 4.56m(7.1)						
18	Serrao, Adla	SO Msu-Moorhead	4.56m	4.1	14-11.50	1	443
	3.60m(3.1) 4.48m(5.0) 4.56m(4.1)						
20	Nielsen, Margaret	JR Upper Iowa	4.51m	4.1	14-09.75	1	431
	4.42m(7.1) 4.35m(7.3) 4.51m(4.1)						
21	Babock, Mickalyn	SO Msu-Moorhead	4.05m	6.1	13-03.50	1	319
	4.05m(6.1) PASS PASS						

Event 41 Decathlon: #7 Men Discus Throw Decathlon

Name	Year School	Finals	Points
1 Stevenson, Malakhi	FR U-Mary	32.84m	107-09 521
		29.75m 32.84m FOUL	
2 Bittenbender, Austin	SR Upper Iowa	31.50m	103-04 494
		29.59m 28.24m 31.50m	
3 Erick, Calder	FR Concordia-St. Paul	29.37m	96-04 452
		29.37m 29.03m FOUL	
4 Juengst, Sean	FR Northern State	27.68m	90-10 419
		FOUL 27.68m 20.69m	
5 Brandt, Alex	FR Wayne State (Neb.)	27.17m	89-02 409
		24.50m 27.17m FOUL	
6 Hauver, Josh	SO Concordia-St. Paul	26.10m	85-07 388
		18.76m 26.10m 21.52m	
7 Willis, Jackson	FR Northern State	24.64m	80-10 360
		18.80m 24.64m FOUL	
8 Lilly, Noah	SR Wayne State (Neb.)	23.13m	75-11 331
		FOUL 22.80m 23.13m	
9 Dilly, Blain	SO SW Minnesota St.	22.30m	73-02 315
		22.30m 17.55m FOUL	
10 Johnson, Arik	SR Concordia-St. Paul	22.24m	72-11 314
		FOUL 22.24m 18.80m	
11 Kucera, Kyle	SO Minnesota-Duluth	20.65m	67-09 284
		FOUL 17.48m 20.65m	
12 Enders, Peyton	SO Concordia-St. Paul	19.92m	65-04 271
		16.76m 16.08m 19.92m	
13 Larson, Colby	FR Msu-Moorhead	17.28m	56-08 222
		13.57m 14.07m 17.28m	

Event 42 Heptathlon: #6 Women Javelin Throw Heptathlon

Name	Year School	Finals	H#	Points
1 Sunnarborg, Samantha	SO Minnesota State	44.70m	146-08 2	758
		33.96m 44.70m 43.39m		
2 Arason, Hannah	SR St. Cloud State	44.24m	145-02 2	749
		44.24m 40.48m 39.47m		
3 Swanson, Emily	SO Sioux Falls	35.88m	117-08 2	588
		30.90m 32.41m 35.88m		
4 Mlejnek, Jasmine	SO Minnesota State	35.66m	117-00 1	584
		35.66m FOUL 32.53m		

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....Event 42 Heptathlon: #6 Women Javelin Throw Heptathlon

5	Curtice, Emily	SO Bemidji State	34.48m	113-01	1	562
	34.48m 31.93m 32.46m					
6	Robinson, Arika	SO Concordia-St. Paul	33.02m	108-04	2	534
	31.31m 24.31m 33.02m					
7	Paschka, Kaye	SO Augustana (S.D.)	31.06m	101-11	2	497
	FOUL 27.74m 31.06m					
8	Sallee, Kylee	FR Augustana (S.D.)	30.81m	101-01	2	492
	FOUL 28.87m 30.81m					
9	Martin, Jade	JR Upper Iowa	27.39m	89-10	1	427
	24.14m 25.81m 27.39m					
10	Tucker, Aneesa	SR Bemidji State	26.95m	88-05	1	419
	FOUL 26.95m 24.92m					
11	Serrao, Adla	SO Msu-Moorhead	26.74m	87-09	1	415
	25.48m 26.74m FOUL					
12	Inama, Laura	FR U-Mary	26.28m	86-03	2	406
	26.28m 26.06m 24.14m					
13	Stone, Zoe	JR Minnesota State	25.28m	82-11	2	388
	24.99m 22.15m 25.28m					
14	Fultz, Natalie	SO Bemidji State	23.91m	78-05	2	362
	22.21m 22.80m 23.91m					
15	Nielsen, Margaret	JR Upper Iowa	22.80m	74-10	1	341
	22.80m 22.35m 19.19m					
16	Pedroso, Maria	FR Augustana (S.D.)	22.52m	73-11	2	336
	17.18m 19.48m 22.52m					
17	Sowada, Sophia	JR Msu-Moorhead	21.85m	71-08	1	323
	18.86m 21.64m 21.85m					
18	London, Bryn	JR Minnesota-Duluth	20.71m	67-11	2	302
	20.71m 18.72m FOUL					
19	Schroeder, Tessa	JR Msu-Moorhead	17.88m	58-08	1	250
	16.50m 17.88m FOUL					
20	Mickelson, Isadora	SO SW Minnesota St.	15.07m	49-05	1	198
	15.07m 10.55m 12.30m					

Event 41 Decathlon: #8 Men Pole Vault Decathlon

=====											
Name	Year School					Finals	Points		=====		
=====											
1	Lilly, Noah	SR Wayne State (Neb.)					4.48m	14-08.25	754		
		3.68	3.78	3.88	3.98	4.08	4.18	4.28	4.38	4.48	4.58
		O	P	O	P	XO	XO	XO	O	XO	XXX
2	Kucera, Kyle	SO Minnesota-Duluth					4.08m	13-04.50	640		
		3.68	3.78	3.88	3.98	4.08	4.18				
		O	P	O	O	XO	XXX				
3	Johnson, Arik	SR Concordia-St. Paul					3.88m	12-08.75	584		
		3.48	3.58	3.68	3.78	3.88	3.98				
		O	O	O	XO	XO	XXX				
4	Willis, Jackson	FR Northern State					3.78m	12-04.75	557		
		3.28	3.38	3.48	3.58	3.68	3.78	3.88			
		XO	O	O	O	O	O	XXX			
5	Hauver, Josh	SO Concordia-St. Paul					3.68m	12-00.75	530		
		3.38	3.48	3.58	3.68	3.78					
		O	O	O	O	XXX					

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....Event 41 Decathlon: #8 Men Pole Vault Decathlon

6	Juengst, Sean	FR Northern State	3.48m	11-05.00	477
	2.98 3.08 3.18 3.28 3.38 3.48 3.58				
	0 0 0 0 0 XO XXX				
7	Enders, Peyton	SO Concordia-St. Paul	3.38m	11-01.00	451
	2.78 2.88 2.98 3.08 3.18 3.28 3.38 3.48				
	0 XO 0 0 0 0 0 XXX				
7	Brandt, Alex	FR Wayne State (Neb.)	3.38m	11-01.00	451
	2.58 2.88 2.98 3.08 3.18 3.28 3.38 3.48				
	0 0 0 0 0 0 0 XXX				
9	Stevenson, Malakhi	FR U-Mary	3.28m	10-09.00	426
	2.58 2.68 2.78 2.88 2.98 3.08 3.18 3.28 3.38				
	0 P 0 0 0 0 XXO 0 XXX				
10	Larson, Colby	FR Msu-Moorhead	3.08m	10-01.25	376
	2.98 3.08 3.18				
	0 0 XXX				
11	Dilly, Blain	SO SW Minnesota St.	2.98m	9-09.25	352
	2.38 2.48 2.58 2.68 2.78 2.88 2.98 3.08				
	0 P 0 P 0 P XXO XXX				
12	Bittenbender, Austin	SR Upper Iowa	2.78m	9-01.50	305
	2.38 2.48 2.58 2.68 2.78 2.88				
	0 P 0 XXO 0 XXX				
--	Erick, Calder	FR Concordia-St. Paul	NH		
	3.68				
	XXX				

Event 42 Heptathlon: #7 Women 800 Meter Dash Heptathlon

Name	Year School	Finals	Points
1 Swanson, Emily	SO Sioux Falls	2:22.22	794
2 Tucker, Aneesa	SR Bemidji State	2:24.94	758
3 Fultz, Natalie	SO Bemidji State	2:26.69	735
4 Arason, Hannah	SR St. Cloud State	2:27.02	731
5 Sunnarborg, Samantha	SO Minnesota State	2:29.46	700
6 Robinson, Arika	SO Concordia-St. Paul	2:34.16	642
7 Inama, Laura	FR U-Mary	2:35.58	625
8 Curtice, Emily	SO Bemidji State	2:35.73	623
9 Martin, Jade	JR Upper Iowa	2:36.33	616
10 Schroeder, Tessa	JR Msu-Moorhead	2:37.09	607
11 Sowada, Sophia	JR Msu-Moorhead	2:37.38	603
12 Pedroso, Maria	FR Augustana (S.D.)	2:38.03	596
13 Sallee, Kylee	FR Augustana (S.D.)	2:38.92	585
14 Stone, Zoe	JR Minnesota State	2:39.12	583
15 Paschka, Kaye	SO Augustana (S.D.)	2:39.96	573
16 Mlejnek, Jasmine	SO Minnesota State	2:43.33	535
17 London, Bryn	JR Minnesota-Duluth	2:47.16	494
18 Nielsen, Margaret	JR Upper Iowa	2:50.55	458
19 Serrao, Adla	SO Msu-Moorhead	2:52.42	439
20 Mickelson, Isadora	SO SW Minnesota St.	2:59.27	372
-- Babock, Mickalyn	SO Msu-Moorhead	SCR	

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Event 41 Decathlon: #9 Men Javelin Throw Decathlon

Name	Year	School	Finals	Points
1 Bittenbender, Austin	SR	Upper Iowa	48.11m	157-10 561
41.86m 39.51m 48.11m				
2 Erick, Calder	FR	Concordia-St. Paul	45.44m	149-01 521
45.44m 43.53m FOUL				
3 Brandt, Alex	FR	Wayne State (Neb.)	44.63m	146-05 510
40.54m 44.63m 43.19m				
4 Stevenson, Malakhi	FR	U-Mary	43.01m	141-01 486
FOUL 37.89m 43.01m				
5 Juengst, Sean	FR	Northern State	42.85m	140-07 484
42.85m 37.63m 39.04m				
6 Lilly, Noah	SR	Wayne State (Neb.)	41.42m	135-11 463
32.36m 41.42m 40.06m				
7 Kucera, Kyle	SO	Minnesota-Duluth	38.08m	124-11 414
38.08m 37.99m 37.31m				
8 Dilly, Blain	SO	SW Minnesota St.	37.91m	124-04 412
36.11m 34.66m 37.91m				
9 Willis, Jackson	FR	Northern State	36.83m	120-10 396
35.25m 36.83m 36.46m				
10 Johnson, Arik	SR	Concordia-St. Paul	35.87m	117-08 383
34.46m 35.87m 34.67m				
11 Enders, Peyton	SO	Concordia-St. Paul	33.74m	110-08 352
33.74m 28.17m 30.07m				
12 Larson, Colby	FR	Msu-Moorhead	31.39m	103-00 319
31.39m 30.59m 30.43m				
13 Hauver, Josh	SO	Concordia-St. Paul	28.51m	93-06 278
27.29m 28.39m 28.51m				

