

## NSIC Indoor Championships - 2/24/2017 to 2/25/2017

Hosted by Minnesota State  
Myers Fieldhouse, Mankato, MN

## Results

## Women 60 Meter Dash

Prov: 7.71 P

Auto: 7.42 A

Meet: 7.50 M 2010 Brittany Hendedrson

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1	Afure Adah	SO Minnesota State	P 7.64Q
2	Ariel Thomas	JR Minnesota State	P 7.65Q
3	Tonie Pandohie	JR U-Mary	P 7.65Q
4	Tanisha Davis	FR U-Mary	P 7.68Q
5	Brianna Puckett	JR Minnesota State	P 7.66q
6	Gabi Gaines	SO Minnesota State	P 7.68q
7	Erica Kesseh	JR Minnesota Duluth	P 7.70q
8	Autumn Santos	SO Minnesota State	7.72q
9	Karlona Gregory	JR Minnesota State	7.73
10	Tamika Tucker	SO Winona State	7.74
11	Ki'Arah Johnson	SO M.S.U.-Moorhead	7.74
12	Sarah Troescher	FR Sioux Falls	7.75
13	Hailey Deschaine	SR Winona State	7.80
14	Hanneke Oosterwegel	SO Northern State	7.81
15	Bailee Brazzerol	FR St. Cloud State	7.81
16	Kim Shabino	SO S.M.S.U	7.85
17	Jada Carr	JR Sioux Falls	7.85
18	Caroline Jansen	JR M.S.U.-Moorhead	7.87
19	Taylor Juresh	FR Winona State	7.88
20	Gloria Williams	SR Concordia	7.90
21	Carina Hofmeister	SR Augustana	7.90
22	Erika Shady	JR Concordia	7.92
23	Toni-Ann Ingram	JR Northern State	7.94
24	Alaina Klapperich	SO Augustana	7.95
25	Sydney Reysack	FR Minnesota State	7.95
26	Jasmyne Suber	SO Minnesota State	7.99
27	Nicolyn Brown	FR U-Mary	8.08
28	Shae Pedersen	FR Minot State	8.19

## Women 60 Meter Dash

Prov: 7.71 P

Auto: 7.42 A

Meet: 7.50 M 2010 Brittany Hendedrson

Name	Yr	School	Finals
<b>Finals</b>			
1	Afure Adah	SO Minnesota State	7.59P 10
2	Tanisha Davis	FR U-Mary	7.62P 8
3	Ariel Thomas	JR Minnesota State	7.64P 6
4	Brianna Puckett	JR Minnesota State	7.66P 5
5	Erica Kesseh	JR Minnesota Duluth	7.76 4
6	Autumn Santos	SO Minnesota State	7.87 3
7	Gabi Gaines	SO Minnesota State	8.58 2
---	Tonie Pandohie	JR U-Mary	DQ

## Women 200 Meter Dash

Prov: 25.06 P

Auto: 24.00 A

Meet: 24.56 M 2013 Kathryn Stewart

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1	Afure Adah	SO Minnesota State	P 24.61Q
2	Tonie Pandohie	JR U-Mary	P 24.66Q
3	Karlona Gregory	JR Minnesota State	25.18Q
4	Hanneke Oosterwegel	SO Northern State	25.18Q
5	Carina Hofmeister	SR Augustana	25.18q
6	Kim Shabino	SO S.M.S.U	25.19q
7	Danielle Kohlwey	SO Minnesota Duluth	25.38q
8	Gabi Gaines	SO Minnesota State	25.47q
9	Megan Seidl	SR Winona State	25.51
10	Jessica Justin	JR Sioux Falls	25.67
11	Autumn Santos	SO Minnesota State	25.77
12	Brianna Puckett	JR Minnesota State	25.79
13	Erika Shady	JR Concordia	25.81
13	Toni-Ann Ingram	JR Northern State	25.81
15	Alexandra Hutchison	FR Winona State	25.81
16	Judith Robinson	JR M.S.U.-Moorhead	25.84
17	Tanisha Davis	FR U-Mary	25.95
18	Jada Barker	FR Bemidji State	26.06
19	Bailee Brazzerol	FR St. Cloud State	26.07
20	Eisha Oden	SO S.M.S.U	26.13
21	Allie Stalboerger	SO Minnesota Duluth	26.17
22	Gloria Williams	SR Concordia	26.29
23	Sydney Reysack	FR Minnesota State	26.45
24	Jenna Gatz	FR Minnesota State	26.77

## Women 200 Meter Dash

Prov: 25.06 P

Auto: 24.00 A

Meet: 24.56 M 2013 Kathryn Stewart

Name	Yr	School	Finals
<b>Finals</b>			
1	Afure Adah	SO Minnesota State	24.53M 10
2	Tonie Pandohie	JR U-Mary	24.71P 8
3	Karlona Gregory	JR Minnesota State	24.77P 6
4	Hanneke Oosterwegel	SO Northern State	24.97P 5
5	Carina Hofmeister	SR Augustana	25.02P 4
6	Kim Shabino	SO S.M.S.U	25.16 3
7	Danielle Kohlwey	SO Minnesota Duluth	25.22 2

## Women 400 Meter Dash

Prov: 57.01 P

Auto: 54.30 A

Meet: 55.09 M 2010 Kristi Buerkle

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1	Hanneke Oosterwegel	SO Northern State	P 56.10Q
2	Megan Seidl	SR Winona State	P 56.90Q
3	Julia Hammerschmidt	SO U-Mary	57.63Q