Event 41 Decathlon: #10 Men 1500 Meter Dash Decathlon

Name	Year	School	Finals	Points
1 Enders, Peyton	SO	Concordia-St. Paul	4:39.05	686
2 Willis, Jackson	FR	Northern State	4:48.01	631
3 Juengst, Sean	FR	Northern State	4:49.85	620
4 Stevenson, Malakhi	FR	U-Mary	4:58.70	567
5 Brandt, Alex	FR	Wayne State (Neb.)	5:02.83	544
6 Lilly, Noah	SR	Wayne State (Neb.)	5:04.01	537
7 Larson, Colby	FR	Msu-Moorhead	5:07.91	515
8 Kucera, Kyle	SO	Minnesota-Duluth	5:09.43	507
9 Bittenbender, Austin	SR	Upper Iowa	5:10.49	501
10 Erick, Calder	FR	Concordia-St. Paul	5:12.82	488
11 Johnson, Arik	SR	Concordia-St. Paul	5:20.77	446
12 Hauver, Josh	SO	Concordia-St. Paul	5:24.32	428
13 Dilly, Blain	SO	SW Minnesota St.	6:09.92	225
-- Tordsen, Jakob	SR	Concordia-St. Paul	SCR	

Event 11 Women 10000 Meter Run

Name	Year	School	Finals	Points
NSIC Record: R 34:12.43 5/12/2018 Sasha Hovind, Northern State				
1 Cunningham, Lindsay	SO	Winona State	34:09.57R	10

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....Event 11 Women 10000 Meter Run

2	Means, Megan	JR	Augustana (S.D.)	35:54.59	8
3	Savey, Cait	SR	Augustana (S.D.)	36:05.09	6
4	Nielsen, Julia	SO	Minnesota-Duluth	37:03.28	5
5	Mooberry, Megan	JR	Northern State	37:29.41	4
6	Lane, Payton	SO	Msu-Moorhead	37:42.03	3
7	Fundak, Andrijana	FR	U-Mary	37:50.90	2
8	Robran, Alexandra	SR	Minnesota-Duluth	37:52.22	1
9	Feist, Lacey	SR	U-Mary	38:06.79	
10	Gaherty, Mackenzie	JR	Minnesota State	38:19.77	
11	Hall, Mackenzie	SR	Minnesota-Duluth	38:30.82	
12	McCabe, Ana	SO	Augustana (S.D.)	38:59.41	
13	Kolbinger, Victoria	SO	Northern State	40:12.77	
14	Dorsher, Grace	FR	Msu-Moorhead	41:08.24	
15	Freed, Greta	FR	St. Cloud State	41:54.76	
16	Anderson, Maggie	SO	Minnesota State	42:00.31	
17	Solomon, Brooke	SO	Wayne State (Neb.)	42:39.37	
18	Kowal, Cambrie	FR	St. Cloud State	42:58.87	
19	Pachta, Kylie	FR	Wayne State (Neb.)	43:43.17	
20	Brownrigg, Madison	SR	Upper Iowa	45:02.98	

Event 12 Men 10000 Meter Run

=====
 NSIC Record: R 29:53.73 5/14/2021 Nadir Yusuf, MSU-Moorhead
 Name Year School Finals Points
 =====

1	Yusuf, Nadir	SR	Msu-Moorhead	31:26.47	10
2	Klitzke, Henry	JR	Augustana (S.D.)	31:45.11	8
3	Person, Kray	JR	Augustana (S.D.)	31:51.54	6
4	Harrison, Jackson	JR	Northern State	31:57.87	5
5	Kaas, Jesse	JR	U-Mary	31:58.52	4
6	Trutna, Matthew	SR	Minnesota-Duluth	32:05.29	3
7	Shumway, Micade	FR	Sioux Falls	32:15.93	2
8	Anderson, Isaac	FR	U-Mary	32:57.15	1
9	Bennett, Jacob	FR	Minnesota State	33:40.36	
10	Yokom, Caleb	FR	U-Mary	33:54.10	
11	Burazin, Scott	SR	Concordia-St. Paul	33:56.68	
12	Valentin, William	JR	Minnesota State	34:14.54	
13	Erickson, Owen	FR	Concordia-St. Paul	34:32.54	
14	Schmanski, Nikolai	SO	Minnesota State	34:35.79	
15	Schroeder, Abe	SO	Wayne State (Neb.)	34:49.36	
16	Mears, Drew	SR	Msu-Moorhead	35:24.99	
17	Thomforde, Matthew	JR	Concordia-St. Paul	35:30.58	
18	Baker, Dalton	JR	Upper Iowa	35:59.63	
19	Stanford, Avery	FR	Sioux Falls	36:12.16	
--	Lietz, Christian	SO	Sioux Falls	DNF	

Event 35 Women 3000 Meter Steeplechase

=====
 NSIC Record: R 10:05.02 2017 Brenna Colbenson, Minnesota Dulut
 Name Year School Finals Points
 =====

1	Montplaisir, Amanda	JR	Minnesota State	10:41.43	10
2	Rairdon, Rebekah	SR	Augustana (S.D.)	10:59.60	8
3	Rairdon, Rachel	SR	Augustana (S.D.)	11:02.30	6

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....Event 35 Women 3000 Meter Steeplechase

4	Jones, Abigail	SR U-Mary	11:06.79	5
5	Boersma, Claire	SR Augustana (S.D.)	11:18.46	4
6	Bouley, Cheresha	JR St. Cloud State	11:23.88	3
7	Costa, Starlynn	SR U-Mary	11:25.40	2
8	Goodwin, Mary	SO Bemidji State	11:29.76	1
9	Welhouse, Clara	JR St. Cloud State	11:36.31	
10	Voigt, Tianna	JR Sioux Falls	11:39.99	
11	Rosener, Allie	SR Wayne State (Neb.)	11:49.67	
12	Simmons, Karlee	SO Sioux Falls	11:59.12	
13	Shiland, Marisa	SO U-Mary	12:11.34	
14	Palodichuk, Anna	JR Minnesota-Duluth	12:22.22	
15	Renier, Lauryn	SO Minnesota-Duluth	12:33.99	
16	Sivonen, Avery	JR Concordia-St. Paul	12:37.96	
17	Conrad, Erica	SO St. Cloud State	12:45.92	
18	Donovan, Ashley	JR Upper Iowa	13:10.68	
19	Thelen, Kelsey	FR Concordia-St. Paul	13:15.50	
20	McKonkey, Katie	FR Minnesota-Duluth	13:31.23	
--	Schotter, Abby	SR SW Minnesota St.	DNF	
--	Whipps, Kayleigh	JR Sioux Falls	SCR	

Event 36 Men 3000 Meter Steeplechase

=====
 NSIC Record: R 8:57.74 5/11/2019 Austin Pasch, Minnesota St
 Name Year School Finals Points
 =====

1	Hartman, Ryan	FR Augustana (S.D.)	9:17.39	10
2	Stueven, Adnew	SO Msu-Moorhead	9:19.82	8
3	Ure, Ray	SO Minnesota State	9:30.82	6
4	Voigt, Aaron	JR Sioux Falls	9:32.99	5
5	VanKempen, Jack	SO Minnesota-Duluth	9:39.05	4
6	Larson, Nick	SO Augustana (S.D.)	9:41.71	3
7	Ecker, David	JR Sioux Falls	9:42.20	2
8	Haberman, Ben	FR Augustana (S.D.)	9:42.37	1
9	Selman, Lucas	SO Minnesota-Duluth	9:44.87	
10	Schroeder, Ryan	FR Augustana (S.D.)	10:05.10	
11	Owen, Carter	SO Minnesota State	10:05.66	
12	Bohm, Adam	FR Minnesota State	10:06.09	
13	Krummel, Matthew	FR Concordia-St. Paul	10:14.90	
14	Burkhalter, Jonathan	FR Northern State	10:27.55	
15	Fink, Isaac	FR Augustana (S.D.)	10:30.77	
16	Jasmin, Camden	FR Minot State	10:31.04	
17	Kubat, Braydon	SR Minnesota-Duluth	10:42.58	
18	Hiemer, Nathan	SR Wayne State (Neb.)	11:04.99	
19	McGonigal, Will	SO Wayne State (Neb.)	11:05.08	
20	Steffensmeier, Justin	SO Sioux Falls	11:16.68	
21	Smith, Chase	SO Northern State	11:26.85	
--	Tegethoff, Caden	FR Augustana (S.D.)	DNF	

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Event 13 Women 1500 Meter Run

NSIC Record: R 4:21.48 2017 Emi Trost, Minnesota Duluth

Name	Year	School	Prelims	H#
Preliminaries				
1 English, PJ	JR	Augustana (S.D.)	4:42.64Q	1
2 Beyer, Kaylee	SO	Winona State	4:45.31Q	2
3 Schmidt, Nicolette	JR	Augustana (S.D.)	4:42.68Q	1
4 Hestekin, Taylor	SR	U-Mary	4:45.90Q	2
5 Ceglowski, Taryn	SR	U-Mary	4:42.71Q	1
6 Shiland, Reid	SR	U-Mary	4:46.68Q	2
7 Juac, Khot	SO	Sioux Falls	4:43.96Q	1
8 Thurston, MaKenna	SO	Minnesota State	4:47.46Q	2
9 Gehl, Morgan	FR	Sioux Falls	4:44.90q	1
10 Schenk, Meagan	SR	Augustana (S.D.)	4:45.55q	1
11 Melton, Taylor	FR	Augustana (S.D.)	4:48.43q	2
12 Radel, Morgan	JR	Minnesota-Duluth	4:52.60q	1
13 Waterfall, Haylee	JR	Augustana (S.D.)	4:52.72	2
14 Lutmer, Jessica	FR	Sioux Falls	4:57.15	2
15 Anderson, Aislin	SO	Msu-Moorhead	5:00.62	2
16 Lee, Julia	SR	Augustana (S.D.)	5:01.65	1

Event 14 Men 1500 Meter Run

NSIC Record: R 3:50.12 5/11/2014 Henrik Hansson, Augustana

Name	Year	School	Prelims	H#
1 Johnson, Evan	SR	Augustana (S.D.)	4:00.05Q	1
2 Helser, Matthew	SO	Concordia-St. Paul	4:02.28Q	2
3 Steiger, Matt	JR	Augustana (S.D.)	4:00.12Q	1
4 Hanna, Jakob	JR	Sioux Falls	4:02.40Q	2
5 Dickenson, Owen	SO	Minnesota-Duluth	4:00.45Q	1
6 Maier, Tanner	SO	Minnesota State	4:02.49Q	2
7 Brand, Colten	SO	Augustana (S.D.)	4:00.46Q	1
8 Miller, Austin	SR	Augustana (S.D.)	4:02.55Q	2
9 Fregoso, Guillermo	SO	U-Mary	4:03.42q	2
10 Faltese, Emmett	FR	Concordia-St. Paul	4:03.48q	1
11 Rivera, Caleb	FR	Sioux Falls	4:03.64q	2
12 Mundorf, Brandon	SO	Wayne State (Neb.)	4:04.66q	2
13 Tostenson, Jonathan	SR	Minnesota-Duluth	4:06.98	2
14 Merillana, Nicholas	JR	Minot State	4:07.38	2
15 Jensen, Jacob	SO	Minot State	4:07.83	1
16 Holiday, Trent	FR	Minot State	4:10.70	1
17 Jacobson, Nick	JR	Minnesota-Duluth	4:13.77	1