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## Results

## Preliminaries ... (Women 400 Meter Dash)

Name	Yr	School	Prelims
4	Brittany Schyvinck	JR Winona State	57.94Q
5	Eisha Oden	SO S.M.S.U	57.79q
6	Amelia Kjos	JR Minnesota State	57.83q
7	Kimmy Wreh	SO Minnesota State	58.13q
8	Ali Skluzacek	SR Winona State	58.72q
9	Johnna Patterson	FR Winona State	58.83
10	Judith Robinson	JR M.S.U.-Moorhead	58.83
11	Jasmine Grant	JR St. Cloud State	58.86
12	Madison Barnes	FR Northern State	58.95
13	Altoniece Williams	SR Minnesota State	59.38
14	Taylor Naatz	SR Minnesota State	59.54
15	Elizabeth Raecke	SR Northern State	59.86
16	Summer Storm	FR M.S.U.-Moorhead	1:00.11
17	Allie Stalboerger	SO Minnesota Duluth	1:00.18
18	Alexandria Coleman	SR Bemidji State	1:00.22

## Women 400 Meter Dash

Prov: 57.01 P

Auto: 54.30 A

Meet: 55.09 M 2010 Kristi Buerkle

Name	Yr	School	Finals
<b>Finals</b>			
1	Hanneke Oosterwegel	SO Northern State	55.62P 10
2	Megan Seidl	SR Winona State	56.82P 8
3	Julia Hammerschmidt	SO U-Mary	57.35 6
4	Eisha Oden	SO S.M.S.U	58.26 5
5	Amelia Kjos	JR Minnesota State	58.34 4
6	Kimmy Wreh	SO Minnesota State	58.48 3
7	Brittany Schyvinck	JR Winona State	59.02 2
8	Ali Skluzacek	SR Winona State	59.28 1

## Women 600 Meter Run

Meet: 1:33.52 M 2000 Lori Schmidt

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1	Emilee Trost	JR Minnesota Duluth	1:35.40Q
2	Taylor Glover	SR Minnesota State	1:37.11Q
3	Erica Young	SR Concordia	1:37.47Q
4	Paige Du Bois	FR Minnesota Duluth	1:38.02Q
5	Bobbi Patrick	SO Minnesota State	1:37.36q
6	Jessica Boespflug	SO Minnesota State	1:38.22q
7	Melissa Kroll	SR Wayne State	1:38.39q
8	Natalie Gottschalk	SO St. Cloud State	1:38.51q
9	Nelecia Richards	U-Mary	1:38.93
10	Sophie Simonson	JR Minnesota State	1:38.95
11	Brooke DeVos	SO Augustana	1:38.97
12	Valerie Moos	JR Augustana	1:39.31
13	Emma Schmidt	JR Augustana	1:39.40
14	Sarah Harrison	FR Minnesota Duluth	1:39.52
15	Kari Schneiss	SO Winona State	1:39.76
16	Mary Alderson	SR Wayne State	1:41.22
17	Nikki Atwood	JR S.M.S.U	1:41.30
18	Leah Amundson	JR Concordia	1:41.42

19	Jessika Dieringer	SO Minnesota State	1:41.58
20	Bailey Cronin	FR Winona State	1:41.93
21	Kaylee Glover	FR St. Cloud State	1:42.95
22	Mary Fixsen	SO Minnesota State	1:43.86
23	Bridget Brown	St. Cloud State	1:43.90
24	Mackenzie Cruzen	SO Northern State	1:46.40
25	Grace Stiansen	SR Sioux Falls	1:46.98
26	Heidi Stoltenburg	S.M.S.U	1:50.23

## Women 600 Meter Run

Meet: 1:33.52 M 2000 Lori Schmidt

Name	Yr	School	Finals
<b>Finals</b>			
1	Emilee Trost	JR Minnesota Duluth	1:32.41M 10
2	Taylor Glover	SR Minnesota State	1:35.83 8
3	Erica Young	SR Concordia	1:36.75 6
4	Bobbi Patrick	SO Minnesota State	1:37.66 5
5	Natalie Gottschalk	SO St. Cloud State	1:38.08 4
6	Paige Du Bois	FR Minnesota Duluth	1:38.19 3
7	Jessica Boespflug	SO Minnesota State	1:39.93 2
8	Melissa Kroll	SR Wayne State	1:43.55 1

## Women 800 Meter Run

Prov: 2:15.09 P

Auto: 2:08.93 A

Meet: 2:13.00 M 2015 Kayla Mescher

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1	Haley Kruger	SR Minnesota State	P 2:14.67Q
2	Alissa Mears	SR M.S.U.-Moorhead	2:18.34Q
3	Jaiden Schuette	SO U-Mary	2:16.39Q
4	Elizabeth Kyes	FR Minnesota Duluth	2:18.71Q
5	Maddi Sjelin	SR Minnesota State	2:18.59q
6	Natalie Stauber	SR Minnesota Duluth	2:19.20q
7	Jana Warrick-Jones	SR Minot State	2:19.31q
8	Megan Allen	JR Minnesota State	2:20.36q
9	Kaylee Roelike	JR St. Cloud State	2:22.66
10	Rachel Sakry	JR St. Cloud State	2:22.85
11	Kayla Jansky	S.M.S.U	2:24.60
12	Rachael Preusser	FR M.S.U.-Moorhead	2:28.17
13	Eleanor Stepaniak	SR Minnesota Duluth	2:31.88
14	Allison Johnson	SO Winona State	2:32.25
---	Iveta Harner	JR M.S.U.-Moorhead	DNF

## Women 800 Meter Run

Prov: 2:15.09 P

Auto: 2:08.93 A

Meet: 2:13.00 M 2015 Kayla Mescher

Name	Yr	School	Finals
<b>Finals</b>			
1	Haley Kruger	SR Minnesota State	2:12.27M 10
2	Megan Allen	JR Minnesota State	2:12.69M 8
3	Alissa Mears	SR M.S.U.-Moorhead	2:14.47P 6
4	Jaiden Schuette	SO U-Mary	2:15.65 5
5	Elizabeth Kyes	FR Minnesota Duluth	2:17.44 4

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## Finals ... (Women 800 Meter Run)

Name	Yr	School	Finals
6 Maddi Sjelin	SR	Minnesota State	2:17.58 3
7 Natalie Stauber	SR	Minnesota Duluth	2:18.39 2
8 Jana Warrick-Jones	SR	Minot State	2:20.02 1

## Women 1000 Meter Run

Meet: 2:48.97 M 2016 Emilee Trost

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Breanna Colbenson	SR	Minnesota Duluth	2:58.47Q
2 Emilee Trost	JR	Minnesota Duluth	3:00.35Q
3 Megan Serratore	SO	Minnesota State	3:03.40Q
4 Marissa Carlson	SO	M.S.U.-Moorhead	2:59.22Q
5 Bree Erickson	FR	U-Mary	3:02.20Q
6 Anna Rogahn	FR	Winona State	3:03.71Q
7 Courtney Hottovy	SO	Augustana	3:02.07q
8 Chrissy Lofgren	FR	St. Cloud State	3:03.88q
9 Sami Shields	FR	Northern State	3:07.80
10 Keegan Day	SO	Sioux Falls	3:07.96
11 Brittany Platt	SR	Minnesota Duluth	3:09.37
12 Megan Stuart	SO	Minnesota Duluth	3:09.70
13 Vanessa Lopez	SR	Bemidji State	3:10.23
14 Autum Shurbert-Hetzel	FR	St. Cloud State	3:13.85
15 Madison Kealy	JR	Bemidji State	3:19.13
16 Mariah Hahne	FR	Sioux Falls	3:22.59
17 Courtney Brandt	SR	Northern State	3:24.86

## Women 1000 Meter Run

Meet: 2:48.97 M 2016 Emilee Trost

Name	Yr	School	Finals
<b>Finals</b>			
1 Emilee Trost	JR	Minnesota Duluth	2:50.92 10
2 Breanna Colbenson	SR	Minnesota Duluth	2:54.74 8
3 Bree Erickson	FR	U-Mary	2:57.03 6
4 Anna Rogahn	FR	Winona State	2:59.80 5
5 Courtney Hottovy	SO	Augustana	3:01.82 4
6 Marissa Carlson	SO	M.S.U.-Moorhead	3:03.76 3
7 Megan Serratore	SO	Minnesota State	3:04.52 2
8 Chrissy Lofgren	FR	St. Cloud State	3:04.99 1

## Women 1 Mile Run

Prov: 5:01.11 P

Auto: 4:47.13 A

Meet: 4:44.38 M 2016 Emilee Trost

Name	Yr	School	Finals
<b>Finals</b>			
1 Emilee Trost	JR	Minnesota Duluth	4:41.88M 10
2 Breanna Colbenson	SR	Minnesota Duluth	4:52.94P 8
3 Erin Baker	JR	Minnesota State	5:01.86 6
4 Raissa Hansen	SO	Winona State	5:02.65 5
5 Kate Fox	SO	U-Mary	5:06.12 4
6 Nikki Staffen	FR	Winona State	5:07.45 3
7 Amanda Kaiser	SR	Winona State	5:08.71 2
8 Annie Kruse	JR	Augustana	5:13.09 1

9 Lindsey Gast	JR	Northern State	5:13.52
10 Vanessa Lopez	SR	Bemidji State	5:20.62
11 Chelsea Bennis	JR	U-Mary	5:22.35

## Women 3000 Meter Run

Prov: 10:03.17 P

Auto: 9:30.44 A

Meet: 9:37.65 M 2013 Jennifer Agnew

Name	Yr	School	Finals
<b>Finals</b>			
1 Alexis Zeis	JR	U-Mary	9:34.32M 10
2 Erin Baker	JR	Minnesota State	10:00.35P 8
3 Mackenzie Kelly	SO	Augustana	10:05.97 6
4 Sasha Hovind	SR	Northern State	10:08.63 5
5 Dakotah Bullen	SR	Northern State	10:16.38 4
6 Emma Hafdahl	JR	U-Mary	10:28.80 3
7 Lily Paul	SO	Minnesota State	10:31.08 2
8 Olivia Anger	FR	Winona State	10:31.42 1
9 Amber Seidenkranz	JR	Minnesota Duluth	10:33.29
10 Sarah Conlon	FR	Minnesota Duluth	10:33.85
11 Amanda Nelson	FR	Augustana	10:34.71
12 Rebekah Rairdon	FR	Augustana	10:42.08
13 Kathryn Sistrunk	FR	M.S.U.-Moorhead	10:42.53
14 Carisa Weyenberg	FR	Minnesota State	10:43.49
15 Meaghan Borrowski	SO	Minnesota Duluth	10:47.46
16 McKenzie Holt	JR	St. Cloud State	10:54.44
17 Elizabeth Schlafke	FR	Minnesota Duluth	10:55.56
18 Emily Tyrrell	SO	Winona State	10:59.03
19 Caitlan Richard	SR	Minnesota Duluth	11:00.11
20 Becca Goertzen	SO	Sioux Falls	11:10.37