Event 15 Women 100 Meter Hurdles

NSIC Record: R 13.40 5/11/2019 Danielle Kohlwey, Minnesota-Du

Name	Year	School	Prelims	Wind	H#
1 Cartwright, Denisha	SO	Minnesota State	13.75Q	4.2	3
2 Bolibruch, Terezia	JR	U-Mary	13.82Q	2.5	2
3 Burrell, Shanice	SR	Northern State	13.93Q	5.3	1
4 Malone, Kynnedi	FR	Minnesota State	14.12Q	5.3	1
5 Mulcahy, Christabelle	SR	Concordia-St. Paul	14.20Q	2.5	2

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6	Lewis, Dynia	FR Bemidji State	14.38Q	4.2	3
7	Leum, Xana	SO Winona State	14.43q	2.5	2 14.421
8	Shirek, Isatu	SO SW Minnesota St.	14.43q	4.2	3 14.422
9	Horning, Tia	SO U-Mary	14.70	2.5	2
10	Chaney, A'Lena	SO U-Mary	14.93	5.3	1
11	Romig, Shelby	FR St. Cloud State	15.12	4.2	3
12	Hansen, Megan	SO Wayne State (Neb.)	15.23	5.3	1
13	Becker, Kylee	FR Winona State	15.41	2.5	2
14	Reichenberger, Hanna	FR Winona State	15.44	4.2	3
15	Gilles, Megan	SO Minnesota-Duluth	15.58	5.3	1
16	Sekafetz, Jordan	FR Upper Iowa	15.63	5.3	1
17	Mickelson, Isadora	SO SW Minnesota St.	15.68	4.2	3
18	Serrao, Adla	SO Msu-Moorhead	15.73	2.5	2
--	Brennen, Lyric	SO Minnesota State	DNF	4.2	3
--	Lubischer, Faith	FR Wayne State (Neb.)	SCR	2.5	2

Event 16 Men 110 Meter Hurdles

=====					
NSIC Record: R 13.80		2015	Myles Hunter, Minnesota State		
Name	Year	School	Prelims	Wind	H#
=====					
1	Lokonobei, Lawrence	SO Augustana (S.D.)	14.41Q	5.9	1
2	Durnin, Nick	JR Minnesota State	14.56Q	3.5	2
3	Pierre, Renald	SO SW Minnesota St.	14.59Q	5.9	1
4	Schroeder, Luke	FR Northern State	15.02Q	3.5	2
5	Palmquist, Ben	SR Minnesota-Duluth	14.72q	5.9	1
6	Martens, Andrew	FR Augustana (S.D.)	14.79q	5.9	1
7	Adams, Justus	JR Minnesota State	15.21q	3.5	2
8	Kubitz, Zak	FR SW Minnesota St.	15.64q	5.9	1
9	Mandel, Ben	SO Sioux Falls	15.80	3.5	2
10	Bohms-Buechler, Jaden	FR Northern State	16.05	5.9	1
11	Clark, Jack	FR SW Minnesota St.	17.12	3.5	2
--	Christiansen, Abel	JR Minnesota State	DNF	3.5	2

Event 17 Women 400 Meter Dash

=====					
NSIC Record: R 54.40		2017	Megan Seidl, Winona State		
Name	Year	School	Prelims	H#	
=====					
1	Vallabouy, Shereen	JR Winona State	54.73Q	4	
2	Rolle-Curry, Robynn	SO Msu-Moorhead	56.79Q	3	
3	Stevens, Maddie	FR Upper Iowa	57.45Q	1	
4	Grimm, Ava	SO U-Mary	58.56Q	2	
5	Cramer, Rose	SO Minnesota State	58.20q	4	
6	Gaye, Rose	JR Minnesota State	58.28q	3	
7	Heinitz, Ella	FR Augustana (S.D.)	58.97q	4	
8	Clifford, Sierra	FR SW Minnesota St.	59.01q	4	
9	Peterson, Maia	FR Augustana (S.D.)	59.07	3	
10	Acheson, Grace	SO U-Mary	59.09	2	
11	Lewis, Cece	SO Concordia-St. Paul	59.12	1	
12	Myers, Rachel	JR Bemidji State	59.16	1	
13	Woodard, Mackenzie	SR Minnesota State	59.56	2	
14	Colvin, Dyashia	JR Minnesota State	59.76	3	
15	Robins, Nyeaee	SO Minnesota State	1:00.08	2	

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....Event 17 Women 400 Meter Dash

16	Mbenoun, Maryse	SR Bemidji State	1:00.53	1
17	Kenkel, Emma	JR Sioux Falls	1:01.08	1
18	Tillery, Skyler	SO Bemidji State	1:01.14	4
19	Bennett, Jadyn	FR Winona State	1:01.15	4
20	Mulder, Kaitlyn	JR Augustana (S.D.)	1:01.16	3
21	Mayers, Holly	JR Sioux Falls	1:01.69	2
22	Becker, Jayda	FR Augustana (S.D.)	1:03.26	3
23	Guerra-Reese, Marianna	FR St. Cloud State	1:03.76	1
24	Perry, Jaid	JR Concordia-St. Paul	1:04.40	2
25	Jetensky, Marin	SR Wayne State (Neb.)	1:07.91	4

Event 18 Men 400 Meter Dash

NSIC Record: R 47.24 5/11/2000 Erik Hanson, Minnesota Duluth

Name	Year	School	Prelims	H#
1	Oduong, Ibrahim	SO Msu-Moorhead	48.13Q	4
2	Dawkins, Ty	JR Msu-Moorhead	48.41Q	3
3	Huntington, Isaac	SO U-Mary	48.81Q	1
4	DePrenger, Max	SO Minnesota State	49.07Q	2
5	MacLennan, Elliott	FR Msu-Moorhead	49.15q	4
6	Howell, Akil	FR U-Mary	49.34q	2
7	Toms, Kameron	FR Minot State	49.65q	3
8	Domier, Chase	SO Northern State	49.67q	1
9	Martens, Seth	SO Northern State	50.11	3
10	Kulzer, Alex	SR Minnesota-Duluth	50.13	2
11	Major, Kendrick	SO Msu-Moorhead	50.18	2
12	Phelps, Josh	SR Minnesota State	50.26	1
13	Atubel, Kenry	JR Minnesota State	50.33	4
14	Ladage, Jacob	SR Wayne State (Neb.)	50.36	2
15	Bade, Kyler	FR Minnesota State	50.66	1
16	Croston, Alexander	FR Minnesota-Duluth	50.79	1
17	Schoessow, Matthew	SO Augustana (S.D.)	50.80	4
18	Smith, Tyler	FR SW Minnesota St.	50.85	2
19	Melton, Noah	JR Augustana (S.D.)	50.97	3
20	Dooyema, Jed	SO Augustana (S.D.)	50.98	3
21	Green, Cameron	SO Upper Iowa	51.17	1
22	Nino, Damian	FR Minot State	51.28	4
23	Schumacher, Josh	JR Augustana (S.D.)	51.41	3
24	Rudzitis, Taaron	FR Concordia-St. Paul	51.58	4
25	Loer, Bereket	SO Minnesota-Duluth	51.88	3
26	Brown, Jaylan	FR Minot State	51.96	4

Event 19 Women 100 Meter Dash

NSIC Record: R 11.51 1983 Jeri Domes, Mankato State

Name	Year	School	Prelims	Wind	H#
1	Jackson, Makayla	SO Minnesota State	11.57Q	3.5	3
2	Cartwright, Denisha	SO Minnesota State	11.69Q	2.8	2
3	Simmons, Ja'Cey	SO Minnesota State	11.93Q	4.8	1
4	Pryor, Michaela	JR Winona State	11.91Q	2.8	2
5	Passeri, Arianna	JR U-Mary	12.04Q	3.5	3
6	Hall, Alaina	SO Bemidji State	12.06Q	4.8	1

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....Event 19 Women 100 Meter Dash

7	Henderson, Kanya	JR Sioux Falls	12.20q	4.8	1	
8	Pietz, Maddy	JR Winona State	12.25q	4.8	1	
9	Neil, Samoya	FR U-Mary	12.30	2.8	2	
10	Ekereke, Kendra	SO Bemidji State	12.32	3.5	3	
11	Kur, Nyanas	FR Augustana (S.D.)	12.33	2.8	2	
12	Espinoza, Nailea	FR Upper Iowa	12.39	3.5	3	12.382
13	Jones, Caitlyn	SO Minnesota State	12.39	2.8	2	12.386
14	Cotton, Sarah	JR Wayne State (Neb.)	12.56	3.5	3	
15	Lewis, Makayla	FR Bemidji State	12.63	2.8	2	
16	Kjelland, Beatrice	SR Bemidji State	12.65	3.5	3	
17	Meyers, Natalie	JR Sioux Falls	12.69	4.8	1	
18	Couch, Maya	FR Wayne State (Neb.)	12.70	2.8	2	
19	Douglas, Shackera	FR Bemidji State	12.84	3.5	3	
20	Miller, Ashley	JR Minot State	12.90	4.8	1	

Event 20 Men 100 Meter Dash

=====
 NSIC Record: R 10.19 5/11/2015 Emmanuel Matadi, Minnesota State

Name	Year	School	Prelims	Wind	H#	
1	Hickman, Shaheed	JR Minnesota State	10.57Q	1.5	2	
2	Attoh, Daniel	SO Minnesota State	10.69Q	3.9	3	
3	Nti, Prince	SO Minnesota State	10.76Q	4.1	1	10.751
4	Donahue, Joe	FR Sioux Falls	10.62Q	1.5	2	
5	Marks, Steven	FR Minnesota State	10.73Q	3.9	3	
6	Dietel, Thomas	SO Concordia-St. Paul	10.85Q	4.1	1	
7	Sharma, Nicholas	SO Minnesota State	10.65q	1.5	2	
8	Clark, Ezekiel	FR Minnesota State	10.76q	3.9	3	10.752
9	Nesvold, Carter	SO Minnesota State	10.81	1.5	2	
10	Fischer, Gavin	FR Augustana (S.D.)	10.87	4.1	1	
11	Olson, Drew	SO U-Mary	10.90	1.5	2	
12	Johnson, Andrew	SR Concordia-St. Paul	10.95	4.1	1	
13	Higgs, Shaquiel	JR Msu-Moorhead	10.97	4.1	1	
14	Davis, Astley	SO U-Mary	11.00	3.9	3	
15	Green, Joseph	SO Minot State	11.03	3.9	3	
16	Paulson, Jorgen	FR U-Mary	11.04	4.1	1	
17	Miley, Josh	SO Minnesota-Duluth	11.05	1.5	2	
18	Blackwell, Eddie	SO Minnesota State	11.08	3.9	3	
19	Bokoyo, Josue	SO Minnesota State	11.09	3.9	3	11.081
20	Huber, Theo	FR Wayne State (Neb.)	11.09	1.5	2	11.090
21	Segura, Nate	JR Concordia-St. Paul	11.16	4.1	1	
22	Klocow, Jackson	FR Concordia-St. Paul	11.28	4.1	1	
23	Afolabi, Kehinde	FR Upper Iowa	11.33	1.5	2	

Event 43 Men 100 Meter Dash Wheelchair

Name	Year	School	Finals	Wind
=====				
Finals				
1	Eckelberg, Noah	FR SW Minnesota St.	16.04	2.8