## Women 5000 Meter Run

Prov: 17:28.78 P

Auto: 16:35.00 A

Meet: 16:41.11 M 2011 Runa Falch

Name	Yr	School	Finals
<b>Finals</b>			
1 Alexis Zeis	JR	U-Mary	16:27.92A 10
2 Sasha Hovind	SR	Northern State	17:06.66P 8
3 Sam Sunstrom	JR	St. Cloud State	17:19.02P 6
4 Dakotah Bullen	SR	Northern State	17:31.42 5
5 Mackenzie Kelly	SO	Augustana	17:53.09 4
6 Erin Baker	JR	Minnesota State	17:56.57 3
7 Breanna Colbenson	SR	Minnesota Duluth	18:12.92 2
8 Melissa Drenckhahn	FR	Minnesota Duluth	18:17.71 1
9 Lily Paul	SO	Minnesota State	18:19.59
10 McKenzie Holt	JR	St. Cloud State	18:20.02
11 Kathryn Sistrunk	FR	M.S.U.-Moorhead	18:34.43
12 Chrissy Lofgren	FR	St. Cloud State	18:51.99
13 Becca Goertzen	SO	Sioux Falls	18:53.91
14 Kiana Hein	JR	Sioux Falls	19:02.75
15 Jordin Kopplow	SR	Sioux Falls	19:12.73
16 Tenley Schwartz	JR	Sioux Falls	19:15.70
17 Emily Westlake	JR	Minot State	19:24.62
18 Jackie Lindfors	SO	Concordia	19:24.69

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## Results

## Finals ... (Women 5000 Meter Run)

Name	Yr	School	Finals
19 Madison Leapaldt	FR	Northern State	19:25.58
20 Jaylynn Lauer	FR	Minnesota State	19:44.68
21 Chandra Smith	SR	Upper Iowa	20:01.00
22 Zia Matti	SO	St. Cloud State	20:04.21
23 Patience Alberston	JR	Minot State	20:06.99
24 Lydia Carr	FR	Concordia	20:43.12
25 Samantha Huether	SR	Minot State	21:00.37

## Women 60 Meter Hurdles

Prov: 8.84 P

Auto: 8.33 A

Meet: 8.36 M 2016 Altonice Williams

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Tonie Pandohie	JR	U-Mary	P 8.47Q
2 Altoniece Williams	SR	Minnesota State	P 8.48Q
3 Danielle Kohlwey	SO	Minnesota Duluth	P 8.53Q
4 Maria Bolibruch	SO	U-Mary	P 8.58q
5 Olivia Montez Brown	SO	Augustana	P 8.65q
6 Irene Almarcha	JR	Augustana	P 8.72q
7 Caroline Jansen	JR	M.S.U.-Moorhead	8.86q
8 Carolyn Hackel	FR	Minnesota State	8.88q
9 Erica Kesseh	JR	Minnesota Duluth	8.92
10 Olivia Fixsen	SO	Winona State	9.03
11 Ellie Rew	SO	Augustana	9.06
12 Kalle Burney	JR	Concordia	9.22
13 Keenan Davis	JR	Minnesota State	9.23
14 Wakpor Ighovojah	JR	Concordia	9.25
15 Kellie Wong	JR	Minnesota State	9.33
16 Dallas Weiss	FR	Minnesota State	9.43
17 Ashley Sprain	FR	Winona State	9.45
18 Amanda Letsinger	SR	Winona State	9.66
19 Alex Collins	JR	Minnesota Duluth	9.77
20 Kacey Davitt	FR	Winona State	9.83
21 Lorna Meyer	JR	Minnesota Duluth	9.84
22 Samantha McNeel	JR	S.M.S.U	10.06
23 Valerie Moos	JR	Augustana	10.33

## Women 60 Meter Hurdles

Prov: 8.84 P

Auto: 8.33 A

Meet: 8.36 M 2016 Altonice Williams

Name	Yr	School	Finals
<b>Finals</b>			
1 Tonie Pandohie	JR	U-Mary	8.42P 10
2 Altoniece Williams	SR	Minnesota State	8.44P 8
3 Danielle Kohlwey	SO	Minnesota Duluth	8.56P 6
4 Maria Bolibruch	SO	U-Mary	8.58P 5
5 Olivia Montez Brown	SO	Augustana	8.62P 4
6 Irene Almarcha	JR	Augustana	8.72P 3
7 Carolyn Hackel	FR	Minnesota State	8.82P 2
8 Caroline Jansen	JR	M.S.U.-Moorhead	8.97 1

## Women 4x400 Meter Relay

Prov: 3:51.71 P

Auto: 3:44.33 A

Meet: 3:50.37 M 2015

Team	Relay	Finals
<b>Finals</b>		
1 University of Mary		3:47.46M 10
2 Winona State		3:53.47 8
3 Augustana		3:53.74 6
4 Minnesota State		3:54.26 5
5 Msu-Moorhead		3:58.58 4
6 Concordia-St. Paul		3:59.37 3
7 Northern State		4:00.70 2
8 Minnesota Duluth		4:01.29 1
9 St. Cloud State		4:02.55
10 Sioux Falls		4:03.26
11 Southwest Minnesota		4:03.92
12 Bemidji State		4:04.49
13 Wayne State		4:13.06
14 Minot State		4:21.73

## Women Distance Medley

Prov: 12:10.84 P

Auto: 11:33.60 A

Meet: 12:03.87 M 2013

Team	Relay	Finals
<b>Finals</b>		
1 Minnesota Duluth		12:01.42M 10
2 University of Mary		12:15.94 8
3 Augustana		12:31.50 6
4 Minnesota State		12:34.97 5
5 Sioux Falls		12:35.35 4
6 St. Cloud State		12:38.79 3
7 Northern State		12:48.42 2
8 Msu-Moorhead		12:52.76 1
9 Winona State		12:59.91
10 Minot State		13:05.60
11 Concordia-St. Paul		13:16.95
12 Southwest Minnesota		13:30.15
13 Bemidji State		14:17.93

## Women High Jump

Prov: 1.65m P

Auto: 1.78m A

Meet: 1.76m M 2015 Bree Woelber

Name	Yr	School	Finals
<b>Finals</b>			
1 Khadiya Hollingsworth	SO	Minnesota State	1.73mP 10
2 Rachel Schumacher	FR	Minnesota State	1.70mP 8
3 Brianna Ziolkowski	SR	Minnesota State	J1.70mP 6
4 Kalle Burney	JR	Concordia	1.65mP 5
5 Haley Reinke	SR	Winona State	J1.65mP 4
6 Amanda Schaefer	JR	Winona State	1.60m 2.5
6 Rylee Armstrong	JR	S.M.S.U	1.60m 2.5

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**Results**

**Finals ... (Women High Jump)**

Name	Yr	School	Finals
8 Gretchen Feilen	JR	Concordia	J1.60m 1
9 Christine Campbell	SR	Augustana	J1.60m
9 Carolyn Hackel	FR	Minnesota State	J1.60m
9 Michaela Hesse	SO	Minnesota Duluth	J1.60m
12 Shelby Roth	SO	Wayne State	1.55m
12 Olivia Fixsen	SO	Winona State	1.55m
12 Olivia Montez Brown	SO	Augustana	1.55m
12 Sonia Alaman	FR	Northern State	1.55m
12 Miranda Phipps	FR	Sioux Falls	1.55m
17 Shelby Poell		Wayne State	1.50m
17 Nicole Kurtti	FR	M.S.U.-Moorhead	1.50m
17 Logan Strasburg	JR	Sioux Falls	1.50m
17 Alex Collins	JR	Minnesota Duluth	1.50m
17 Faith Voehl	JR	Sioux Falls	1.50m
--- Mariah Schroeder	FR	M.S.U.-Moorhead	NH
--- Alyssa Kavajecz	FR	Minnesota Duluth	NH

**Women Pole Vault**

**Prov: 3.55m P**

**Auto: 4.05m A**

**Meet: 4.30m M 2009 Katelin Rains**

Name	Yr	School	Finals
1 Courtney Crandall	SR	Sioux Falls	4.32mM 10
2 Marianna Kramer	JR	Concordia	3.65mP 6.3
2 Gretchen Feilen	JR	Concordia	3.65mP 6.3
2 Hannah Linder	SR	Sioux Falls	3.65mP 6.3
5 Josie Spitz	FR	Sioux Falls	J3.65mP 4
6 Erin Neveau	FR	Minnesota State	3.50m 3
7 Kaycee Luke	SR	U-Mary	3.35m 2
8 Jennifer Wilson	FR	Sioux Falls	J3.35m 1
9 Brenna Schmidt	SO	Sioux Falls	J3.35m
9 Sydney Siekman	FR	Sioux Falls	J3.35m
9 Rachelle LeBlanc	JR	Minnesota Duluth	J3.35m
9 Grady Keding	SR	Minnesota State	J3.35m
13 Tessa Voss	SO	Minnesota State	3.20m
13 Amy Muller	FR	Sioux Falls	3.20m
13 Lily Noble	SO	Augustana	3.20m
16 Teghan Norman	FR	Concordia	3.05m
16 Cassidy Baker	SO	Minnesota Duluth	3.05m
--- Jenna Ellertson	FR	M.S.U.-Moorhead	NH

**Women Long Jump**

**Prov: 5.60m P**

**Auto: 6.10m A**

**Meet: 6.00m M 2010 Heather Miller**

Name	Yr	School	Finals
1 Patience Yalartai	JR	St. Cloud State	5.75mP 10
2 Olivia Montez Brown	SO	Augustana	5.74mP 8
3 Ariel Thomas	JR	Minnesota State	5.69mP 6
4 Hailey Deschaine	SR	Winona State	5.64mP 5
5 Jada Carr	JR	Sioux Falls	5.59m 4