2022 NSIC Outdoor Track & Field Championship - 5/12/2022 to 5/14/2022**Timing and Results by Hero's Timing****Northern State University****Results - Friday****Event 21 Women 800 Meter Run**

 NSIC Record: R 2:04.62 5/11/2017 Emi Trost, Minnesota Duluth

Name	Year	School	Prelims	H#

Preliminaries				
1 Brezinka, Isabelle	SR	Minnesota-Duluth	2:12.85Q	1
2 Acheson, Elizabeth	SO	U-Mary	2:15.16Q	2
3 Streff, Cami	SO	Augustana (S.D.)	2:17.63Q	3
4 Schley, Savannah	FR	Minnesota-Duluth	2:14.52Q	1
5 Beyer, Kaylee	SO	Winona State	2:16.15Q	2
6 Reindl, Haleigh	JR	Minnesota-Duluth	2:17.93Q	3
7 Dembrowski, Courtney	JR	U-Mary	2:16.50q	1
8 O'Meara, Cassidy	SO	Sioux Falls	2:18.23q	1
9 Hestekin, Taylor	SR	U-Mary	2:18.47	3
10 Boelke, Rachel	SO	Minnesota-Duluth	2:20.03	1
11 Ceglowski, Taryn	SR	U-Mary	2:20.26	2
12 Clark, Jennifer	JR	Northern State	2:20.51	2
13 Shiland, Reid	SR	U-Mary	2:20.86	1
14 Aho, Annika	SO	Sioux Falls	2:21.77	2
15 Sudbeck, Caroline	SO	Augustana (S.D.)	2:22.15	2
16 Seidel, Francine	FR	Minnesota-Duluth	2:22.72	3
17 D'Burke, Isabella	JR	Concordia-St. Paul	2:23.29	1
18 Franssen, Mary	SO	Northern State	2:23.72	2
19 Thurston, MaKenna	SO	Minnesota State	2:23.85	3
20 Steele, Alaina	FR	Minnesota-Duluth	2:24.21	2
21 Welhouse, Clara	JR	St. Cloud State	2:24.22	1
22 Jackson, Sydney	SO	Concordia-St. Paul	2:24.59	2
23 Bishop, Makayla	FR	Minnesota State	2:25.32	3
24 Neu, Rachael	SO	U-Mary	2:26.04	3
25 Prigge, Ryne	SR	Bemidji State	2:26.70	1
26 Ellenbecker, Marissa	SO	Minnesota State	2:26.76	3
27 Schenk, Meagan	SR	Augustana (S.D.)	2:27.34	2
28 Stineman, Alison	SO	Wayne State (Neb.)	2:28.00	1
29 Bond, Josie	FR	Minnesota-Duluth	2:28.59	3

Event 22 Men 800 Meter Run

 NSIC Record: R 1:50.27 5/14/2021 Tanner Maier, Minnesota St

Name	Year	School	Prelims	H#

1 Bruer, Braxton	SO	Msu-Moorhead	1:53.74Q	1
2 Schmied, Ben	JR	Minnesota State	1:54.09Q	2
3 Maier, Tanner	SO	Minnesota State	1:56.56Q	3
4 Fechner, Cole	SR	Minnesota-Duluth	1:54.51Q	1
5 Miller, Austin	SR	Augustana (S.D.)	1:54.62Q	2
6 Cotterill, Lewis	SO	Minot State	1:56.82Q	3
7 Schauerman, Thomas	SR	Concordia-St. Paul	1:54.81q	2
8 Leonard, Christian	SR	Minnesota-Duluth	1:55.08q	2
9 Holcomb, Bryce	SR	Wayne State (Neb.)	1:56.77	1
10 Breuer, Jonah	JR	Augustana (S.D.)	1:56.85	1
11 Johnson, Evan	SR	Augustana (S.D.)	1:57.13	3
12 Pearson, Nathan	SR	Wayne State (Neb.)	1:58.47	2
13 Youberg, Finn	FR	Minnesota-Duluth	1:58.83	2
14 Goranson, Nathan	SO	Upper Iowa	1:59.09	2
15 Matzner, Zachary	SO	Sioux Falls	1:59.32	3

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16	Hegarty, Brock	SR	Wayne State (Neb.)	1:59.85	3
17	Peitz, Gabe	SO	Wayne State (Neb.)	1:59.96	3
18	Bohm, Adam	FR	Minnesota State	2:00.11	1
19	Speikers, Caden	SO	Minnesota State	2:00.57	2
20	Gutierrez, Juan	SR	Minot State	2:01.26	3
21	Collins, Maquanet	SO	Minnesota State	2:01.90	3
22	Helser, Matthew	SO	Concordia-St. Paul	2:02.39	1
23	Gruenes, Jordan	JR	Minnesota-Duluth	2:02.48	3
24	Kvaal, Mikey	SO	Minnesota-Duluth	2:03.33	2
25	Brock, Beau	FR	Augustana (S.D.)	2:04.00	1
26	Faltese, Emmett	FR	Concordia-St. Paul	2:13.25	1

Event 23 Women 400 Meter Hurdles

=====					
NSIC Record: R 58.83		2017	Hanneke Oosterwegel, Northern St		
Name	Year	School	Prelims	H#	
=====					
1	Schvinck, Brooklyn	JR	Winona State	1:02.36Q	4
2	Marteau, Noa	FR	Augustana (S.D.)	1:03.20Q	1
3	Hertz, Morgan	SO	U-Mary	1:04.09Q	3
4	Zeman, Kendall	JR	Winona State	1:04.29Q	2
5	Becker, Kylee	FR	Winona State	1:03.77q	1
6	Brock, Danalee	FR	U-Mary	1:04.58q	2
7	Borowicz, Emma	FR	Minnesota State	1:04.68q	3 1:04.672
8	Schaefer, Elizabeth	SO	Augustana (S.D.)	1:04.68q	1 1:04.677
9	Brouse, Brooklyn	FR	St. Cloud State	1:05.34	4
10	Lipschultz, Lainey	SO	Winona State	1:05.78	3
11	Kinzer, Isabel	SR	Northern State	1:06.06	4
12	Fultz, Natalie	SO	Bemidji State	1:06.70	2
13	Lackovic, Cassidy	JR	St. Cloud State	1:06.83	3
14	Van Zee, Kasey	FR	Augustana (S.D.)	1:07.26	1
15	Voigt, Tianna	JR	Sioux Falls	1:07.71	1
16	Feit, Regan	FR	Winona State	1:08.33	2
17	Christenson, Makaylin	FR	St. Cloud State	1:08.55	4
18	Langseth, Anna	FR	Augustana (S.D.)	1:09.06	4
19	Sweeney, Sierra	FR	Northern State	1:10.05	3
20	Boyum, Molly	JR	Augustana (S.D.)	1:10.32	2
21	Waterman, Allison	SO	Winona State	1:10.53	1
22	Stanton, Sierra	FR	Sioux Falls	1:10.83	4
23	Smidel, Kaaryna	FR	SW Minnesota St.	1:11.77	3
24	Johnson, Lily	JR	Bemidji State	1:11.98	1
25	Mickelson, Isadora	SO	SW Minnesota St.	1:12.08	4
26	Severa, Alannah	FR	SW Minnesota St.	1:17.89	2
27	Mensah, Courtney	SO	Concordia-St. Paul	1:19.37	2
28	Jaworski, Rachel	FR	Minnesota State	1:24.62	3

Event 24 Men 400 Meter Hurdles

=====					
NSIC Record: R 51.91		5/13/2018	Sydney Davis, Minnesota State		
Name	Year	School	Prelims	H#	
=====					
1	Schroeder, Luke	FR	Northern State	55.02Q	3
2	Palmquist, Ben	SR	Minnesota-Duluth	55.51Q	1
3	Lewis, Drew	JR	Minnesota State	56.57Q	2

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4	Martens, Andrew	FR Augustana (S.D.)	55.43Q	3
5	Fritsch, Luke	JR Augustana (S.D.)	55.75Q	1
6	Revere, Jeremiah	SO Minnesota State	57.28Q	2
7	Durnin, Nick	JR Minnesota State	55.63q	3
8	Lokonobei, Lawrence	SO Augustana (S.D.)	55.82q	1
9	Schmitt, Max	FR SW Minnesota St.	55.87	1
10	Janssen, Brady	SO Northern State	56.82	3
11	Lear, Nathan	FR SW Minnesota St.	57.57	3
12	Christiansen, Abel	JR Minnesota State	57.68	2
13	Sellin, Tyler	FR Augustana (S.D.)	59.96	1
14	Wenderski, Landon	FR Sioux Falls	1:00.96	2
15	Stephenson, Ronald	SO Northern State	1:01.74	1
16	Kandolo, Junior	SO SW Minnesota St.	1:02.92	2
--	Matehs, Joel	FR Northern State	SCR	2

Event 25 Women 200 Meter Dash

=====					
NSIC Record: R 23.98 5/11/2010 Brittany Henderson, Minnesota State					
Name	Year	School	Prelims	Wind	H#
=====					
1	Cartwright, Denisha	SO Minnesota State	R 23.70Q	-1.6	2
2	Jackson, Makayla	SO Minnesota State	R 23.96Q	1.6	3
3	Simmons, Ja'Cey	SO Minnesota State	24.32Q	1.0	1
4	Pryor, Michaela	JR Winona State	24.23Q	1.6	3
5	Cramer, Rose	SO Minnesota State	24.37Q	1.0	1
6	Kur, Nyanas	FR Augustana (S.D.)	24.82Q	-1.6	2
7	Rolle-Curry, Robynn	SO Msu-Moorhead	24.72q	1.0	1
8	Shirek, Isatu	SO SW Minnesota St.	25.01q	1.0	1
9	Pietz, Maddy	JR Winona State	25.13	-1.6	2
10	Stevens, Maddie	FR Upper Iowa	25.25	1.6	3
11	Lewis, Makayla	FR Bemidji State	25.26	-1.6	2
12	Neil, Samoya	FR U-Mary	25.38	1.0	1
13	Gaye, Rose	JR Minnesota State	25.46	-1.6	2
14	Lewis, Cece	SO Concordia-St. Paul	25.53	1.6	3
15	Cotton, Sarah	JR Wayne State (Neb.)	25.65	-1.6	2
16	Henderson, Kanya	JR Sioux Falls	25.86	1.6	3
17	Klink, Taytum	SO SW Minnesota St.	25.88	-1.6	2
18	Robins, Nyeaee	SO Minnesota State	25.94	1.6	3
19	Colvin, Dyashia	JR Minnesota State	26.06	1.0	1
20	White, Akela	SO Minnesota State	26.10	1.6	3
21	Fields, Carson	SR Minnesota State	26.23	1.0	1
22	Clifford, Sierra	FR SW Minnesota St.	26.42	1.0	1
--	Miller, Ashley	JR Minot State	SCR	1.6	3
--	Jones, Caitlyn	SO Minnesota State	SCR	-1.6	2

Event 26 Men 200 Meter Dash

=====					
NSIC Record: R 20.49 2013 Jerrell Hancock, Minnesota State					
Name	Year	School	Prelims	Wind	H#
=====					
1	Atubel, Kenry	JR Minnesota State	21.39Q	1.3	3
2	Dawkins, Ty	JR Msu-Moorhead	21.40Q	1.4	2
3	Nesvold, Carter	SO Minnesota State	21.60Q	-1.4	4
4	Phelps, Josh	SR Minnesota State	21.75Q	1.1	1