6 Caroline Jansen	JR	M.S.U.-Moorhead	5.57m 3
7 Kylie Pastian	SO	U-Mary	5.53m 2
8 Katie Hawkinson	JR	Minnesota Duluth	5.48m 1
9 Carolyn Hackel	FR	Minnesota State	5.47m
10 Elizabeth Brunner	SO	Minnesota Duluth	5.41m
11 Natalie Gottschalk	SO	St. Cloud State	5.40m
11 Tamika Tucker	SO	Winona State	5.40m
13 Bailey Reiner	JR	M.S.U.-Moorhead	5.39m
14 Brianna Puckett	JR	Minnesota State	5.32m
15 Taylor Juresh	FR	Winona State	5.26m
16 Rylee Armstrong	JR	S.M.S.U	5.24m
17 Haley Reinke	SR	Winona State	5.19m
18 Shae Pedersen	FR	Minot State	5.16m
18 Mahli Strasser	FR	Sioux Falls	5.16m
20 Alexandria Coleman	SR	Bemidji State	5.15m
21 Kalle Burney	JR	Concordia	5.14m
22 Chelsea Berry	FR	Upper Iowa	5.10m
23 Lauren Kotajarvi	JR	Minnesota Duluth	5.04m
24 Jamilee Gordon		U-Mary	5.02m
24 Ashley Sprain	FR	Winona State	5.02m
26 Sarah Westerman	FR	Augustana	4.98m
27 Wakpor Ighovojah	JR	Concordia	4.78m
28 Randii Widmer-Reed	JR	Minot State	4.58m

**Women Triple Jump**

**Prov: 11.54m P**

**Auto: 12.42m A**

**Meet: 12.49m M 2015 Danylle Kurywchak**

Name	Yr	School	Finals
1 Patience Yalartai	JR	St. Cloud State	12.36mP 10
2 Ariel Thomas	JR	Minnesota State	11.99mP 8
3 Kylie Pastian	SO	U-Mary	11.75mP 6
4 Caroline Jansen	JR	M.S.U.-Moorhead	11.75mP 5
5 Jada Carr	JR	Sioux Falls	11.51m 4
6 Tamika Tucker	SO	Winona State	11.50m 3
7 Coley Stoller	JR	Augustana	11.40m 2
8 Amanda Schaefer	JR	Winona State	11.35m 1
9 Jamilee Gordon		U-Mary	11.32m
10 Elizabeth Brunner	SO	Minnesota Duluth	11.26m
11 Abby Jungwirth	FR	St. Cloud State	11.22m
12 Justine Zylstra	SO	Sioux Falls	11.21m
13 Kara Koth	JR	Sioux Falls	11.17m
14 Nicole Kurtti	FR	M.S.U.-Moorhead	11.10m
15 Haley Reinke	SR	Winona State	11.08m
16 Rylee Armstrong	JR	S.M.S.U	11.07m
16 Jessica Justin	JR	Sioux Falls	11.07m
18 Clara Paul	FR	Sioux Falls	11.03m
19 Rachel Schumacher	FR	Minnesota State	10.97m
20 Katie Hawkinson	JR	Minnesota Duluth	10.69m
21 Allison Calkins	JR	Minnesota State	10.64m
21 Amber Cook	SO	Sioux Falls	10.64m
23 Riana Noelle		Wayne State	10.55m
24 Randii Widmer-Reed	JR	Minot State	10.37m
25 Sonia Alaman	FR	Northern State	10.21m

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**Finals ... (Women Triple Jump)**

Name	Yr	School	Finals
26 Hailey Franklin	SO	Minnesota Duluth	10.18m
27 Mia Steffenson	FR	M.S.U.-Moorhead	9.66m

**Women Shot Put**

**Prov: 13.40m P**

**Auto: 15.35m A**

**Meet: 15.83m M 2015 Sara Wells**

Name	Yr	School	Finals
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**Finals**

1 Katie Taylor	FR	Winona State	15.18mP	10
2 Heather Buckler	SO	Winona State	14.56mP	8
3 Michaela Dendinger	SO	Wayne State	14.04mP	6
4 Kaitlyn Long	JR	Winona State	13.93mP	5
5 Brea Perron	FR	Winona State	13.28m	4
6 Mary Bianca Fuller	JR	M.S.U.-Moorhead	13.28m	3
7 Tia Jones	SO	Wayne State	13.22m	2
8 Hannah Gustafson	FR	Concordia	13.02m	1
9 Ashley Ostrem	SR	Sioux Falls	12.79m	
10 Ashley Thooft	SR	Winona State	12.72m	
11 Savannah Olson	FR	Bemidji State	12.63m	
12 Brinn Grunder	FR	Upper Iowa	12.53m	
13 Destiny Meyer	FR	M.S.U.-Moorhead	12.13m	
14 Lindsay Rutz	SO	Winona State	12.02m	
15 Kaitlyn Smith	FR	Minnesota State	12.01m	
16 Emily Waletzko	SO	M.S.U.-Moorhead	12.00m	
17 Autumn Schulz	SR	Northern State	11.93m	
18 Nicolette Kneeland	FR	Northern State	11.84m	
19 Jess Vernon	SR	Northern State	11.78m	
20 Caitlin Himes	FR	Upper Iowa	11.76m	
21 Bailey Erickson	JR	M.S.U.-Moorhead	11.49m	
22 Shelby Miller	SO	Winona State	11.32m	
23 Jaimie McNamee	FR	Sioux Falls	11.00m	
24 Tessa Adelman	JR	Northern State	10.99m	
25 Dallas Weiss	FR	Minnesota State	10.75m	
26 Cassidy Baker	SO	Minnesota Duluth	10.56m	
27 Dominique Buechel	FR	St. Cloud State	10.34m	
28 Sola Stephenson	JR	Minnesota State	9.96m	
29 Bariture Igboh	SO	Minnesota Duluth	9.80m	
--- Sarah Knutson	JR	Minnesota State	FOUL	