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....Event 26 Men 200 Meter Dash

5	MacLennan, Elliott	FR Msu-Moorhead	21.42q	1.4	2	
6	Donahue, Joe	FR Sioux Falls	21.50q	1.3	3	
7	Marks, Steven	FR Minnesota State	21.61q	-1.4	4	
8	Nti, Prince	SO Minnesota State	21.64q	1.3	3	
9	Dietel, Thomas	SO Concordia-St. Paul	21.66	1.3	3	
10	Attoh, Daniel	SO Minnesota State	21.69	1.3	3	
11	Blackwell, Eddie	SO Minnesota State	21.77	1.1	1	
12	Paulson, Jorgen	FR U-Mary	21.81	1.3	3	
13	Toms, Kameron	FR Minot State	21.84	1.4	2	
14	Howell, Akil	FR U-Mary	21.88	1.1	1	
15	Higgs, Shaquiel	JR Msu-Moorhead	21.90	1.1	1	
16	Clark, Ezekiel	FR Minnesota State	21.91	-1.4	4	21.901
17	Sharma, Nicholas	SO Minnesota State	21.91	1.4	2	21.902
18	Green, Joseph	SO Minot State	22.01	1.1	1	
19	Miley, Josh	SO Minnesota-Duluth	22.02	-1.4	4	
20	Domier, Chase	SO Northern State	22.17	-1.4	4	
21	Olson, Drew	SO U-Mary	22.51	1.1	1	
22	Bokoyo, Josue	SO Minnesota State	22.72	-1.4	4	
23	Davis, Melik	FR Augustana (S.D.)	22.77	1.4	2	
24	Smith, Tyler	FR SW Minnesota St.	22.89	-1.4	4	
--	Fischer, Gavin	FR Augustana (S.D.)	SCR	1.4	2	Medical

Event 4 Women High Jump

NSIC Record: R 1.77m 5/14/2021 Mearah Miedema, Augustana

Name	Year	School	Finals	Points
Finals				
1 Robinson, Arika		SO Concordia-St. Paul	1.77mR	5-09.75 10
	1.52 1.57 1.62 1.65 1.68 1.71 1.74 1.77 1.80 1.83			
	PPP PPP PPP 0 0 0 0 XO PPP XXX			
2 Elliott, Taylor		JR Minnesota State	1.74m	5-08.50 8
	1.52 1.57 1.62 1.65 1.68 1.71 1.74 1.77			
	PPP 0 XXO 0 0 XO 0 XXX			
3 Schumacher, Rachel		SR Msu-Moorhead	1.68m	5-06.00 6
	1.52 1.57 1.62 1.65 1.68 1.71			
	PPP 0 0 0 0 XXX			
4 Miedema, Mearah		SR Augustana (S.D.)	1.68m	5-06.00 5
	1.52 1.57 1.62 1.65 1.68 1.71			
	PPP 0 0 XXO XO XXX			
5 Morris, D'Andra		SR U-Mary	1.65m	5-05.00 3.50
	1.52 1.57 1.62 1.65 1.68			
	0 0 XXO 0 XXX			
5 Swanson, Emily		SO Sioux Falls	1.65m	5-05.00 3.50
	1.52 1.57 1.62 1.65 1.68			
	PPP XO XO 0 XXX			
7 Arason, Hannah		SR St. Cloud State	1.65m	5-05.00 2
	1.52 1.57 1.62 1.65 1.68			
	0 PPP PPP XO XXX			
8 Paaverud, Ella		JR Concordia-St. Paul	1.62m	5-03.75 1
	1.52 1.57 1.62 1.65			
	PPP XXO 0 XXX			

2022 NSIC Outdoor Track & Field Championship - 5/12/2022 to 5/14/2022**Timing and Results by Hero's Timing****Northern State University****Results - Friday****....Event 4 Women High Jump**

9	Conzemius, Grace	FR U-Mary	1.62m	5-03.75
	1.52 1.57 1.62 1.65			
	0 0 XO XXX			
9	Tietz, Sophie	FR Minnesota State	1.62m	5-03.75
	1.52 1.57 1.62 1.65			
	0 0 XO XXX			
9	Richards, Toryn	FR Minnesota State	1.62m	5-03.75
	1.52 1.57 1.62 1.65			
	0 0 XO XXX			
12	Langston, Teya	JR Minnesota State	1.57m	5-01.75
	1.52 1.57 1.62			
	PPP 0 XXX			
12	Genet, Antonia	JR U-Mary	1.57m	5-01.75
	1.52 1.57 1.62			
	0 0 XXX			
12	Rizner, Madison	JR Winona State	1.57m	5-01.75
	1.52 1.57 1.62			
	0 0 XXX			
12	Tschumperlin, Jordan	FR Northern State	1.57m	5-01.75
	1.52 1.57 1.62			
	0 0 XXX			
12	Berg, Tava	JR Northern State	1.57m	5-01.75
	1.52 1.57 1.62			
	0 0 XXX			
12	Pritchett, Caitlin	JR Msu-Moorhead	1.57m	5-01.75
	1.52 1.57 1.62			
	0 0 XXX			
18	Olson, Kaylee	SO Winona State	1.57m	5-01.75
	1.52 1.57 1.62			
	XXO 0 XXX			
19	Stone, Zoe	JR Minnesota State	1.57m	5-01.75
	1.52 1.57 1.62			
	0 XO XXX			
20	Tietjens, Leah	FR SW Minnesota St.	1.57m	5-01.75
	1.52 1.57 1.62			
	0 XXO XXX			
21	Preiner, Lauren	SO Minnesota State	1.52m	4-11.75
	1.52 1.57			
	0 XXX			
21	Cridlebaugh, Ashley	FR Minnesota State	1.52m	4-11.75
	1.52 1.57			
	0 XXX			
21	Jones, Emily	FR Minnesota-Duluth	1.52m	4-11.75
	1.52 1.57			
	0 XXX			
21	Webb, Abbi	FR Sioux Falls	1.52m	4-11.75
	1.52 1.57			
	0 XXX			
21	Rowles, Julia	SO St. Cloud State	1.52m	4-11.75
	1.52 1.57			
	0 XXX			
26	Anderson, Stella	SO SW Minnesota St.	1.52m	4-11.75
	1.52 1.57			
	XXO XXX			

2022 NSIC Outdoor Track & Field Championship - 5/12/2022 to 5/14/2022**Timing and Results by Hero's Timing****Northern State University****Results - Friday****Event 5 Men Long Jump**

NSIC Record: R 7.91m 5/11/2018 Brian Huber, MSU Moorhead

Name	Year	School	Finals	Wind	H#	Points
1 Davis, Astley	SO	U-Mary	7.51m	0.2	24-07.75	3 10
6.90m(1.8) 7.51m(0.2) 7.11m(-1.8) FOUL 6.14m(1.4) 7.09m(-1.7)						
2 Heald, Slade	FR	Minnesota State	7.42m	1.2	24-04.25	3 8
7.42m(1.2) 7.22m(0.7) 7.03m(-3.1) 7.04m(0.5) FOUL 6.99m(-0.1)						
3 Woelber, Tyl	JR	Augustana (S.D.)	7.39m	2.8	24-03.00	3 6
7.26m(1.2) FOUL FOUL 7.39m(2.8) FOUL 7.22m(-0.3)						
4 Kemp, Shyrone	JR	Msu-Moorhead	7.35m	-1.0	24-01.50	3 5
6.87m(0.1) 7.10m(-1.7) FOUL FOUL FOUL 7.35m(-1.0)						
5 Moeller, Logan	FR	Wayne State (Neb.)	7.24m	1.0	23-09.00	3 4
7.24m(1.0) 7.20m(0.3) 6.95m(0.4) 7.14m(0.1) FOUL FOUL						
6 Kath, Caleb	SR	Minnesota State	7.14m	-0.4	23-05.25	3 3
6.98m(0.2) FOUL 7.14m(-0.4) 6.79m(-3.3) FOUL FOUL						
7 Sikel, Jonathan	FR	Augustana (S.D.)	7.10m	1.5	23-03.50	3 2
FOUL 7.10m(1.5) FOUL FOUL FOUL 6.83m(1.8)						
8 Durnin, Nick	JR	Minnesota State	7.02m	-0.1	23-00.50	3 1
6.44m(-2.6) 6.98m(1.5) 6.48m(-2.3) 6.50m(2.0) 7.02m(-0.1) 7.00m(-1.6)						
9 Johnson, Andrew	SR	Concordia-St. Paul	6.99m	-4.3	22-11.25	3
FOUL FOUL 6.99m(-4.3) FOUL FOUL FOUL						
10 Johnson, Braden	FR	Wayne State (Neb.)	6.87m	0.1	22-06.50	2
6.87m(0.1) FOUL 6.29m(-0.1)						
11 Von Wald, Hayden	SO	U-Mary	6.82m	0.3	22-04.50	2
6.82m(0.3) 6.81m(1.2) FOUL						
12 Nelson, Isaiah	SR	SW Minnesota St.	6.80m	0.6	22-03.75	2
6.80m(0.6) 6.69m(1.0) 6.61m(-0.8)						
13 Rogers, Cody	SO	Wayne State (Neb.)	6.78m	-0.8	22-03.00	2
6.73m(+0.0) 6.78m(-0.8) FOUL						
14 Lear, Nathan	FR	SW Minnesota St.	6.77m	0.1	22-02.50	2
6.77m(0.1) 6.44m(-0.8) 6.45m(0.4)						
15 Hobson, Jaylen	JR	Upper Iowa	6.73m	1.1	22-01.00	2
FOUL FOUL 6.73m(1.1)						
16 Kneifl, Dylan	SO	Wayne State (Neb.)	6.71m	1.1	22-00.25	2
6.45m(0.4) 6.44m(-2.2) 6.71m(1.1)						
17 Mangwiro, Takudzwa	SO	Minnesota State	6.63m	0.3	21-09.00	1
FOUL FOUL 6.63m(0.3)						
18 Kandolo, Junior	SO	SW Minnesota St.	6.61m	0.5	21-08.25	2
6.61m(0.5) 6.47m(1.2) 6.53m(-0.7)						
19 Daniels, David	FR	Msu-Moorhead	6.59m	1.9	21-07.50	1
FOUL FOUL 6.59m(1.9)						
20 Hunt, Avery	SR	Minnesota-Duluth	6.58m	-0.3	21-07.25	2
6.58m(-0.3) 6.28m(-3.3) 6.36m(-0.2)						
21 DuVall, David	FR	SW Minnesota St.	6.55m	0.2	21-06.00	1
FOUL 6.55m(0.2) FOUL						
22 Bittenbender, Austin	SR	Upper Iowa	6.52m	0.8	21-04.75	1
6.52m(0.8) 6.34m(0.4) 5.48m(1.6)						
23 Hood, Darrian	SO	Northern State	6.48m	0.2	21-03.25	1
6.48m(0.2) 6.14m(3.0) 6.31m(-1.9)						
24 Oberleitner, Luke	FR	Minnesota-Duluth	6.42m	+0.0	21-00.75	1
FOUL 6.42m(+0.0) FOUL						
25 Cacho, Kyle	JR	U-Mary	6.28m	0.4	20-07.25	1
6.28m(0.4) 6.15m(1.9) FOUL						

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....Event 5 Men Long Jump

26	Bateman, Kaitano	FR Upper Iowa	6.20m	2.9	20-04.25	1
	6.20m(2.9) 6.02m(3.1) 6.05m(-0.1)					
27	Richards, Isaiah	JR U-Mary	6.09m	-0.2	19-11.75	1
	FOUL FOUL 6.09m(-0.2)					

Event 8 Women Pole Vault

=====						
NSIC Record: R 4.20m 5/13/2018 Kimberly Peterson, Sioux Falls						
Name	Year	School	Finals		Points	
=====						
1	Hokanson, Ashley	FR Msu-Moorhead	4.04m	13-03.00	10	
	2.99 3.14 3.29 3.44 3.59 3.74 3.84 3.94 4.04					
	PPP PPP PPP PPP PPP O O O O					
2	Hickson, Paige	SO Minnesota State	3.94m	12-11.00	8	
	2.99 3.14 3.29 3.44 3.59 3.74 3.84 3.94 4.04					
	PPP PPP PPP PPP XO O O XO XXX					
3	Hill, Kealy	JR Northern State	3.94m	12-11.00	6	
	2.99 3.14 3.29 3.44 3.59 3.74 3.84 3.94 4.04					
	PPP PPP PPP O O O O XXO XXX					
4	Danielson, Kenzee	SO Northern State	3.74m	12-03.25	5	
	2.99 3.14 3.29 3.44 3.59 3.74 3.84					
	PPP PPP PPP XO O O XXX					
5	Tom, Shealyn	FR SW Minnesota St.	3.44m	11-03.50	4	
	2.99 3.14 3.29 3.44 3.59					
	PPP PPP O XO XXX					
6	Dodge, Sofia	SO Concordia-St. Paul	3.44m	11-03.50	3	
	2.99 3.14 3.29 3.44 3.59					
	PPP XO O XXO XXX					
7	Comstock, McKenna	SO Sioux Falls	3.29m	10-09.50	2	
	2.99 3.14 3.29 3.44					
	O XO O XXX					
8	Lawrence, Ashley	SO Minnesota-Duluth	3.29m	10-09.50	1	
	2.99 3.14 3.29 3.44					
	O O XO XXX					
9	Judge, Megan	SO Bemidji State	3.14m	10-03.50		
	2.99 3.14 3.29					
	O O XXX					
10	Worden, Eden	SO Minnesota-Duluth	3.14m	10-03.50		
	2.99 3.14 3.29					
	O XO XXX					
10	Zaemisch, Micah	SO Minnesota State	3.14m	10-03.50		
	2.99 3.14 3.29					
	O XO XXX					
12	Reintsma, Callie	SO Concordia-St. Paul	3.14m	10-03.50		
	2.99 3.14 3.29					
	XO XO XXX					
13	Olson, Olivia	FR Bemidji State	2.99m	9-09.75		
	2.99 3.14					
	O XXX					
13	Bahls, Sydney	JR Msu-Moorhead	2.99m	9-09.75		
	2.99 3.14					
	O XXX					

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....Event 8 Women Pole Vault

15	Johnstone, Madyson	FR Minnesota State	2.99m	9-09.75
	2.99 3.14			
	XO XXX			
16	Glanzer, Makenna	FR SW Minnesota St.	2.99m	9-09.75
	2.99 3.14			
	XXO XXX			
16	Snaza, Greta	FR Sioux Falls	2.99m	9-09.75
	2.99 3.14			
	XXO XXX			
16	Richards, Toryn	FR Minnesota State	2.99m	9-09.75
	2.99 3.14			
	XXO XXX			
--	Adams, MaKenzie	FR Sioux Falls	NH	
	2.99			
	XXX			
--	Klein, Anastasia	JR Bemidji State	NH	
	2.99			
	XXX			
--	Segar, Sabrina	FR Minnesota-Duluth	NH	
	2.99			
	XXX			
--	Haman, Jessie	FR SW Minnesota St.	NH	
	2.99			
	XXX			
--	Gyi, Nedoh	FR SW Minnesota St.	NH	
	2.99			
	XXX			
--	Hinkle, MaryGrace	SO SW Minnesota St.	NH	
	2.99			
	XXX			

Event 9 Men High Jump

=====									
NSIC Record: R 2.13m 1988		Brian Rabenberg, MSU Moorhead							
Name	Year	School		Finals		Points		=====	
=====									
1	Cook, Chris	SR	Msu-Moorhead		2.12m	6-11.50	10		
	1.86 1.91 1.96 2.01 2.06 2.09 2.12 2.15								
	PPP PPP 0 0 0 XPP XO XXX								
2	Kneifl, Dylan	SO	Wayne State (Neb.)		2.12m	6-11.50	8		
	1.86 1.91 1.96 2.01 2.06 2.09 2.12 2.15								
	PPP 0 0 0 0 0 XO XXX								
3	Kemp, Shyrone	JR	Msu-Moorhead		2.06m	6-09.00	6		
	1.86 1.91 1.96 2.01 2.06 2.09 2.12								
	0 PPP 0 XO XXO XPP XX								
4	Woelber, Tyl	JR	Augustana (S.D.)		2.01m	6-07.00	5		
	1.86 1.91 1.96 2.01 2.06								
	PPP PPP XO 0 XXX								
5	Joseph, Travis	SO	Msu-Moorhead		1.96m	6-05.00	4		
	1.86 1.91 1.96 2.01								
	0 PPP XO XXX								
6	English, Aaron	SR	Wayne State (Neb.)		1.91m	6-03.25	2.50		
	1.86 1.91 1.96								
	0 0 XXX								

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Results - Friday

....Event 9 Men High Jump

6	Caines, Mathew	JR Minnesota-Duluth	1.91m	6-03.25	2.50
	1.86 1.91 1.96				
	O O XXX				
8	Oberleitner, Luke	FR Minnesota-Duluth	1.91m	6-03.25	1
	1.86 1.91 1.96				
	O XO XXX				
9	Geditz, Max	FR Northern State	1.91m	6-03.25	
	1.86 1.91 1.96				
	XO XO XXX				
10	Buendorf, Aiden	FR Minnesota State	1.91m	6-03.25	
	1.86 1.91 1.96				
	XXO XO XXX				
11	Ziebarth, Jacob	FR Minnesota State	1.91m	6-03.25	
	1.86 1.91 1.96				
	O XXO XXX				
12	Johnson, Andrew	SR Concordia-St. Paul	1.86m	6-01.25	
	1.86 1.91				
	XO XXX				
13	Krannich, Trey	SO Minnesota State	1.86m	6-01.25	
	1.86 1.91				
	XXO XXX				
--	Brandt, Alex	FR Wayne State (Neb.)	NH		
	1.86				
	XXX				
--	Morin-Baxter, Isaiah	SO Augustana (S.D.)	NH		
	1.86				
	XXX				
--	Smith, McKallen	SO SW Minnesota St.	NH		
	1.86 1.91				
	PPP XXX				
--	Brown, Devayonn	SR Minnesota State	NH		
	1.86 1.91 1.96 2.01				
	PPP PPP PPP XXX				

Event 10 Women Long Jump

=====							
NSIC Record: R 6.31m 5/1985 Julie Hay, Minnesota Duluth							
Name	Year	School	Finals	Wind		H#	Points
=====							
1	Jackson, Makayla	SO Minnesota State	6.08m	+0.0	19-11.50	3	10
	FOUL FOUL	6.06m(2.4) 5.64m(1.6)	6.08m(+0.0)	FOUL			
2	Passeri, Arianna	JR U-Mary	6.06m	4.2	19-10.75	3	8
	5.87m(3.1) 5.76m(1.5)	5.86m(1.9) 5.83m(2.4)	5.95m(2.5)	6.06m(4.2)			
3	Petricka, Kary	FR Minnesota State	6.05m	1.6	19-10.25	3	6
	FOUL 5.80m(1.7)	6.05m(1.6) 5.96m(1.4)	FOUL	6.01m(0.7)			
4	Neil, Samoya	FR U-Mary	6.05m	2.3	19-10.25	3	5
	6.05m(2.3) FOUL	5.72m(-0.2) 5.76m(1.8)	5.68m(1.6)	5.98m(0.9)			
5	Morris, D'Andra	SR U-Mary	5.99m	0.4	19-08.00	3	4
	5.71m(1.6) 5.99m(0.4)	5.69m(1.9) 5.72m(0.2)	5.87m(-1.1)	FOUL			
6	Chaney, A'Lena	SO U-Mary	5.62m	2.8	18-05.25	2	3
	5.50m(3.8) 5.62m(2.8)	5.43m(0.4) 5.52m(1.4)	5.60m(+0.0)	5.41m(+0.0)			
7	Kahl, Molly	FR Minnesota State	5.60m	3.6	18-04.50	2	2
	5.53m(2.1) 5.60m(3.6)	5.36m(0.5) 5.52m(-0.3)	FOUL	FOUL			

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....Event 10 Women Long Jump

8	Weidner, Taylor	SO U-Mary	5.59m	0.8	18-04.25	2	1
	5.59m(0.8) FOUL	FOUL FOUL FOUL FOUL	FOUL				
9	Modglin, Cali	SR U-Mary	5.57m	-0.1	18-03.25	3	
	5.57m(-0.1) FOUL	5.46m(2.9) 5.38m(+0.0) 5.44m(-0.9) FOUL					
10	Neophytou, Stella	FR Minnesota State	5.53m	3.8	18-01.75	2	
	FOUL FOUL	5.53m(3.8)					
11	Becker, Jayda	FR Augustana (S.D.)	5.44m	0.7	17-10.25	2	
	5.05m(0.5) 5.04m(1.1) 5.44m(0.7)						
12	Lockington, Ashlie	SO Winona State	5.39m	1.5	17-08.25	1	
	FOUL 5.15m(2.0) 5.39m(1.5)						
13	Klink, Taytum	SO SW Minnesota St.	5.37m	1.7	17-07.50	1	
	5.37m(1.7) 5.00m(1.0) 5.13m(1.2)						
14	Smollen, Emily	SO Wayne State (Neb.)	5.35m	3.4	17-06.75	2	
	5.33m(2.0) FOUL	5.35m(3.4)					
15	Lubner, Faith	SR St. Cloud State	5.34m	1.0	17-06.25	2	
	FOUL FOUL	5.34m(1.0)					
16	Kai, Monique	SR Concordia-St. Paul	5.31m	1.7	17-05.25	1	
	5.31m(1.7) FOUL	5.05m(1.5)					
17	Sallee, Kylee	FR Augustana (S.D.)	5.30m	0.4	17-04.75	3	
	FOUL FOUL	5.30m(0.4)					
18	Tucker, Aneesa	SR Bemidji State	5.27m	2.0	17-03.50	1	
	FOUL 5.27m(2.0) FOUL						
19	Olson, Kaylee	SO Winona State	5.23m	2.6	17-02.00	2	
	5.23m(2.6) 5.23m(0.9) 5.22m(-9.0)						
20	Adler, Grayce	SR Augustana (S.D.)	5.20m	+0.0	17-00.75	1	
	FOUL 5.20m(+0.0) 5.12m(2.1)						
21	Moeller, Kenzie	FR Wayne State (Neb.)	5.19m	1.0	17-00.50	1	
	5.19m(1.0) 5.03m(+0.0) FOUL						
22	Meyers, Natalie	JR Sioux Falls	5.19m	2.3	17-00.50	2	
	5.00m(1.2) 4.97m(+0.0) 5.19m(2.3)						
23	Buske, Parker	JR St. Cloud State	5.16m	3.2	16-11.25	3	
	FOUL FOUL	5.16m(3.2)					
24	Root, Lindsey	FR Minnesota-Duluth	5.15m	1.2	16-10.75	1	
	4.90m(1.8) 4.75m(6.5) 5.15m(1.2)						
25	Rowles, Julia	SO St. Cloud State	5.13m	2.2	16-10.00	1	
	5.13m(2.2) FOUL	5.11m(4.2)					
26	Newman, Jaci	FR Minnesota State	4.92m	1.9	16-01.75	1	
	4.59m(1.9) 4.92m(1.9) 4.87m(3.0)						
27	Romig, Shelby	FR St. Cloud State	4.64m	1.8	15-02.75	1	
	4.64m(1.8) FOUL	FOUL					
28	Williams, Mariah	JR Minnesota State	4.25m	2.5	13-11.50	3	
	FOUL FOUL	4.25m(2.5)					