**Women Weight Throw**

**Prov: 16.34m P**

**Auto: 19.44m A**

**Meet: 22.01m M 2016 Kaitlyn Long**

Name	Yr	School	Finals
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**Finals**

1 Kaitlyn Long	JR	Winona State	22.38mM	10
2 Michaela Dendinger	SO	Wayne State	19.31mP	8
3 Katrina Mellegard	SR	M.S.U.-Moorhead	18.84mP	6
4 Katie Taylor	FR	Winona State	17.46mP	5
5 Erin Perkins	SO	Winona State	16.74mP	4
6 Emily Waletzko	SO	M.S.U.-Moorhead	16.63mP	3
7 Nicole Nelson	SR	Winona State	16.39mP	2

8 Mikayla Lindell	SO	Winona State	16.18m	1
9 Ashley Thooft	SR	Winona State	16.03m	
10 Autumn Schulz	SR	Northern State	16.02m	
11 Mary Bianca Fuller	JR	M.S.U.-Moorhead	15.65m	
12 Angela Prokosch	SO	S.M.S.U	15.26m	
13 Erin Bramble	JR	Winona State	15.22m	
14 Brea Perron	FR	Winona State	15.18m	
15 Tessa Ives	JR	Wayne State	15.15m	
16 Emma Edelen	JR	Minnesota State	14.89m	
16 Sarah Knutson	JR	Minnesota State	14.89m	
18 Shelby Miller	SO	Winona State	14.65m	
19 Rachel Buck	JR	Minnesota Duluth	14.50m	
20 Kaylee Jensen	FR	Winona State	14.33m	
21 Anna Ripke	SO	Concordia	14.18m	
22 Samara Tobeck	SO	Bemidji State	13.66m	
23 Tia Jones	SO	Wayne State	13.61m	
24 Rhiannon Sears	SO	S.M.S.U	13.53m	
25 Courtney Ryan	JR	Minnesota Duluth	13.51m	
26 Mackenzie Sedlack	SO	Minnesota Duluth	13.04m	
27 Jess Vernon	SR	Northern State	12.94m	
28 Bariture Igboh	SO	Minnesota Duluth	12.19m	
29 Dominique Buechel	FR	St. Cloud State	11.26m	
30 Genavieve Baklund	FR	Bemidji State	10.99m	
--- Jaimie McNamee	FR	Sioux Falls	FOUL	

**Indoor Pentathlon: #5 Women 800 Meter Run Indoor Pentathlon**

Name	Yr	School	Finals
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**Finals**

1 Natalie Gottschalk	SO	St. Cloud State	2:22.29	793
2 Erica Young	SR	Concordia	2:23.68	774
3 Kalle Burney	JR	Concordia	2:24.24	767
4 Olivia Montez Brown	SO	Augustana	2:26.07	743
5 Jessika Dieringer	SO	Minnesota State	2:27.88	720
6 Wakpor Ighovojah	JR	Concordia	2:29.46	700
7 Sola Stephenson	JR	Minnesota State	2:31.52	674
8 Christa Benson	SO	Bemidji State	2:35.78	622
9 Olivia Fixsen	SO	Winona State	2:36.36	615
10 Carolyn Hackel	FR	Minnesota State	2:36.78	610
11 Alexandria Coleman	SR	Bemidji State	2:39.53	578
12 Haley Reinke	SR	Winona State	2:40.31	569
13 Caroline Jansen	JR	M.S.U.-Moorhead	2:46.60	500
14 Avery Potthoff	JR	Minnesota Duluth	3:10.28	276
--- Shelby Poell		Wayne State	DNF	

**Indoor Pentathlon: #1 Women 60 Meter Hurdles Indoor Pentathlon**

Name	Yr	School	Finals
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**Finals**

1 Olivia Montez Brown	SO	Augustana	8.62	991
2 Wakpor Ighovojah	JR	Concordia	8.94	922
3 Carolyn Hackel	FR	Minnesota State	8.95	920
4 Caroline Jansen	JR	M.S.U.-Moorhead	8.98	914
5 Kalle Burney	JR	Concordia	9.07	895
6 Olivia Fixsen	SO	Winona State	9.17	875
7 Alexandria Coleman	SR	Bemidji State	9.32	844
8 Natalie Gottschalk	SO	St. Cloud State	9.52	804

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**Finals ... (Indoor Pentathlon: #1 Women 60 Meter Hurdles Indo**

Name	Yr	School	Finals
9 Haley Reinke	SR	Winona State	9.77 756
10 Erica Young	SR	Concordia	9.80 750
11 Christa Benson	SO	Bemidji State	9.96 720
12 Avery Potthoff	JR	Minnesota Duluth	9.97 718
13 Shelby Poell		Wayne State	10.25 666
14 Jessika Dieringer	SO	Minnesota State	10.39 641
14 Sola Stephenson	JR	Minnesota State	10.39 641