Event 2 Women Shot Put

=====							
NSIC Record: R 16.52m 2018 Michaela Dendinger, Wayne State							
Name	Year	School	Finals	H#	Points		
=====							
1 Perron, Brea		SR Minnesota State	14.95m	49-00.75	3	10	
	14.46m	14.75m 14.54m	FOUL	14.29m	14.95m		
2 Taylor, Katie		SR Minnesota State	14.66m	48-01.25	3	8	
	14.44m	FOUL FOUL FOUL	14.66m	FOUL			
3 Scheil, Mckenzie		JR Wayne State (Neb.)	14.42m	47-03.75	3	6	
	14.42m	FOUL FOUL FOUL	FOUL	FOUL	13.19m		

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4	Hertz, Emma	SR	Sioux Falls	13.86m	45-05.75	3	5
	FOUL 12.92m 12.70m	FOUL	13.56m 13.86m				
5	Chipps, Brooklynn	SO	Wayne State (Neb.)	13.66m	44-09.75	3	4
	13.66m FOUL FOUL		13.27m FOUL 13.10m				
6	Paasch, Kendra	JR	Wayne State (Neb.)	13.21m	43-04.25	3	3
	13.21m FOUL FOUL		12.62m FOUL 12.86m				
7	Fretag, Madeline	SO	Minnesota State	13.20m	43-03.75	2	2
	FOUL 12.13m 13.20m		12.30m 12.53m 12.66m				
8	Languis, Brooke	FR	Wayne State (Neb.)	13.14m	43-01.50	2	1
	12.99m 11.98m 13.05m		13.14m 12.80m FOUL				
9	Zimmerman, Dacoda	JR	St. Cloud State	12.96m	42-06.25	3	
	12.79m 12.70m 12.77m		12.16m 12.84m 12.96m				
10	Menken, Jordan	SR	Northern State	12.73m	41-09.25	2	
	12.73m 12.66m 12.10m						
11	Nagel, Kori	FR	Minot State	12.47m	40-11.00	2	
	FOUL 12.47m FOUL						
12	VanOsdel, Kayla	FR	Sioux Falls	12.42m	40-09.00	2	
	12.42m FOUL 11.82m						
13	Lindsey, Kamry	FR	Sioux Falls	12.28m	40-03.50	1	
	11.19m 11.84m 12.28m						
14	Schroeder, Kaitlyn	FR	Minnesota State	12.18m	39-11.50	3	
	12.18m FOUL FOUL						
15	Doss, Tierra	JR	Bemidji State	12.00m	39-04.50	2	
	FOUL 12.00m FOUL						
16	Hardy, Jenna	FR	Minot State	11.92m	39-01.25	2	
	FOUL FOUL 11.92m						
17	Garcia, Alician	FR	Minot State	11.71m	38-05.00	1	
	FOUL FOUL 11.71m						
18	Rae, Jacqi	SO	Minnesota-Duluth	11.56m	37-11.25	1	
	11.56m 11.07m 11.00m						
19	Beck, Libby	SO	Minnesota State	11.55m	37-10.75	1	
	10.75m FOUL 11.55m						
20	Stoltenburg, Chrissy	SO	Northern State	11.53m	37-10.00	1	
	11.11m 11.53m 11.34m						
21	Guenther, Veronica	FR	Wayne State (Neb.)	11.31m	37-01.25	1	
	10.39m 11.05m 11.31m						
22	Young, Reilly	FR	Wayne State (Neb.)	11.25m	36-11.00	1	
	11.20m FOUL 11.25m						
23	Battaforyen, Kate	SO	SW Minnesota St.	11.15m	36-07.00	2	
	11.15m FOUL FOUL						
24	Robinson, Morgan	FR	Minnesota State	11.13m	36-06.25	1	
	10.57m 11.13m 10.67m						
25	Thompson, Adrienne	SO	Minnesota-Duluth	10.58m	34-08.50	1	
	9.65m 10.20m 10.58m						
--	Kramchynsky, Nicole	SO	U-Mary	FOUL			1
	FOUL FOUL FOUL						
--	Stafslien-Dumale, Abbi	JR	Minnesota State	FOUL			3
	FOUL FOUL FOUL						
--	Gunderson, Chloe	SO	Minot State	FOUL			2
	FOUL FOUL FOUL						

2022 NSIC Outdoor Track & Field Championship - 5/12/2022 to 5/14/2022**Timing and Results by Hero's Timing****Northern State University****Results - Friday****Event 7 Men Shot Put**

NSIC Record: R 18.98m 2013		Chris Reed, Minnesota State					
Name	Year	School	Finals	H#	Points		
1 Orzolek, Steven		JR Minnesota State	17.84m	58-06.50	3	10	
16.61m	17.15m	FOUL	15.69m	FOUL	17.84m		
2 Hiatt, Tyler		FR Sioux Falls	17.59m	57-08.50	3	8	
16.57m	16.65m	17.46m	FOUL	17.59m	FOUL		
3 Berg, Tanner		SR Northern State	16.58m	54-04.75	3	6	
16.58m	FOUL	16.43m	FOUL	FOUL	FOUL		
4 Kucera, Tommy		SO Minnesota State	16.19m	53-01.50	3	5	
15.47m	15.32m	15.56m	FOUL	16.19m	FOUL		
5 Naba, Bedale		SR Minnesota State	15.39m	50-06.00	3	4	
15.39m	14.48m	FOUL	FOUL	FOUL	FOUL		
6 Elge, Daniel		FR Wayne State (Neb.)	15.17m	49-09.25	3	3	
14.57m	FOUL	14.84m	FOUL	14.76m	15.17m		
7 Harris, Corbin		SO Minot State	14.71m	48-03.25	3	2	
14.71m	14.05m	14.18m	14.68m	FOUL	FOUL		
8 Kostynick, Colton		SO Minnesota-Duluth	14.71m	48-03.25	3	1	
14.66m	FOUL	14.31m	14.48m	FOUL	14.71m		
9 Bicek, Eli		SO Minnesota-Duluth	14.35m	47-01.00	2		
13.65m	12.92m	14.35m	FOUL	FOUL	FOUL		
10 Kreins, Samuel		JR Minot State	14.25m	46-09.00	2		
13.67m	14.25m	FOUL					
11 Nolan, Jordan		SO Msu-Moorhead	14.22m	46-08.00	2		
14.22m	FOUL	FOUL					
12 Barnett, Ethan		FR Northern State	14.19m	46-06.75	1		
FOUL	13.20m	14.19m					
13 Rasmussen, Brendon		FR SW Minnesota St.	14.02m	46-00.00	2		
13.91m	13.96m	14.02m					
14 Wolkow, Jaymeson		JR Sioux Falls	13.99m	45-10.75	2		
12.75m	13.99m	13.97m					
15 Picazo, CJ		SO Concordia-St. Paul	13.96m	45-09.75	3		
13.69m	13.96m	FOUL					
16 Haugen, Trey		FR U-Mary	13.92m	45-08.00	1		
12.60m	13.92m	13.82m					
17 Davito, Dawson		SO Sioux Falls	13.70m	44-11.50	2		
13.70m	13.46m	FOUL					
18 Quinn, Hunter		SR Concordia-St. Paul	13.64m	44-09.00	1		
12.89m	13.64m	13.58m					
19 Nebelung, Tyler		FR SW Minnesota St.	13.32m	43-08.50	2		
13.22m	13.32m	13.28m					
20 Oie, Ben		JR Msu-Moorhead	13.14m	43-01.50	2		
13.14m	FOUL	FOUL					
21 Cook, Colton		SO Msu-Moorhead	12.96m	42-06.25	1		
FOUL	12.96m	FOUL					
22 Swedzinski, Carl		SO SW Minnesota St.	12.81m	42-00.50	2		
12.32m	12.81m	FOUL					
23 Olson, Nick		SO Northern State	12.64m	41-05.75	1		
12.61m	12.64m	FOUL					
24 Stutzman, Brody		FR Wayne State (Neb.)	12.26m	40-02.75	1		
11.74m	FOUL	12.26m					
25 Anderson, Oliver		FR Minnesota State	11.88m	38-11.75	1		
11.88m	FOUL	11.81m					

2022 NSIC Outdoor Track & Field Championship - 5/12/2022 to 5/14/2022

Timing and Results by Hero's Timing

Northern State University

Results - Friday

....Event 7 Men Shot Put

-- Nelson, Leif	SO Minot State	FOUL	2
FOUL FOUL FOUL			
-- Larson, Keegan	JR Concordia-St. Paul	FOUL	1
FOUL FOUL FOUL			
-- Hagan, Patrick	SR Sioux Falls	FOUL	1
FOUL FOUL FOUL			
-- Bauman, Brady	FR Northern State	FOUL	1
FOUL FOUL FOUL			