**Indoor Pentathlon: #2 Women High Jump Indoor Pentathlon**

Name	Yr	School	Finals
<b>Finals</b>			
1 Kalle Burney	JR	Concordia	1.64m 783
2 Olivia Montez Brown	SO	Augustana	1.61m 747
2 Haley Reinke	SR	Winona State	1.61m 747
2 Olivia Fixsen	SO	Winona State	1.61m 747
5 Natalie Gottschalk	SO	St. Cloud State	1.58m 712
5 Carolyn Hackel	FR	Minnesota State	1.58m 712
5 Wakpor Ighovojah	JR	Concordia	1.58m 712
8 Shelby Poell		Wayne State	1.52m 644
8 Alexandria Coleman	SR	Bemidji State	1.52m 644
8 Erica Young	SR	Concordia	1.52m 644
11 Caroline Jansen	JR	M.S.U.-Moorhead	1.49m 610
11 Sola Stephenson	JR	Minnesota State	1.49m 610
13 Christa Benson	SO	Bemidji State	1.40m 512
14 Jessika Dieringer	SO	Minnesota State	1.34m 449
14 Avery Potthoff	JR	Minnesota Duluth	1.34m 449

**Indoor Pentathlon: #4 Women Long Jump Indoor Pentathlon**

Name	Yr	School	Finals
<b>Finals</b>			
1 Olivia Montez Brown	SO	Augustana	5.83m 798
2 Caroline Jansen	JR	M.S.U.-Moorhead	5.63m 738
3 Carolyn Hackel	FR	Minnesota State	5.56m 717
4 Natalie Gottschalk	SO	St. Cloud State	5.54m 712
5 Erica Young	SR	Concordia	5.43m 680
6 Wakpor Ighovojah	JR	Concordia	5.35m 657
7 Haley Reinke	SR	Winona State	5.33m 651
8 Alexandria Coleman	SR	Bemidji State	5.27m 634
9 Kalle Burney	JR	Concordia	5.21m 617
10 Jessika Dieringer	SO	Minnesota State	5.09m 584
11 Sola Stephenson	JR	Minnesota State	4.81m 508
12 Shelby Poell		Wayne State	4.71m 482
12 Christa Benson	SO	Bemidji State	4.71m 482
14 Avery Potthoff	JR	Minnesota Duluth	4.60m 454
14 Olivia Fixsen	SO	Winona State	4.60m 454

**Indoor Pentathlon: #3 Women Shot Put Indoor Pentathlon**

Name	Yr	School	Finals
<b>Finals</b>			
1 Wakpor Ighovojah	JR	Concordia	10.97m 593
2 Caroline Jansen	JR	M.S.U.-Moorhead	10.53m 564
3 Sola Stephenson	JR	Minnesota State	10.45m 559
3 Olivia Montez Brown	SO	Augustana	10.45m 559

5 Erica Young	SR	Concordia	10.01m 530
6 Natalie Gottschalk	SO	St. Cloud State	9.90m 523
7 Kalle Burney	JR	Concordia	9.63m 505
8 Avery Potthoff	JR	Minnesota Duluth	9.56m 501
9 Carolyn Hackel	FR	Minnesota State	9.40m 490
9 Jessika Dieringer	SO	Minnesota State	9.40m 490
11 Haley Reinke	SR	Winona State	9.37m 488
12 Shelby Poell		Wayne State	9.21m 478
13 Olivia Fixsen	SO	Winona State	8.64m 441
14 Alexandria Coleman	SR	Bemidji State	8.28m 417
15 Christa Benson	SO	Bemidji State	8.02m 401

**Women Indoor Pentathlon**

**Prov: 3285 P**

**Auto: 3875 A**

**Meet: 3910 M 2010 Heather Miller**

Name	Yr	School	Finals
<b>Finals</b>			
1 Olivia Montez Brown	SO	Augustana	3838P 10
2 Wakpor Ighovojah	JR	Concordia	3584P 8
3 Kalle Burney	JR	Concordia	3567P 6
4 Natalie Gottschalk	SO	St. Cloud State	3544P 5
5 Carolyn Hackel	FR	Minnesota State	3449P 4
6 Erica Young	SR	Concordia	3378P 3
7 Caroline Jansen	JR	M.S.U.-Moorhead	3326P 2
8 Haley Reinke	SR	Winona State	3211 1
9 Olivia Fixsen	SO	Winona State	3132
10 Alexandria Coleman	SR	Bemidji State	3117
11 Sola Stephenson	JR	Minnesota State	2992
12 Jessika Dieringer	SO	Minnesota State	2884
13 Christa Benson	SO	Bemidji State	2737
14 Avery Potthoff	JR	Minnesota Duluth	2398
15 Shelby Poell		Wayne State	2270

**Women - Team Rankings - 19 Events Scored**

1) Minnesota State	171
2) University of Mary	103
3) Winona State	100.5
4) Minnesota Duluth	82
5) Augustana	58
6) Concordia-St. Paul	45.6666
7) Northern State	41
8) St. Cloud State	39
9) MSU-Moorhead	37
10) Sioux Falls	33.3333
11) Wayne State	17
12) Southwest Minnesota	10.5
13) Minot State	1

**Men - Team Rankings - 19 Events Scored**

1) Minnesota State	183.5
2) Sioux Falls	154
3) Wayne State	69
4) Augustana	67
5) University of Mary	65.5
6) Minnesota Duluth	47

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7) MSU-Moorhead	45
7) Southwest Minnesota	45
9) Northern State	39
10) Concordia-St. Paul	21
11) Minot State	3