Event 27 Women Hammer Throw

NSIC Record: R 63.54m 2017		Michaela Dendinger, Wayne State	
Name	Year School	Finals	H# Points
1 Scheil, Mckenzie	JR Wayne State (Neb.)	56.26m	184-07 3 10
56.26m 51.19m 53.66m	FOUL 55.96m FOUL		
2 Chipps, Brooklynn	SO Wayne State (Neb.)	55.48m	182-00 3 8
54.06m 55.48m 54.78m	54.48m 52.43m 53.93m		
3 Hertz, Emma	SR Sioux Falls	55.37m	181-08 3 6
50.62m FOUL 54.07m	FOUL FOUL 55.37m		
4 Perron, Brea	SR Minnesota State	53.87m	176-09 3 5
52.95m 48.87m 52.65m	53.87m 52.09m 53.04m		
5 Jensen, Kaylee	SR Minnesota State	52.95m	173-09 3 4
52.95m 48.80m 50.11m	51.99m FOUL 50.69m		
6 Gough, Cassidy	SO Northern State	50.20m	164-08 3 3
44.21m 47.89m 50.20m	48.02m 46.91m FOUL		
7 Wagner, Jadin	SR Wayne State (Neb.)	49.00m	160-09 3 2
47.18m 45.06m 46.15m	44.97m 49.00m 47.88m		
8 Stafslie-Dumale, Abbi	JR Minnesota State	48.53m	159-03 2 1
FOUL 48.53m FOUL 47.45m	FOUL FOUL		
9 Heeren, Nicole	JR Wayne State (Neb.)	48.00m	157-06 3
48.00m 45.35m 44.12m	46.51m 47.20m 46.50m		
10 Paasch, Kendra	JR Wayne State (Neb.)	45.49m	149-03 2
44.56m 45.49m 42.88m			
11 Young, Reilly	FR Wayne State (Neb.)	44.88m	147-03 2
41.18m FOUL 44.88m			
12 Coenraad, Shawney	SO Northern State	44.51m	146-00 2
44.51m FOUL 43.05m			
13 Baker, Hailey	FR Wayne State (Neb.)	44.27m	145-03 1
41.29m 44.27m 43.75m			
14 Taylor, Katie	SR Minnesota State	43.31m	142-01 3
FOUL 43.31m FOUL			
15 Glynn, Madison	SO Minnesota State	43.03m	141-02 2
FOUL 43.03m 43.00m			
16 Schroeder, Kaitlyn	FR Minnesota State	42.91m	140-09 1
FOUL 42.91m 42.71m			
17 Wagner, Rylee	FR Wayne State (Neb.)	42.79m	140-05 1
38.54m 42.79m 40.85m			
18 Hughes, Morgan	SO SW Minnesota St.	42.78m	140-04 1
42.78m FOUL 39.88m			
19 Gielski, Kayce	SO Minnesota-Duluth	42.24m	138-07 1
42.24m 40.95m 42.23m			
20 Guthmiller, Rachel	JR Northern State	42.11m	138-02 1
42.11m FOUL FOUL			

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Results - Friday

....Event 27 Women Hammer Throw

21	Paaverud, Ella	JR Concordia-St. Paul	41.81m	137-02	2
	FOUL 41.81m FOUL				
22	Bengtson, MacKenzie	JR Sioux Falls	40.85m	134-00	2
	40.85m FOUL 40.43m				
23	Guenther, Veronica	FR Wayne State (Neb.)	39.10m	128-03	2
	FOUL 39.10m 37.58m				
24	Nagel, Kori	FR Minot State	38.19m	125-03	2
	FOUL 38.19m 38.01m				
25	Languis, Brooke	FR Wayne State (Neb.)	37.73m	123-09	1
	35.67m 37.73m FOUL				
26	Zimmerman, Dacoda	JR St. Cloud State	37.30m	122-04	1
	37.30m FOUL FOUL				
--	Hardy, Jenna	FR Minot State	FOUL		1
	FOUL FOUL FOUL				
--	Donlan, Tia	SR Concordia-St. Paul	FOUL		2
	FOUL FOUL FOUL				
--	Welch, Ally	SR Sioux Falls	FOUL		1
	FOUL FOUL FOUL				

Event 30 Men Hammer Throw

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NSIC Record: R 65.81m 2014 Chris Reed, Minnesota State						
	Name	Year	School	Finals	H#	Points
=====						
1	Berg, Tanner		SR Northern State	64.27m	210-10	3 10
	63.99m FOUL FOUL FOUL		64.27m FOUL			
2	Christoffersen, Cole		SR Wayne State (Neb.)	57.75m	189-06	3 8
	54.20m 57.75m 54.70m		57.67m 57.12m 57.75m			
3	Mundfrom, Eben		JR Concordia-St. Paul	55.28m	181-04	3 6
	47.32m 55.28m 54.74m		FOUL FOUL 55.01m			
4	Anderson, McCaden		FR Northern State	51.06m	167-06	2 5
	FOUL 46.78m 51.06m		47.88m 47.46m 51.04m			
5	Bicek, Eli		SO Minnesota-Duluth	49.94m	163-10	3 4
	FOUL 45.88m 49.94m		49.72m 48.10m 49.85m			
6	Olson, Nick		SO Northern State	49.56m	162-07	3 3
	48.24m 47.57m 49.56m		48.99m FOUL 46.77m			
7	Kucera, Tommy		SO Minnesota State	49.03m	160-10	2 2
	41.43m FOUL 49.03m		FOUL FOUL 46.20m			
8	Shaner, Zachary		FR Minnesota State	48.20m	158-02	2 1
	45.07m 47.54m 48.20m		46.05m 46.09m 45.84m			
9	Naba, Bedale		SR Minnesota State	48.12m	157-10	2
	46.80m 47.15m 48.12m		47.42m 47.55m FOUL			
10	Swedzinski, Carl		SO SW Minnesota St.	47.57m	156-01	2
	47.57m 46.11m FOUL					
11	Sindelar, Wyatt		FR Wayne State (Neb.)	47.42m	155-07	1
	44.62m 45.01m 47.42m					
12	Wolkow, Jaymeson		JR Sioux Falls	47.20m	154-10	3
	45.05m 47.20m FOUL					
13	Aguilera, Carter		SO Minnesota State	47.20m	154-10	3
	44.96m 47.20m FOUL					
14	Fritsch, Grant		JR Wayne State (Neb.)	46.80m	153-06	2
	46.80m FOUL FOUL					
15	Orzolek, Steven		JR Minnesota State	45.56m	149-06	2
	41.86m 42.41m 45.56m					

2022 NSIC Outdoor Track & Field Championship - 5/12/2022 to 5/14/2022

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Results - Friday

....Event 30 Men Hammer Throw

16 Hagan, Patrick	SR Sioux Falls	45.42m	149-00	2
45.42m FOUL FOUL				
17 Kreins, Samuel	JR Minot State	45.19m	148-03	2
45.19m FOUL 44.39m				
18 Quinn, Hunter	SR Concordia-St. Paul	44.40m	145-08	3
44.40m FOUL FOUL				
19 Harris, Corbin	SO Minot State	43.74m	143-06	1
41.76m 43.74m 42.25m				
20 Clark, Hunter	SO Minot State	43.19m	141-08	2
43.19m FOUL FOUL				
21 Rex, Marek	SO Sioux Falls	42.88m	140-08	1
41.00m 41.47m 42.88m				
22 Lorenz, Bennett	JR Wayne State (Neb.)	42.79m	140-05	1
41.51m FOUL 42.79m				
23 Hiatt, Tyler	FR Sioux Falls	42.52m	139-06	1
41.04m FOUL 42.52m				
24 Cook, Colton	SO Msu-Moorhead	40.31m	132-03	1
38.81m FOUL 40.31m				
25 Larson, Keegan	JR Concordia-St. Paul	39.83m	130-08	1
39.83m FOUL FOUL				
26 Anvid, Deekon	FR SW Minnesota St.	36.89m	121-00	1
FOUL 36.89m FOUL				
-- Elge, Daniel	FR Wayne State (Neb.)	FOUL		1
FOUL FOUL FOUL				
-- Stutzman, Brody	FR Wayne State (Neb.)	FOUL		1
FOUL FOUL FOUL				
-- Hudson, Nick	JR Minnesota State	SCR		3

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Women - Team Rankings - 8 Events Scored

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1) Minnesota State	79	2) Augustana (S.D.)	42
3) Wayne State (Neb.)	34	4) U-Mary	33.50
5) Sioux Falls	22.50	6) Concordia-St. Paul	22
7) MSU-Moorhead	19	8) Northern State	18
9) St. Cloud State	15	10) Winona State	10
11) Minnesota-Duluth	7	12) Bemidji State	6
13) SW Minnesota St.	4		

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Men - Team Rankings - 7 Events Scored

=====

1) Wayne State (Neb.)	43.50	2) MSU-Moorhead	43
3) Augustana (S.D.)	41	4) Minnesota State	40
5) Northern State	36	6) U-Mary	19
7) Sioux Falls	17	8) Minnesota-Duluth	15.50
9) Concordia-St. Paul	14	10) Upper Iowa	2
10) Minot State	2		

2022 NSIC Outdoor Track & Field Championship - 5/12/2022 to 5/14/2022

Timing and Results by Hero's Timing

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Results

Women Heptathlon

 NSIC Record: R 5323 2018 Halle Burney, Concordia- St. Paul
 Name Year School Finals H# Points

Finals

1	Arason, Hannah	SR St. Cloud State	5205	10
2	Robinson, Arika	SO Concordia-St. Paul	5068	8
3	Swanson, Emily	SO Sioux Falls	4816	6
4	Sunnarborg, Samantha	SO Minnesota State	4634	5
5	Sallee, Kylee	FR Augustana (S.D.)	4534	4
6	Tucker, Aneesa	SR Bemidji State	4382	3
7	Curtice, Emily	SO Bemidji State	4355	2
8	Paschka, Kaye	SO Augustana (S.D.)	4267	1
9	Stone, Zoe	JR Minnesota State	4247	
10	Fultz, Natalie	SO Bemidji State	4121	
11	Inama, Laura	FR U-Mary	4115	
12	Pedroso, Maria	FR Augustana (S.D.)	3952	
13	Mlejnek, Jasmine	SO Minnesota State	3909	
14	Sowada, Sophia	JR Msu-Moorhead	3813	
15	London, Bryn	JR Minnesota-Duluth	3723	
16	Serrao, Adla	SO Msu-Moorhead	3712	
17	Nielsen, Margaret	JR Upper Iowa	3653	
18	Schroeder, Tessa	JR Msu-Moorhead	3616	
19	Mickelson, Isadora	SO SW Minnesota St.	3394	
20	Martin, Jade	JR Upper Iowa	3388	

Men Decathlon

 NSIC Record: R 7302 5/13/2021 Tyl Woelber, Augustana
 Name Year School Finals H# Points

1	Lilly, Noah	SR Wayne State (Neb.)	6006	10
2	Brandt, Alex	FR Wayne State (Neb.)	5878	8
3	Willis, Jackson	FR Northern State	5742	6
4	Erick, Calder	FR Concordia-St. Paul	5641	5
5	Stevenson, Malakhi	FR U-Mary	5534	4
6	Johnson, Arik	SR Concordia-St. Paul	5519	3
7	Bittenbender, Austin	SR Upper Iowa	5438	2
8	Juengst, Sean	FR Northern State	5424	1
9	Enders, Peyton	SO Concordia-St. Paul	5202	
10	Hauver, Josh	SO Concordia-St. Paul	5173	
11	Kucera, Kyle	SO Minnesota-Duluth	5166	
12	Larson, Colby	FR Msu-Moorhead	4981	
13	Dilly, Blain	SO SW Minnesota St.	4269	

Women - Team Rankings - 8 Events Scored

1)	Minnesota State	79	2)	Augustana (S.D.)	42
3)	Wayne State (Neb.)	34	4)	U-Mary	33.50
5)	Sioux Falls	22.50	6)	Concordia-St. Paul	22
7)	MSU-Moorhead	19	8)	Northern State	18
9)	St. Cloud State	15	10)	Winona State	10
11)	Minnesota-Duluth	7	12)	Bemidji State	6
13)	SW Minnesota St.	4			

2022 NSIC Outdoor Track & Field Championship - 5/12/2022 to 5/14/2022**Timing and Results by Hero's Timing****Northern State University****Results****....Men Decathlon**=====
Men - Team Rankings - 7 Events Scored
=====

1) Wayne State (Neb.)	43.50	2) MSU-Moorhead	43
3) Augustana (S.D.)	41	4) Minnesota State	40
5) Northern State	36	6) U-Mary	19
7) Sioux Falls	17	8) Minnesota-Duluth	15.50
9) Concordia-St. Paul	14	10) Upper Iowa	2
10) Minot State	2		